

Read Online Cold Tangerines Celebrating The Extraordinary Nature Of  
Everyday Life Shauna Niequist

## **Cold Tangerines Celebrating The Extraordinary Nature Of Everyday Life Shauna Niequist**

Pride and Prejudice My Father's Dragon Confessions of an Almost-Girlfriend Just  
Between You and Me The Prosperous Coach Satisfied The Not So Big  
Life Tangerine Notes from a Blue Bike Chasing Slow Savor Taste and  
See Bittersweet Coming Clean The Little Book of Prayers The Circle Maker Let's All Be  
Brave Cold Tangerines Present Over Perfect The Thing About Luck Ten Birds Cold  
Tangerines Unstoppable Tangerine The Book of Waking Up You Are the Girl for the  
Job The Way We Ate Bread and Wine Kill the Spider If You Find This Letter The Eternal  
Current I'll Be Praying for You The Art of Fermentation Fast Food Nation Cold  
Tangerines Sidetracked Home Executives(TM) A Grace Disguised God Walk The  
Kandy-Kolored Tangerine-Flake Streamline Baby Gold Fame Citrus

### **Pride and Prejudice**

Special Savor e-book only exclusive - includes 5 free bonus recipes! Sink deep into the everyday goodness of God and savor every moment! In this daily devotional, Shauna Niequist becomes a friend across the pages, sharing her heart with yours, keeping you company, and inviting you into the abundant life God offers. And there

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are recipes, too, because spiritual living happens not just when we read and pray, but also when we gather with family and friends over dinners and breakfasts and late-night snacks. These recipes are Shauna's staples, and each one should be enjoyed around a table with people you love. So read and learn and pray and cook and share. Remember to savor each day, whatever it holds: work and play, coffee and kids, meals and prayers and the good stuff and the hard stuff. Life is all about relationships, and your daily relationship with God is worth savoring in every moment.

### **My Father's Dragon**

The only thing scarier than living on the edge is stepping off it. Maggie Montgomery lives a life of adventure. Her job as a cinematographer takes her from one exotic locale to the next. When Maggie's not working, she loves to rappel off cliffs or go skydiving. Nothing frightens her. Nothing, that is, except Ivy, Texas, where a family emergency pulls her back home to a town full of bad memories, painful secrets, and people Maggie left far behind . . . for a reason. Forced to stay longer than she intended, Maggie finds her family a complete mess, including the niece her sister has abandoned. Ten-year-old Riley is struggling in school and out of control at home. The only person who can really handle the pint-sized troublemaker is Conner, the local vet and Ivy's most eligible bachelor. But Conner and Maggie keep butting heads--he's suspicious of her and, well, she doesn't rely

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on anyone but herself. As Maggie humorously fumbles her way from one mishap to another, she realizes she's going to need to ask for help from the one person who scares her the most. To save one little girl--and herself--can Maggie let go of her fears and just trust God?

### **Confessions of an Almost-Girlfriend**

"The experience of loss does not have to be the defining moment of our lives", writes Gerald Sittser. "Instead, the defining moment can be our response to the loss. It is not what happens to us that matters so much as what happens in us". Sittser knows. A tragic accident introduced him to loss of a magnitude few of us encounter. But this is not a book about one man's sorrow. It's about the grace that can transform us in the midst of sorrow. For those experiencing loss, *A Grace Disguised* offers a compassionate, deeply affirming message of hope, richness in living, and joy not after the darkness, but even in the midst of it. Now in softcover.

### **Just Between You and Me**

Life is chaotic. But we can choose to live it differently. It doesn't always feel like it, but we do have the freedom to creatively change the everyday little things in our lives so that our path better aligns with our values and passions. The popular

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blogger and founder of the internationally recognized Simple Mom online community tells the story of her family's ongoing quest to live more simply, fully, and intentionally. Part memoir, part travelogue, part practical guide, Notes from a Blue Bike takes you from a hillside in Kosovo to a Turkish high-rise to the congested city of Austin to a small town in Oregon. It chronicles schooling quandaries and dinnertime dilemmas, as well as entrepreneurial adventures and family excursions via plane, train, automobile, and blue cruiser bike. Entertaining and compelling—but never shrill or dogmatic—Notes from a Blue Bike invites you to climb on your own bike, pay attention to who you are and what your family needs, and make some important choices. It's a risky ride, but it's worth it—living your life according to who you really are simply takes a little intention. It's never too late.

### **The Prosperous Coach**

In heart-wrenching situations, one phrase can give the grieving a little divine comfort: "I'll be praying for you." At some point, everyone enters seasons of difficulty. Often, it can be difficult to know what to say or how to comfort struggling friends and family without sounding trite. Filled with scripture and inspirational quotes, I'll Be Praying for You is the perfect gift for a loved one who might be experiencing disappointment, sorrow, or grief. Featuring beautiful photography, landscapes, and stylized text, these comforting images and words will help soothe

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hurts of struggling loved ones. The general inspirational content is appropriate for a variety of situations such as depression, workplace struggles, divorce, and the loss of a loved one. This mixture of beautiful, peaceful photography overlaid with stylized text of inspirational quotes and Scripture is very popular on Pinterest boards and in modern home décor, which will capture the attention of women of all ages looking for a comforting and beautiful gift. Features & Benefits: Features beautiful full-color photography and design popular throughout Pinterest boards and home décor When words fail, this book is an appropriate gift for a variety of situations Includes a presentation page and space for a personalized note or prayer Great impulse buy at only a few more dollars than a greeting card but with lasting comfort

### **Satisfied**

The Counter-Cultural Move from Accumulation to Abundance Why is it so hard to find the contented, satisfied life? What deep hungers drive our purchasing habits, accumulation, and consumer lifestyle? Satisfied is for those drowning in debt, but also those getting farther and farther ahead financially. It is for those who have forgotten who they are and mistakenly equate their self-worth with their net worth. It is for those who are crippled by comparison. It is for those with full closets and empty souls. Satisfied provides an inspiring and transformative vision for living a deeply contented life in our consumer-driven culture. "Jeff Manion's voice is such a

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wise, clear, helpful voice, and I'm so thankful for the timely and challenging invitation he's issued in these pages. I'm inspired to live more richly with fewer things, and to pursue gratitude and generosity with more intention." -Shauna Niequist, author of Bread and Wine

### **The Not So Big Life**

Ten little birds need to get to the other side of the river, and each comes up with his own unique solution.

### **Tangerine**

Are you tired of trying to live for Christ—only to fail time and time again with the same old behaviors? Do you pray for guidance, ask for deliverance, and vow to do better, yet fail to progress? As an author, speaker, pastor, and blogger at Ragamuffin Soul, Carlos has lived much of his spiritual life in the spotlight. But, like any Christian, his faith story has its ups and downs. He spent decades trying to figure out how to be a “better person.” Time and time again, he strived for holiness only to get caught in the web of destructive habits, behaviors, and thought patterns. But, the buck stops here. Or, rather, the spider is killed here. In *Kill the Spider*, Carlos shares personal material ranging from hilarious, self-deprecating

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stories to passion-filled wisdom—to show others it’s not enough to try and “stop sinning.” He teaches that knocking out deep-rooted habits and issues comes by treating the issue, not just the symptoms. With transparency, humor, and vulnerable stories, Carlos offers a breath of fresh air to any believer looking to finally step into the freedom in Christ. So, sit down. Open the book. And grab a shoe. We’re going on a spider hunt.

### **Notes from a Blue Bike**

New York Times bestseller *Being Unstoppable* is about believing and achieving. It’s about having faith in yourself, your talents and your purpose and, most of all, in God’s great love and His divine plan for your life. Millions around the world recognize the smiling face and inspirational message of Nick Vujicic. Despite being born without arms or legs, Nick’s challenges have not kept him from enjoying great adventures, a fulfilling and meaningful career, and loving relationships. Nick has overcome trials and hardships by focusing on the promises that he was created for a unique and specific purpose, that his life has value and is a gift to others, and that no matter the despair and hard times in life, God is always present. Nick credits his success in life to the power that is unleashed when faith takes action. But how does that happen? In *Unstoppable* Nick addresses adversity and difficult circumstances that many people face today, including:

- Personal crises
- Relationship issues
- Career and job challenges
- Health and disability concerns

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Self-destructive thoughts, emotions, and addictions • Bullying, persecution, cruelty, and intolerance • Balance in body, mind, heart, and spirit • Service to others Through stories from his own life and the experiences of many others, Nick explains how anyone wanting a “ridiculously good life” can respond to these issues and more to become unstoppable. What’s standing in your way? Are you ready to become unstoppable?

### **Chasing Slow**

Cold Tangerines---now available in softcover---is a collection of stories and ideas about the life of celebration that God gives you. This book offers a vision of life as a collection of bright and varied glimpses of hope and redemption and celebration, in and among the heartbreak and boredom and broken glass.

### **Savor**

"An excellent book by a genius," said Kurt Vonnegut, Jr., of this now classic exploration of the 1960s from the founder of new journalism. "This is a book that will be a sharp pleasure to reread years from now, when it will bring back, like a falcon in the sky of memory, a whole world that is currently jetting and jazzing its way somewhere or other."--Newsweek In his first book, *The Kandy-Kolored*

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Tangerine-Flake Streamline Baby (1965) Wolfe introduces us to the sixties, to extravagant new styles of life that had nothing to do with the "elite" culture of the past.

### **Taste and See**

Paul Fisher sees the world from behind glasses so thick he looks like a bug-eyed alien. But he's not so blind that he can't see there are some very unusual things about his family's new home in Tangerine County, Florida. Where else does a sinkhole swallow the local school, fire burn underground for years, and lightning strike at the same time every day? The chaos is compounded by constant harassment from his football-star brother, and adjusting to life in Tangerine isn't easy for Paul—until he joins the soccer team at his middle school. With the help of his new teammates, Paul begins to discover what lies beneath the surface of his strange new hometown. And he also gains the courage to face up to some secrets his family has been keeping from him for far too long. In Tangerine, it seems, anything is possible.

### **Bittersweet**

A personal memoir explores the intertwined natures of happiness and sadness,

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discussing how bitter experiences balance out the sweetness in life and how change can be an opportunity for growth and a function of God's graciousness.

### **Coming Clean**

OVER 500,000 COPIES SOLD! In these pages, New York Times bestselling author Shauna Niequist invites you to consider the landscape of your own life, and what it might look like to leave behind the pressure to be perfect and begin the life-changing practice of simply being present, in the middle of the mess and the ordinariness of life. As she puts it: "A few years ago, I found myself exhausted and isolated, my soul and body sick. I was tired of being tired, burned out on busy. And, it seemed almost everyone I talked with was in the same boat: longing for connection, meaning, depth, but settling for busy. "I am a wife, mother, daughter, sister, friend, neighbor, writer, and I know all too well that settling feeling. But over the course of the last few years, I've learned a way to live, marked by grace, love, rest, and play. And it's changing everything. "Present Over Perfect is an invitation to this journey that changed my life. I'll walk this path with you, a path away from frantic pushing and proving, and toward your essential self, the one you were created to be before you began proving and earning for your worth." Written in Shauna's warm and vulnerable style, this collection of essays focuses on the most important transformation in her life, and maybe yours too: leaving behind busyness and frantic living and rediscovering the person you were made to be.

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Present Over Perfect is a hand reaching out, pulling you free from the constant pressure to perform faster, push harder, and produce more, all while maintaining an exhausting image of perfection. Shauna offers an honest account of what led her to begin this journey, and a compelling vision for an entirely new way to live: soaked in grace, rest, silence, simplicity, prayer, and connection with the people that matter most to us.

### **The Little Book of Prayers**

'Kouun is "good luck" in Japanese, and one year my family had none of it.' Just when Summer thinks nothing else can possibly go wrong, an emergency whisks her parents away to Japan, right before harvest season. But the mortgage has to be paid, and so Summer's grandparents are going to help with harvest instead - taking Summer, her little brother Jaz and their dog Thunder with them. Obaachan and Jiichan are... well, they're old fashioned, and demanding. Between helping Obaachan cook for the workers, covering for her when her back pain worsens, and worrying about her little brother, who can't seem to make any friends, Summer has her hands full. Then one of the boys who Summer has known forever starts paying extra attention to her. But what begins as a welcome distraction from the hard work soon turns into a mess of its own... and once again Summer ends up disappointing Obaachan. But that's the thing about luck - bad luck can always get worse. And when that happens, Summer has to figure out how to change it and

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save her family, even if it means further displeasing Obaachan. Surely kouun is coming soon...?

### **The Circle Maker**

There's an enslaved dragon on Wild Island, and young Elmer Elevator is determined to free him — despite hungry tigers, cranky crocodiles, and other challenges. Hardcover edition with newly scanned art.

### **Let's All Be Brave**

The bestselling book for coaches looking to build a practice with a small number of high-performing, high-paying clients. With over 50,000 copies sold, *The Prosperous Coach* has helped thousands of coaches and consultants build their businesses by invitation and referral only. Show your clients what they cannot see. Say to your clients what no one else would dare to say. And you will have all the clients you ever desire. Whether you are a new coach or you already have a six-figure coaching practice, *The Prosperous Coach* will show you how to: Access a set of tools you can use to begin creating your own clients immediately Sign clients you love while maintaining your integrity Match your unique skills and talents with the clients you serve Develop a system that works for you for referrals and new clients,

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time after time Make bold, life-changing proposals Move beyond the deep-seated beliefs that hold most coaches back from success for themselves and their clients Overcome - forever - the two levels of fear that coaches face Move from people-pleasing to powerful service Be a world-class coach with highly committed clients And so much more

### **Cold Tangerines**

Cold Tangerines is a collection of stories that celebrate the extraordinary moments hidden in our everyday lives. It is about God, and about life, and about the thousands of daily ways in which an awareness of God changes and infuses everything. It is about spiritual life, and about all the things that we have called nonspiritual life that might be spiritual after all. It is the snapshots of a young woman making peace with herself and her life, and trying to craft a life that captures the energy and exuberance we long for in the midst of the fear and regret and envy we all carry with us. It is both a voice of challenge and song of comfort, calling us upward to the best possible life, and giving us room To breathe, to rest, to break down and break through. Cold Tangerines offers bright and varied glimpses of hope and redemption, in and among the heartbreak And boredom and broken glass.

## **Present Over Perfect**

God is a foodie who wants to transform your supper into sacrament. One of America's most beloved teachers and writers, Margaret Feinberg, goes on a remarkable journey to unearth God's perspective on food. She writes that since the opening of creation, God, the Master Chef, seeds the world with pomegranates and passionfruit, beans and greens and tangerines. When the Israelites wander in the desert for forty years, God, the Pastry Chef, delivers the sweet bread of heaven. After arriving in the Promised Land, God reveals himself as Barbecue Master, delighting in meat sacrifices. Like his Foodie Father, Jesus throws the disciples an unforgettable two-course farewell supper to be repeated until his return. This groundbreaking book provides a culinary exploration of Scripture. You'll descend 400 feet below ground into the frosty white caverns of a salt mine, fish on the Sea of Galilee, bake fresh matzo at Yale University, ferry to a remote island in Croatia to harvest olives, spend time with a Texas butcher known as "the meat apostle," and wander a California farm with one of the world's premier fig farmers. With each visit, Margaret asks, "How do you read these Scriptures, not as theologians, but in light of what you do every day?" Their answers will forever change the way you read the Bible - and approach every meal. Taste and See is a delicious read that includes dozens of recipes for those who, like Margaret, believe some of life's richest moments are spent savoring a meal with those you love. Perhaps God's foodie focus is meant to do more than satisfy our bellies. It's meant to heal our

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souls, as we learn to taste and see the goodness of God together. After all, food is God's love made edible. See you around the table!

### **The Thing About Luck**

The perfect gift for seekers, the curious, and the spiritually hungry, *The Little Book of Prayers* now has a stunning new cover and a more prayer book–like format. Gathered from holy books and prayer books, from songs and spirituals, spoken traditions and poets, it is an unexpectedly approachable collection of common and uncommon prayers from around the world. The entries, one per page or spread, are chosen for their depth of feeling, beauty of expression, spiritual intensity, and sense of the universal. The book is organized into broad categories of praise, entreaty, contemplation, mourning, and grace; and two indexes—one by authorship, and the other by topic—make it immediately accessible. There are familiar prayers, like the Lord's Prayer and 23rd Psalm, which, placed in new context, shine with a renewed beauty and wisdom. You'll find prayers unfamiliar to many in the West, such as the "Opener" from the Koran or the four vows of the Bodhisattva, chanted every evening in Zen monasteries around the world. And the surprising—from the "Prayer of the Unknown Confederate Soldier" to the blues of Lightnin' Hopkins to the poetry of Rumi. God help us to live slowly: To move simply: To look softly: To allow emptiness: To let the heart create for us. Amen.

—Michael Leunig You, whose day it is, make it beautiful. Get out your rainbow

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colors, so it will be beautiful. —Nootka Song

### **Ten Birds**

Two sisters share the system of organising household chores that they created to make managing a home less time consuming and more efficient, in an updated handbook that explains how to reduce chaos and clutter and achieve organisation in the home.

### **Cold Tangerines**

Explores the homogenization of American culture and the impact of the fast food industry on modern-day health, economy, politics, popular culture, entertainment, and food production.

### **Unstoppable**

According to Pastor Mark Batterson in this expanded edition of *The Circle Maker*, "Drawing prayer circles around our dreams isn't just a mechanism whereby we accomplish great things for God. It's a mechanism whereby God accomplishes great things in us." Do you ever sense that there's far more to prayer than what

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you're experiencing? It's time you learned from the legend of Honi the Circle Maker--a man bold enough to draw a circle in the sand and not budge from inside it until God answered his impossible prayer for his people. What impossibly big dream is God calling you to draw a prayer circle around? Sharing inspiring stories from his own experiences as a circle maker, Mark Batterson will help you uncover your heart's deepest desires and God-given dreams and unleash them through the kind of audacious prayer that God delights to answer. This expanded edition of The Circle Maker also includes Batterson's newest insights on how God answers prayer along with stories that add convincing proof to the reality that God is able to do exceedingly far greater than all we could ask or imagine.

### **Tangerine**

From the food photographers and creators of the popular blog The Way We Ate comes a lavishly illustrated journey through the rich culinary tradition of the last American century, with 100 recipes from the nation's top chefs and food personalities. Take a trip back in time through the rich culinary tradition of the last American century with more than 100 of the nation's top chefs and food personalities. The Way We Ate captures the twentieth century through the food we've shared and prepared. Noah Fecks and Paul Wagtouciz (creators of the hugely popular blog The Way We Ate) are your guides to a dazzling display of culinary impressionism: For each year from 1901 to 2000, they invite a well-known

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chef or food connoisseur to translate the essence or idea of a historical event into a beautifully realized dish or cocktail. The result is an eclectic array of modern takes and memorable classics, featuring original recipes conjured by culinary notables, including: Daniel Boulud, Jacques Pépin, Marc Forgione, José Andrés, Ruth Reichl, Marcus Samuelsson, Michael White, Andrew Carmellini, Anita Lo, Gael Greene, Michael Lomonaco, Melissa Clark, Justin Warner, Michael Laiskonis, Sara Jenkins, Shanna Pacifico, Jeremiah Tower, and Ashley Christensen An innovative work of history and a cookbook like no other, *The Way We Ate* is the story of a nation's cravings—and how they continue to influence the way we cook, eat, and talk about food today.

### **The Book of Waking Up**

A call for Christians to move past the shallows of idealized beliefs and into a deeper, more vibrant, beatitude-like faith rooted in sacred practices and intimate experiences with God. When the limits of his own faith experience left him feeling spiritually empty, Niequist determined God must have a wider vision for worship and community. In his search, Aaron discovered that there was historical Christian precedent for enacting faith in a different way, an ancient and now future way of believing. He calls this third way "practice-based faith." This book is about loving one's faith tradition and, at the same time, following the call to something deeper and richer. By adopting some new spiritual practices, it is possible to learn to swim

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again with a renewed sense of vigor and divine purpose.

### **You Are the Girl for the Job**

The founder of The World Needs More Love Letters, who has dedicated her life to showing total strangers that they are not alone in the world, reveals how she rediscovered her faith through her attempt to bring love into the world.

### **The Way We Ate**

You're here, but you want to be there. So you spend your life narrowing this divide, and you call this your race, your journey, your path. You live your days tightening your boot straps, wiping the sweat from your brow, chasing undiscovered happiness just around the bend. Higher! Faster! Better! Stronger! And on and on you run. Viral sensation and HGTV.com star Erin Loechner knows about the chase. Before turning 30, she'd built a fan base of one million women worldwide and earned the title "The Nicest Girl Online" as she was praised for her authentic voice and effortless style. The New York Times applauded her, her friends and church admired her, and her husband and baby adored her. She had arrived at the ultimate destination. So why did she feel so lost? In *Chasing Slow*, Erin turns away from fast and fame and frenzy. Follow along as she blazes the trail toward a new-

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fashioned lifestyle—one that will refresh your perspective, renew your priorities and shift your focus to the journey that matters most. Through a series of steep climbs—her husband's brain tumor, bankruptcy, family loss, and public criticism—Erin learns just how much strength it takes to surrender it all, and to veer right into grace. Life's answers are not always hidden where they seem. It's time to venture off the beaten path to see that we've already been given everything we need. We've already arrived. You see? You'll see.

### **Bread and Wine**

Author of the New York Times bestseller *Present Over Perfect*, Shauna Niequist provides the perfect read for those who love food and value the community and connection of family and friends around the table. *Bread & Wine* is a collection of essays about family relationships, friendships, and the meals that bring us together. This mix of Anne Lamott and Barefoot Contessa is a funny, honest, and vulnerable spiritual memoir. *Bread & Wine* is a celebration of food shared, reminding readers of the joy found in a life around the table. It's about the ways God teaches and nourishes people as they nourish the people around them. It's about hunger, both physical and otherwise, and the connections between the two. With wonderful recipes included, from Bacon-Wrapped Dates to Mango Chicken Curry to Blueberry Crisp, readers will be able to recreate the comforting and satisfying meals that come to life in *Bread & Wine*.

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### **Kill the Spider**

Starting a new school year after the events of Confessions of an Angry Girl, Rose resolves to stand up for herself, employ prudence before speaking and free her self-esteem from the opinions of a boy who does not return her affections. Original.

### **If You Find This Letter**

An annotated edition of a classic novel provides notes on literary and historical contexts, allusions and language likely to cause difficulty to modern readers and includes 74 color illustrations.

### **The Eternal Current**

Shauna Niequist calls us to see the beauty, hope, and dimension in our ordinary days through the life-giving practice of celebration. Cold Tangerines is beautiful narration of Shauna's journey as a young writer, wife, and mom making peace with herself and crafting a life that celebrates the extraordinary moments hidden in the everyday. Throughout each story echoes the heartbeat message that the normal, daily life ticking by on our streets and sidewalks, at our dinner tables and in our late-night talks--is the most precious thing any of us will ever experience. With her

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signature warmth and vulnerable storytelling, Shauna offers a feast of thoughtful reflections on the small moments that make up the human experience, the spiritual life, and things that seem ordinary but just might be sacred after all. She invites us into a new way of living with the awareness of God's movement gracing every part of our day. Both a voice of challenge and song of comfort, this gallery of celebration encourages us to turn our attention to the marvelous life happening right under our noses. Join Shauna in this heartfelt and hopeful call upward to a new way of being, where there's room to breathe, to rest, to break down, and break through to the best possible life.

### **I'll Be Praying for You**

You believe (or want to believe) God has called you and given you purpose, but where do you start? How do you get from feeling stuck to making a move? If this sounds familiar, bestselling author Jess Connolly has a message for you: *You Are the Girl for the Job*. But this is not simply a peppy catchphrase. This is the straight-up truth God has proclaimed over your life from the beginning, and it's not dependent on what you can do or achieve but based on His power, capacity, and character. It has taken one million, maybe one zillion (who knows?!), slight moves of His hand to place you in this exact moment. So forget about fear and second-guessing your gifts, because God has meticulously prepared you to be an ambassador for the Kingdom right where you are, here and now. Life is too short to

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get stuck in a holding pattern of shame, self-doubt, and comparison. So let this book be your very good news: you don't have to wait for permission when you've already been commissioned. With passion and heart-pumping hope, Jess shows that being the girl for the job doesn't depend on your capacity. Rather, it has everything to do with God's capacity and our willingness. It has everything to do with believing we are who God says we are, and quieting any inferior word spoken against us. Are you ready? Let this book be your jumpstart into confident, purposed living, as Jess walks you through the six steps she has used to coach and encourage women for years: set your focus, take stock of the story that has shaped you, face your fear, catch the vision, make a plan, and finally, make your move--all in the bold belief that God has called you to every step of the journey.

### **The Art of Fermentation**

We all have our habits to "help" when life gets hard. Yet there's only one force that can offer us true healing from life's pain. Join award-winning writer Seth Haines in *The Book of Waking Up* for a guided experience into the Divine Love of God that transforms a life. The inevitable pain of life gives us many reasons to check out - and many ways to do it. Alcohol, entertainment, pills, shopping, porn, chasing success, cashing checks, and collecting social media "likes" - these and so many other things anesthetize us from the wounds of everyday living. As Seth Haines wrote in his award-winning book, *Coming Clean*, "We're all drunk on something." In

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his compelling follow-up, *The Book of Waking Up*, Seth invites you into the story of healing. He invites you to see your coping mechanisms for what they are - lesser loves, which cannot bring the peace, freedom, and wholeness you crave. Through guided reflections, sustainable soul practices, and stories from Seth's life and others, *The Book of Waking Up* invites you to wake to your coping mechanisms, find the why behind your pain, and walk into the Divine Love of God. As Seth writes, "Addiction is misplaced adoration." Now, join him on a journey toward the only Love worth adoring, the only Love that cures a soul. Join him on the journey to waking up.

### **Fast Food Nation**

A celebration of the first 25 years of leading design consultancy tangerine—a must-have for anyone interested in the design process or who is thinking about making a career in the industry—with 25 case studies For the past 25 years, tangerine has been among the world's leading design consultancies. With past directors including Sir Jonathan Ive, who is now Senior VP of Design at Apple, Inc., tangerine has produced some of the most innovative and groundbreaking designs for organizations ranging from British Airways to Samsung. Combining exhaustive research with an ability to foresee the needs and environments in which the products will be used, tangerine focus on key aspects of successful and profitable products, such as accessibility, functionality, ease of use, comfort, and efficiency,

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all of which are combined into beautiful, sleek, and elegant designs. tangerine's managing director Martin Darbyshire explains how his and his cofounders' personal design beliefs have shaped the company's work, dispelling current design philosophy myths and exploring how design will play a critical component to customer experience in the future. Case studies offer insight into a diverse range of projects—from a comb with a spirit-level for precision haircuts to a survival knife for Wilkinson Sword, mobile phones, train interiors, concept diggers for Hyundai Heavy Industries, flat-screen TVs, and airline seating for British Airways. Fascinating illustrations take readers through various stages of the creative process—from initial concept drawings to early and middle-stage prototypes to the finished item.

### **Cold Tangerines**

Winner of the 2013 James Beard Foundation Book Award for Reference and Scholarship, and a New York Times bestseller, *The Art of Fermentation* is the most comprehensive guide to do-it-yourself home fermentation ever published. Sandor Katz presents the concepts and processes behind fermentation in ways that are simple enough to guide a reader through their first experience making sauerkraut or yogurt, and in-depth enough to provide greater understanding and insight for experienced practitioners. While Katz expertly contextualizes fermentation in terms of biological and cultural evolution, health and nutrition, and even

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economics, this is primarily a compendium of practical information--how the processes work; parameters for safety; techniques for effective preservation; troubleshooting; and more. With two-color illustrations and extended resources, this book provides essential wisdom for cooks, homesteaders, farmers, gleaners, foragers, and food lovers of any kind who want to develop a deeper understanding and appreciation for arguably the oldest form of food preservation, and part of the roots of culture itself. Readers will find detailed information on fermenting vegetables; sugars into alcohol (meads, wines, and ciders); sour tonic beverages; milk; grains and starchy tubers; beers (and other grain-based alcoholic beverages); beans; seeds; nuts; fish; meat; and eggs, as well as growing mold cultures, using fermentation in agriculture, art, and energy production, and considerations for commercial enterprises. Sandor Katz has introduced what will undoubtedly remain a classic in food literature, and is the first--and only--of its kind.

### **Sidetracked Home Executives(TM)**

Have you ever found yourself asking, "Is this all there is to life?" Or wondering if this bigger life you have created is actually a better life? And do you wonder how it all got so out of control? In her groundbreaking bestseller *The Not So Big House*, architect Sarah Susanka showed us a new way to inhabit our houses by creating homes that were better--not bigger. Now, in *The Not So Big Life*, Susanka takes her revolutionary philosophy to another dimension by showing us a new way to inhabit

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our lives. Most of us have lives that are as cluttered with unwanted obligations as our attics are cluttered with things. The bigger-is-better idea that triggered the explosion of McMansions has spilled over to give us McLives. For many of us, our ability to find the time to do what we want to do has come to a grinding halt. Now we barely have time to take a breath before making the next call on our cell phone, while at the same time messaging someone else on our Blackberry. Our schedules are chaotic and overcommitted, leaving us so stressed that we are numb, yet we wonder why we cannot fall asleep at night. In *The Not So Big Life*, Susanka shows us that it is possible to take our finger off the fast-forward button, and to our surprise we find how effortless and rewarding this change can be. We do not have to lead a monastic life or give up the things we love. In fact, the real joy of leading a not so big life is discovering that the life we love has been there the entire time. Through simple exercises and inspiring stories, Susanka shows us that all we need to do is make small shifts in our day—subtle movements that open our minds as if we were finally opening the windows to let in fresh air. *The Not So Big Life* reveals that form and function serve not only architectural aims but life goals as well. Just as we can tear down interior walls to reveal space, we can tear down our fears and assumptions to open up new possibilities. The result is that we quickly discover we have all the space and time we need for the things in our lives that really matter. But perhaps the greatest reward is the discovery that small changes can yield enormous results. In her elegant, clear style, Susanka convinces us that less truly is more—much more.

## **A Grace Disguised**

“I suppose we’re all drunk on something.” Seth Haines was in the hospital with his wife, planning funeral songs for their not-yet two-year-old, when he made a very conscious decision: this was the last day he ever wanted to feel. So he asked his sister to smuggle in some gin, and his addiction began. But whether or not you’ve ever had a drop to drink in your life, we’re all looking for ways to stop the pain. Like Seth, we’re all seeking balms for the anxiety of what we believe is an absent God—whether it’s through people-pleasing, shopping, the internet, food, career highs, or even good works and elite theology. We attempt to anesthetize our anxiety through addiction—any old addiction. But it often leaves us feeling even more empty than before. In *Coming Clean*, Seth Haines writes rawly through the first 90 days of a work of sobriety, illuminating how to face the pain we’d rather run from, and even more importantly, how Jesus meets us there. Because it is only when we face our anxieties with the tenacity and tenderness of Christ’s passion that we truly discover that we are indeed clean, surrendered, and whole.

## **God Walk**

Named a Best Book of the Year by The Washington Post, NPR, Vanity Fair, LA Times, San Francisco Chronicle, Huffington Post, The Atlantic, Refinery 29, Men's

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Journal, Ploughshares, Lit Hub, Book Riot, Los Angeles Magazine, Powells, BookPage and Kirkus Reviews The much-anticipated first novel from a Story Prize-winning “5 Under 35” fiction writer. In 2012, Claire Vaye Watkins’s story collection, *Battleborn*, swept nearly every award for short fiction. Now this young writer, widely heralded as a once-in-a-generation talent, returns with a first novel that harnesses the sweeping vision and deep heart that made her debut so arresting to a love story set in a devastatingly imagined near future: Unrelenting drought has transfigured Southern California into a surreal, phantasmagoric landscape. With the Central Valley barren, underground aquifer drained, and Sierra snowpack entirely depleted, most “Mojavs,” prevented by both armed vigilantes and an indifferent bureaucracy from freely crossing borders to lush regions, have allowed themselves to be evacuated to internment camps. In Los Angeles’ Laurel Canyon, two young Mojavs—Luz, once a poster child for the Bureau of Conservation and its enemies, and Ray, a veteran of the “forever war” turned surfer—squat in a starlet’s abandoned mansion. Holdouts, they subsist on rationed cola and whatever they can loot, scavenge, and improvise. The couple’s fragile love somehow blooms in this arid place, and for the moment, it seems enough. But when they cross paths with a mysterious child, the thirst for a better future begins. They head east, a route strewn with danger: sinkholes and patrolling authorities, bandits and the brutal, omnipresent sun. Ghosting after them are rumors of a visionary dowser—a diviner for water—and his followers, who whispers say have formed a colony at the edge of a mysterious sea of dunes. Immensely moving,

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profoundly disquieting, and mind-blowingly original, Watkins's novel explores the myths we believe about others and tell about ourselves, the double-edged power of our most cherished relationships, and the shape of hope in a precarious future that may be our own. From the Hardcover edition.

### **The Kandy-Kolored Tangerine-Flake Streamline Baby**

Drawing on Jesus's example of walking, bestselling author Mark Buchanan explores one of the oldest spiritual practices of our faith. What happens when we literally walk out our Christian life? We discover the joy of traveling at the speed of our soul. We often act as if faith is only about the mind. But what about our bodies? What does our physical being have to do with our spiritual life? When the Bible exhorts us to walk in the light, or walk by faith, or walk in truth, it means these things literally as much as figuratively. The Christian faith always involves walking out, as again and again we find the holy in the ordinary. "Come, follow me," Jesus said, and then he was off. The most obvious thing about Jesus's method of discipleship, in fact, is that he walked and invited others to walk with him. Jesus is always "on the way," "arriving," "leaving," "approaching," "coming upon." It's in the walking that his disciples are taught, formed, tested, empowered, and released. Part theology, part history, part field guide, *God Walk* explores walking as spiritual formation, walking as healing, walking as exercise, walking as prayer, walking as pilgrimage, suffering, friendship, and attentiveness. It is a book about being

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alongside the God who, incarnate in Jesus, turns to us as he passes by--always on foot--and says simply, "Come, follow me." With practical insight and biblical reflections told in his distinct voice, Buchanan provides specific walking exercises so you can immediately implement the practice of going "God speed." Whether you are walking around the neighborhood or hiking in the mountains, walking offers the potential to awaken your life with Christ as it revives body and soul.

### **Gold Fame Citrus**

Annie Downs admits she's not exactly the bravest girl in the world. She still cries sometimes when she leaves her parents' home in Georgia, she's never jumped out of a plane, and she only rides roller coasters to impress boys. But Annie knows that courage resides inside each and every one of us, and she's on a mission to triumph over her own fears while encouraging the reader to do the same. As a single young woman, writer, speaker, and blogger, Annie Downs shares her journey toward bravery with honesty and humor. Using wonderful stories from her own life, contemporary real-life examples, and fascinating historical and biblical references, Annie encourages readers to grab hold of the brave life that they desperately desire. How often does fear hold us back from the very things we most want to taste, touch, and experience? The call to be brave isn't just for one person—it's for everyone. Let's All Be Brave is more than a book, it's a battle cry. Annie challenges us to live boldly, she calls us to step into those places that require courage, and

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she gives us the help to take the next step forward—even when it’s scary. This non-fiction, essay-driven book opens the door to many different views of courage—nudging, encouraging, and inspiring readers to be brave whenever given the chance. Let’s All Be Brave features:

- Funny/interesting stories that draw readers into each chapter
- God’s surprising answers to finding courage and boldness
- Challenging questions and advice to help readers make real-life changes to live fully and glorify God more every day.

The companion Web site ([www.letsallbebrave.com](http://www.letsallbebrave.com)) offers more resources and an opportunity for readers to share personal stories of courage with others.

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