

# Diagnosis In Chinese Medicine A Comprehensive Guide

The Foundations of Chinese Medicine  
Modern Tongue Diagnostics in Chinese Medicine  
Tongue Diagnosis in Chinese Medicine  
Ischemic Stroke of Brain  
Debatable Topics in PCOS Patients  
Essentials of Chinese Medicine  
Diagnostics in Chinese Medicine  
Introduction to Diagnosis in Traditional Chinese Medicine  
Traditional Chinese Medicine Diagnosis Study Guide  
Treating Emotional Trauma with Chinese Medicine  
Obstetrics and Gynecology in Chinese Medicine  
More Than Acupuncture  
The Theory of Chinese Medicine  
The Psyche in Chinese Medicine  
Diagnosis in Chinese Medicine - E-Book  
The Practice of Chinese Medicine  
The Foundations of Chinese Medicine E-Book  
Acupuncture Atlas of Chinese Tongue Diagnosis  
The Treatment of Pain with Chinese Herbs and Acupuncture E-Book  
Classical Chinese Medicine  
Treatment of Infertility with Chinese Medicine E-Book  
Eye Diagnosis in Chinese Medicine  
Pulse Diagnosis E-Book  
Chinese Medicine and Healing  
Metabolomics  
Diagnosis in Chinese Medicine  
Diagnosis in Traditional Chinese Medicine  
The Healing Power of Chinese Herbs and Medicinal Recipes  
Patterns and Practice in Chinese Medicine  
Pulse Diagnosis in Early Chinese Medicine  
Acupuncture in the Treatment of Depression  
Fundamentals of Chinese  
Fingernail Image Diagnosis (FID)  
The Art and Practice of Diagnosis in Chinese Medicine  
Traumatic Brain Injury  
Navigating the Channels of Traditional Chinese Medicine  
Practical Diagnosis in Traditional Chinese Medicine  
Data Analytics for Traditional Chinese Medicine Research  
Integrating Conventional and Chinese Medicine in Cancer Care  
Principles of Chinese Medicine

## The Foundations of Chinese Medicine

Following an introduction to the philosophical and theoretical background of traditional Chinese medicine, the diagnostic system is presented: the Chinese system of channels and functional organs, the significance of points and point categories, methods of needling and moxibustion. There is a chapter on treatment based on western diagnosis.

## Modern Tongue Diagnostics in Chinese Medicine

This book is a comprehensive introduction to the fundamentals of Chinese Fingernail Image Diagnosis (FID), a non-invasive clinical examination which can assess an individual's state of health. FID can be used as an auxiliary diagnostic method to provide diagnostic clues and proper guidance for treatment. One great strength of this method is its non-invasive nature. Formed by blood and Qi between the nail bed and nail plate, the fingernail image can be used to observe pathological changes within the body. This book equips readers with the knowledge needed to analyse fingernail images and assess them for diagnostic purposes. Covering the origins of Fingernail Image Diagnosis, methods of examination and the practical application of FID for assisting diagnosis in a wide range of common disorders, the authors provide a complete guide to FID, with illustrations, visuals and detailed case examples. This practical quick reference guide and introduction to FID will be useful for anyone interested in diagnostic

techniques, especially those working in the fields of Chinese Medicine, integrative medicine and alternative healthcare.

### **Tongue Diagnosis in Chinese Medicine**

The book deliberates a wide range of the latest research issues on polycystic ovary syndrome (PCOS). The topics discussed include the diagnosis and management of PCOS, dwelling in more depth into the pathophysiology of the syndrome and its genetic and epigenetic basis. The book covers a contemplative discussion on the influence of changing lifestyle patterns on PCOS. The book also includes a number of chapters defining a detailed description of the associated morbidities of PCOS and its long-term sequelae. Since PCOS is quite prevalent globally, the book is also of great interest to the public. Providing detailed information suitable for patients and clinicians, it provides information about the various treatment regimens and screening recommendations for women having this condition.

### **Ischemic Stroke of Brain**

This book uses simple language to explain the essence of Shanghanlun (Treatise on Cold Damage), a monumental ancient medical classic, paired with cases the author encountered during years of practicing Chinese medicine, allowing readers to understand the melding of theory and practice and philosophical views of nature and life. The author's concise writing style leads readers to the core of Chinese medicine.

### **Debatable Topics in PCOS Patients**

New for this edition: New attractive two-colour layout with book marks to ease navigation Endometriosis and its treatment now included and fully covered in a new chapter Infertility chapter includes recent research highlighting factors in infertility All prescriptions now removed from the text and attractively presented in three appendices: Patient Remedies, Prescriptions and Three Treasure Remedies.

### **Essentials of Chinese Medicine**

Written by world-renowned author and teacher Giovanni Maciocia, Diagnosis in Chinese Medicine, 2nd Edition is a comprehensive, highly illustrated, and easy-to-understand resource. With a focus on clear interpretations of "real world" signs and symptoms, this new edition addresses the practice beyond the theory and leads you through both basic and sophisticated levels of diagnostic interpretation. Since Chinese medicine diagnosis relies on a subtle appraisal of a patient's disharmony, many factors beyond traditional Western symptoms are considered, including a patient's voice, the absence of thirst, feeling hot or cold, the patient's smell, tone of voice, and glitter of eyes. This practical resource helps students and practitioners alike carefully interpret a wide range of diagnostic nuances. One-of-a-kind text gives you a clinical understanding of Traditional Chinese Medicine. Rich, unique content offers an unparalleled depth of information that is meticulously cross-referenced. Includes all the signs and symptoms that a modern patient may present in the clinic, no matter how subtle. Outlines the decision-making options in

key situations to help you through the most challenging topics. Case histories with diagnoses present common conditions that professionals will often find in practice. Logically organized to help you quickly find the information you need in clinical situations. Written by a leader in the field of Chinese medicine provides you with an expert's clinical experience and understanding. NEW! Clinical and Treatments notes provide practical information on acupuncture – including herbal treatment, when appropriate – for most symptoms and signs, giving the book a clinical application in therapy. NEW! UPDATED full-color design and color photographs depict external clinical signs for more accurate clinical recognition. NEW! Learning outcomes summarize the basics that you should know after completing a chapter. NEW! Thoroughly updated content from an expert author clarifies the best practices for diagnosis in Traditional Chinese Medicine.

### **Diagnostics in Chinese Medicine**

This path-breaking book reinterprets Chinese medicine using the approach of the philosophy of science in a manner that strikes common ground with biomedical science. It strips Chinese medical theory of the mystique and metaphysical pretensions that too often plague the discipline, presenting this theory as being derived from empirical observations and clinical findings. Concepts like qi and phlegm and vital organs like the shen (kidney) are interpreted, not as physical entities with defined measurable properties, but as constructs to facilitate the application of models for diagnosis and therapy. The author evaluates the five-element model and the diagnostic-therapeutic paradigm of Chinese medical syndromes, and suggests how these heuristic models can be subjected to clinical trials. Principles governing the use of herbal, acupuncture, tuina and qigong therapies are elucidated and critically examined. Written for medical professionals, philosophers of medicine and discerning readers interested in alternative therapies, the book also has practical chapters on the placebo effect and Chinese medical treatment of chronic illnesses, and a useful compilation of common Chinese herbs and formulations. Contents: Chinese Medical Theory and Its Rational Reconstruction Chinese and Western Medical Thought: History and Issues Translating Chinese Medical Terms TCM Theory: Basic Entities Organ and Meridian Systems TCM Models in Explanation and Prediction Evidence for TCM Theory Placebo Effects and Cultural Factors Conclusion: TCM Theory Reinterpreted TCM Treatment of Chronic Illness Chinese Medicinal Herbs Readership: Medical professionals, both Western medical doctors and TCM practitioners; libraries of TCM professionals, associations and teaching institutes; scholars interested in the theoretical basis for Chinese medicine, and the informed general reader seeking to understand the rationale and applicability of Chinese medical therapies to enhance their health. Key Features: Provides an interpretation of Chinese medicine that can be understood by an audience comfortable and familiar with Western medicine, and fills a serious gap in the literature for explaining its workings Takes a non-advocacy approach, laying out the rationale for Chinese diagnosis, therapy and cultivation of health, and pointing out their strengths as well as inadequacies and the need for more extensive clinical trials to support their claims. Contains informative chapters on herbs and acupuncture and the TCM approach to the treatment of chronic illnesses like heart disease, hypertension and strokes, depression, irritable bowel syndrome, menstrual and menopausal problems, as well as complementary treatment for

cancer  
Keywords: Chinese Medicine; Epistemology; Evidence  
Reviews: "Despite its efficacy in treating ailments (for some of which Western medicine offers no cure), traditional Chinese medicine (TCM) continues to be regarded with skepticism in the West. To a large extent, this is due to the fact that TCM practitioners have been unable to explain TCM theories using Western scientific categories. A TCM physician who was also trained in the philosophy of science at Cambridge and the London School of Economics, Hong Hai offers a fresh and at times iconoclastic interpretation of Chinese medicine. This is without doubt the most important contribution to the field in the modern era. At last, Chinese medicine makes sense. Surprisingly accessible, this work is a must read for doctors East and West."

Michael Tai, PhD (Cambridge) Research Associate Cambridge University "This is a book which should not be missed by anyone with an interest in Chinese medicine."

Donald Gillies, PhD Emeritus Professor of Philosophy of Science and Mathematics University College London "... lucid, brilliant explanation of the terminology and principles of TCM and its approach to the management of syndromes ... This is a book that everyone with even the slightest interest in complementary medicine should read. It does not matter whether one agrees with TCM and accepts the practice. This is a book for understanding."

Teoh Eng Soon, MBBS, MD, FRCOG, FACS Gynecologist, former lecturer at NUS Medical School "The core of the book deals with the epistemological issues concerning the scientific status, in particular the testability, of medical conjectures in Traditional Chinese Medicine. I found it most interesting and challenging, very intelligently written and bringing to bear a great deal of common sense and good philosophy. There is much that is highly original in it."

Peter J Clark, PhD Professor of Philosophy University of St Andrews, UK "This book presents a scientific, historical, philosophical and at times, unconventional interpretation of Traditional Chinese Medicine (TCM). TCM terms are clearly explained in English, with the corresponding Chinese characters and phonetics in parentheses. It is a refreshing read and highly recommended to anyone who is interested and curious about Chinese Medicine, as well as those who wish to explore and understand TCM better, in order to improve and maintain one's health."

Assoc. Prof Koh Hwee Ling Department of Pharmacy, Faculty of Science, National University of Singapore "The book builds up a case for the clinical testing of Traditional Chinese Medicine (TCM) to bring it up to par with modern medicine. The author explains that what TCM seeks to contribute to medical science is ... to provide an additional means of preventing and alleviating serious illnesses like cancer, arthritis, cardiovascular disease and many of the diseases that come with aging. Terminologies and concepts that get lost in translation ... find a common ground with scientific clarity, doing away with the ambiguous nature of TCM."

Jolene Klassen Millionnaireasia

### **Introduction to Diagnosis in Traditional Chinese Medicine**

This new clinical resource clearly explains how to approach integrated care in a way that combines Chinese herbal medicine with Western medicine to enhance and improve medical care for patients with cancer - without undermining or negatively impacting patients' medical treatment. Each chapter covers a different type of cancer, first introducing the conventional medical understanding of that cancer including its etiology, diagnosis, and treatment according to staging and type. The chapter then covers that cancer from the perspective of Oriental medicine. Case studies illustrate the integration of treatment for each cancer type,

raising important issues and considerations associated with specific cancers and treatments. Formulas are presented within the context of conventional treatment, intended to enhance the effectiveness of treatment and/or treat side effects without undermining the treatment's function. Each formula is followed by a discussion of how and why the herbs are used, including classical Chinese theory and relevant pharmaceutical studies. Staging and the age and performance status of various patients is used as a means by which to explain how formulas are changed. Case studies explore issues related to the integration of treatment for each type of cancer.

### **Traditional Chinese Medicine Diagnosis Study Guide**

The 21st century is the start of an era where people are beginning to look at health and medical care from a different perspective. Understanding the conventional pattern of medical treatment alone has ceased to meet the ever-growing demands of social development, and hence, the trend of exploiting natural therapies has gradually emerged. Besides turning to Chinese medicine as an option for treatment, increasingly, the principles and practices used in this field have been garnering more interest. This is exactly the reason why this book is compiled. It is our hope that the contents can be of help to the readers to not only understand, but suitably apply Chinese medicine in practice, and thus benefit their health.

### **Treating Emotional Trauma with Chinese Medicine**

### **Obstetrics and Gynecology in Chinese Medicine**

This highly successful textbook covers the basic theory of traditional Chinese medicine and acupuncture, and discusses in detail the use of acupuncture points and the principles of treatment. The material is based on rigorous reference to ancient and modern Chinese texts, and explains the application of theory in the context of Western clinical practice. The new edition features new and updated material plus an accompanying website containing over 650 self-testing questions in a variety of formats. 25th Anniversary edition of the Western world's best-selling book on Chinese medicine! Logical, sequential organization builds from basic theoretical concepts, through functions of individual organs, diagnosis, pathology, pattern recognition & disease categories, and the appropriate use of acupuncture points. Clearly explains the theory and practice of Chinese Medicine to Western medical audiences. Based on a unique and invaluable combination of extensive clinical experience in the West, current Chinese Medicine textbooks and ancient sources, in particular, the 'Yellow Emperor's Classic of Internal Medicine' (Nei Jing) and the 'Classic of Difficulties' (Nan Jing). Includes Pinyin equivalents to make it immediately evident which original term is being translated. Abundantly illustrated with over 750 line drawings and more than 1000 tables & boxes designed to emphasize the key facts. End of chapter Learning Outcomes point out 'must-know' information. A helpful colour-plate section provides valuable information for diagnosis. Cases Studies and Case Histories apply theory to diagnosis and treatment, bringing the subject to life in a realistic context. An extensive Glossary explains new terms and their origins from translation. Additional Appendices list

Prescriptions, Bibliography and Chinese Chronology Authored by Giovanni Maciocia, one of the Western world's leading subject matter experts An accompanying EVOLVE website provides over 650 self-testing questions and answers to help readers check their understanding of frequently complex information New Case Histories help 'bring the subject to life' Expanded subject area coverage including new clinical guidelines and additional acupuncture point combinations Contains further analysis of acupuncture point actions Innovative guidelines aid students learning Chinese Medicine patterns

### **More Than Acupuncture**

The stroke is the third leading cause of death and disability across the globe. We have evolved from a sense of frustration and helplessness to proactive and effective management in the hyperacute and acute phase of a stroke. The aim is to salvage the ischemic brain and turn it again into a viable and functional one. Advances in imaging and newer therapeutic strategies of this devastating illness have changed our outlook. The modern management of an ischemic stroke involves intravenous thrombolysis within a window period of four and half hours. Endovascular management with newer stent retrievers has a higher rate of recanalization with an extended therapeutic window. A new era has emerged in the management of ischemic stroke treatment. This book, written by experts, aims to improve the understanding of stroke medicine for postgraduate medical students in medicine and neurology who have an interest in stroke care.

### **The Theory of Chinese Medicine**

This book is an introduction to diagnosis and treatment through looking at the tongue. Modern tongue diagnostics combines traditional Chinese medical tongue diagnostics with bio-holographic theory, using the holographic reflections on the tongue to diagnose disease, thereby improving the accuracy of the diagnosis in terms of what and where the illness is. This book introduces in detail the theory of the tongue midline as well as the positions where various organs are reflected on the tongue, as well as the appearances of the tongue corresponding to various pathological changes in these organs. This book is the first to publicize the author's many patented tongue diagnosis images, such as the panoramic hologram image which for the first time revealed the position and posture of the human body as it appears holographically on the tongue, the head and neck gland distribution image, the head and facial features map, and more. The author, aided by the experiences of previous scholars, discovered the position and posture of the human body as it appears holographically on the tongue. The holographic state of the human body as it appears on the tongue is in a prone position, that is, the head area is reflected at the tip of the tongue with the face facing forward, the legs and buttocks are reflected at the back of the tongue, and the four limbs are reflected in a bent position on the two sides of the tongue. The author has discovered how the glands of the head and neck are mapped on the tongue, especially the map of the thyroid gland on the tongue, refuting the common belief about how the thyroid gland is reflected on the tongue. Contrary to common belief, the thyroid gland is not reflected on the two sides of the cervical vertebrae reflection area on the tongue, but instead is on the two sides of the upper jiao area (the upper third of the tongue). The author has determined the areas of the tongue

where various organs are reflected, as well as the changes in tongue appearance corresponding to the diseases in these organs. For example, heart disease is often reflected on the tongue as cracks or sunken areas in the heart reflection area of the tongue. In many years of clinical experience using tongue diagnostics, I have attempted to combine tongue diagnostics with herbal medicine and acupuncture, and have attained significant improvements in clinical efficacy, and have created a shortcut for accelerating diagnosis and improving efficacy. This book will mainly introduce diagnosis and differentiation based on the tongue with some case study.

### **The Psyche in Chinese Medicine**

This textbook on diagnosis in Chinese medicine is unique in its clarity and accessibility. Divided into two sections, it is a comprehensive diagnostic manual. The first section explains how to collect and collate the information required to formulate a diagnosis and is divided into four approaches: visual, palpation, interrogation and listening/smelling. The second section describes the various diagnostic models in Chinese medicine, including The Eight Principles; zangfu organ pattern; the Six stages, four levels and san jiao; the twelve regular channels and eight extraordinary vessels; and the Five Phases.

### **Diagnosis in Chinese Medicine - E-Book**

A favorite for first year acupuncture and TCM students because it covers the essential knowledge of the channels and collaterals and the characteristics of the channel system, providing descriptives that include the key points, pathway, associated organs and points, physiology, pathology, clinical applications, and divergent, teninomuscular, and collateral channels.

### **The Practice of Chinese Medicine**

This illustrated history is a comprehensive introduction to Chinese healing practices across time and cultures. Global contributions from 58 scholars in archaeology, history, anthropology, religion, and medicine make this a vital resource for those working in East Asian or world history, medical history, anthropology, biomedicine, and healing arts.

### **The Foundations of Chinese Medicine E-Book**

Part I: Diagnosis by Observation Section 1: Observation of the Body, Mind and Complexion 1. OBservation Of The Body Shape, Physique And Demeanor 2. OBservation Of The Mind, Spirit And Emotion 3. OBservation Of The Complexion Color 4. OBservation Of Body Movements Section 2: Parts of the Body 5. OBservation Of Head, Face And Hair 6. OBservation Of The Eyes 7. OBservation Of The Nose 8. OBservation Of Lips, Mouth, Palate, Teeth, Gums And Philtrum 9. OBservation Of The Ears 10. OBservation Of Throat And Neck 11. OBservation Of The Back 12. OBservation Of Women's Breasts 13. OBservation Of The Heartbeat 14. OBservation Of The Hands 15. OBservation Of The Nails 16. OBservation Of The Chest And Abdomen 17. OBservation Of Genitalia 18. OBservation Of The Four Limbs 19. OBservation Of The Legs 20. OBservation Of Excretions 21. OBservation

Of The Skin 22. OBservation In Children Section 3: Tongue Diagnosis 23. TONgue Diagnosis 24. TONgue-Body Color 25. TONgue Body Shape 26. TONgue Coating 27. TONgue Images And Patterns Part II: Diagnosis by Interrogation 28. INtroduction 29. PAin 30. FOod And Taste 31. STools And Urine 32. THirst And Drink 33. ENergy Levels 34. HEAd 35. FAce 36. THroat And Neck 37. BOdy 38. CHEst And Abdomen 39. LImbS 40. SLeeP 41. SWEating 42. EArs And Eyes 43. FEeling Of Cold, Feeling Of Heat And Fever 44. MEntal-Emotional Symptoms 45. SEXual Symptoms 46. WOMen's Symptoms 47. CHildren's Symptoms 48. Diagnosing The Causes Of Disease Part III: Diagnosis by Palpation 49. Diagnosis by Palpation 50. PULse Qualities 51. PALpation Of Parts Of The Body 52. PALpation Of Channels Part IV: Diagnosis by Hearing and Smelling 53. Diagnosis By Hearing 54. Diagnosis By Smelling Part V: Symptoms and Signs Section 1: Symptoms and Signs of Parts of the Body 55. HEAd And Face 56. FAce Color 57. EArs 58. NOse 59. THroat 60. MOUTH, Tongue, Teeth, Gums, Lips, Palate And Philtrum 61. EYES 62. NEck, Shoulders And Upper Back 63. CHEst 64. LImbS 65. ARms 66. LEgs 67. LOwer Back 68. BOdy 69. DIgestive System And Taste 70. THirst And Drink 71. ABdomen 72. DEfecation 73. URination 74. ANus 75. MEN's Sexual And Genital Symptoms 76. SWEating 77. SKin Signs 78. EMotional Symptoms 79. MEntal And Emotional Symptoms 80. MEntal Difficulties 81. SLeeP 82. FEeling Of Cold, Feeling Of Heat, Fever 83. VOice, Speech And Sounds Section 2: Gynecological Symptoms and Signs 84. MENstrual Symptoms 85. PROblems At Period Time 86. PROblems Of Pregnancy 87. PROblems After Childbirth 88. BREast Signs 89. MIscellaneous Gynecological Symptoms Section 3: Pediatric Symptoms and Signs 90. CHildren's Problems Part VI: Identification of Internal Organ Patterns 91. HEArt 92. SPLeen 93. LIver 94. LUngS 95. KIldneys 96. SMAll Intestine 97. STomach 98. GAll-Bladder 99. LARge Intestine 100. BLadder Appendices Appendix 1: Case Histories Appendix 2: Prescriptions Appendix 3: History of Diagnosis in Chinese Medicine Glossary Bibliography Chinese Chronology

## Acupuncture

This contributed volume explores how data mining, machine learning, and similar statistical techniques can analyze the types of problems arising from Traditional Chinese Medicine (TCM) research. The book focuses on the study of clinical data and the analysis of herbal data. Challenges addressed include diagnosis, prescription analysis, ingredient discoveries, network based mechanism deciphering, pattern-activity relationships, and medical informatics. Each author demonstrates how they made use of machine learning, data mining, statistics and other analytic techniques to resolve their research challenges, how successful if these techniques were applied, any insight noted and how these insights define the most appropriate future work to be carried out. Readers are given an opportunity to understand the complexity of diagnosis and treatment decision, the difficulty of modeling of efficacy in terms of herbs, the identification of constituent compounds in an herb, the relationship between these compounds and biological outcome so that evidence-based predictions can be made. Drawing on a wide range of experienced contributors, Data Analytics for Traditional Chinese Medicine Research is a valuable reference for professionals and researchers working in health informatics and data mining. The techniques are also useful for biostatisticians and health practitioners interested in traditional medicine and data analytics.

## **Atlas of Chinese Tongue Diagnosis**

Metabolomics: Fundamentals and Applications authoritatively presents the basic principles and applications of metabolomics. Topics covered in this book range from the analysis of metabolites from different biological sources and their data processing and statistical analysis. This book serves as a basic guide for a wide range of audiences from less familiar with metabolomics techniques to more experienced researchers seeking to understand complex biological systems from the systems biology approach.

## **The Treatment of Pain with Chinese Herbs and Acupuncture E-Book**

The Essentials of Chinese Medicine is a text book intended for international students who wish to gain a basic understanding of Chinese Medicine (CM) at the university level. The idea of writing such a text was originated from the Sino-American Consortium for the Advancement of Chinese Medicine (SACACM), which was founded in February 2000. In 1995, the British Hong Kong Administration set up a Preparatory Committee for the Development of Chinese Medicine to look into ways of bringing Chinese medical practice and herbal trade under proper control and regulation. After the reunification of Hong Kong with mainland China in 1997, the Government of the Hong Kong Special Administrative Region continued the efforts to uplift the practice of CM to a fully professional level through legislation. To help bring up a new generation of professional CM practitioners, the Hong Kong Baptist University (HKBU) obtained approval from the Government's university funding authority to develop a School of Chinese Medicine to prepare students who will meet the future professional requirements through public examinations. In order to establish itself quickly as a rigorous provider of university level CM education, HKBU sought alliance with eight major CM universities in the Chinese Mainland, and one US university which was interested in developing CM education within its medical college. As a result, the Consortium known as SACACM was formed, with ten founding institutions from Beijing, Shanghai, Nanjing, Shandong, Guangzhou, Chengdu, Heilongjiang, Hong Kong, and the United States.

## **Classical Chinese Medicine**

This exciting new book, Pulse Diagnosis: A Clinical Guide describes a reliable method of pulse assessment. The authors' style and approach to pulse diagnosis provides a unique insight into this often ambiguous system of diagnosis drawing upon the traditions of Chinese medicine, the knowledge of biomedical constructs and the relationship of each to contemporary TCM clinical practice. Subjects covered include exploration of the concept of 'pulse' and establishment of it within the context of health, current limitations of current pulse literature in relation to clinical practice, pulse diagnosis within contemporary TCM clinical practice and pulse taking procedures.

## **Treatment of Infertility with Chinese Medicine E-Book**

Traumatic brain injury (TBI) syndrome has emerged as a serious health concern

worldwide due to the severity of outcomes and growing socioeconomic impacts of the diseases, e.g., high cost of long-term medical care and loss of quality of life. This book focuses on the TBI pathobiology as well as on the recent developments in advanced diagnostics and acute management. The presented topics encompass personal experience and visions of the chapter contributors as well as an extensive analysis of the TBI literature. The book is addressed to a broad audience of readers from students to practicing clinicians.

### **Eye Diagnosis in Chinese Medicine**

As the world's most comprehensive and deeply researched system of alternative and complementary medicine, Chinese medicine enjoys a large following in scientifically developed communities. Yet its concepts and principles have been shrouded in mystery and obscure language. This path-breaking book strips this ancient science of its mystique and metaphysical pretensions and interprets it to strike common ground with biomedical science. Concepts like qi and meridians are interpreted not as physical entities, but as constructs to facilitate diagnosis and therapy using heuristic models. Written for medical professionals, philosophers of medicine and discerning readers interested in holistic therapies, the book offers a unique perspective of Chinese medicine in an advanced biomedical world. It has practical chapters on cardiovascular disease, irritable bowel syndrome and cancer, and a compilation of Chinese herbs. This second edition of the acclaimed Theory of Chinese Medicine has new material on chronic diseases and the intriguing possible convergence of biomedicine and TCM. Contents: The Origins and Nature of Chinese Medicine Chinese and Western Medicine: Never the Twain Shall Meet? The Causes of Disease The Fundamental Ingredients of Life Organ and Meridian Systems Methods of Diagnosis and Therapy Treating Illness: Herbs and Other Therapies Scientific Evidence for TCM Cultural Factors in Placebo Effects Treatment of Chronic Illnesses Chinese Medicine: Reinterpretation and Future Direction Readership: Medical professionals, both Western medical doctors and TCM practitioners; librarians of TCM professional associations and teaching institutes; scholars interested in the theoretical basis for Chinese medicine, and the informed general reader seeking to understand the rationale and applicability of Chinese medical therapies to enhance their health. Keywords: Chinese Medicine; Epistemology; Evidence Reviews: "Despite its efficacy in treating ailments (for some of which Western medicine offers no cure), traditional Chinese medicine (TCM) continues to be regarded with skepticism in the West. To a large extent, this is due to the fact that TCM practitioners have been unable to explain TCM theories using Western scientific categories. A TCM physician who was also trained in the philosophy of science at Cambridge and the London School of Economics, Hong Hai offers a fresh and at times iconoclastic interpretation of Chinese medicine. This is without doubt the most important contribution to the field in the modern era. At last, Chinese medicine makes sense. Surprisingly accessible, this work is a must read for doctors East and West." Michael Tai, PhD (Cambridge) Research Associate Cambridge University "This is a book which should not be missed by anyone with an interest in Chinese medicine." Emeritus Professor Donald Gillies Dept of Science and Technology Studies University College, London "A fascinating book with special implications for medical professionals evaluating TCM as a genuine science and therapeutic armamentaria." The American Journal of Chinese Medicine "I enjoyed reading the book and applaud the seriousness with which the author tackles the

difficult problem of evaluating TCM and his recognition of the amount of work that still has to be done." Professor Sir Geoffrey Lloyd Needham Research Institute Cambridge University "A scientific, historical, philosophical and at times unconventional interpretation of TCM. It is a refreshing read and highly recommended to anyone who wishes to explore and understand TCM better in order to improve and maintain one's health." Dr Koh Hwee Ling Associate Professor Department of Pharmacy National University of Singapore "The core of this book deals with the epistemological issues concerning the scientific status of medical conjectures in Traditional Chinese Medicine, very intelligently written and bringing to bear a great deal of common sense and good philosophy. There is much that is highly original in it." Peter J Clark Professor Philosophy University of St Andrews "Lucid, brilliant explanation of the terminology and principles of TCM and its approach to the management of syndromes. This is a book that anyone with even the slightest interest in complementary medicine should read." Dr Teoh Eng Soon MBBS, MD, FRCOG, FACS Gynecologist and former lecturer NUS Medical School "Approaching the theories of traditional Chinese medicine from the perspectives of the contemporary philosophy of science, this book is an important contribution to both of these two fields. It has expanded the intellectual horizons to better understand traditional Chinese medicine." Jing-Bao Nie, BMed, MMed, MA, PhD Bioethics Centre University of Otago

### **Pulse Diagnosis E-Book**

The second edition of this popular text systematically addresses all aspects of treatment of infertility using Chinese medicine. Clinically focused and with a new easy-to-navigate design, the book begins by covering all the essential fundamentals you will need to understand and treat infertility, before going on to look at what Chinese medicine offers in the way of treatment for functional infertility in men and women, gynecological disorders which contribute to infertility and relevant lifestyle factors. Jane Lyttleton importantly devotes a large part of the book to discussing ways in which Chinese medicine and Western medicine might work together to overcome infertility, and details the increased experience over the past decade in working with IVF patients and their specialists. Leaps forward have also been made in the understanding of conditions such as Polycystic ovarian syndrome and immune infertility. New Features · Greatly expanded section on the place of Chinese medicine and IVF in treatment of infertility · New information on Polycystic ovarian disease and immune infertility and how Chinese medicine approaches their treatment · Updated and balanced advice on pre-conception care · Clinically focused, with easy-to-navigate design Detailed and clear Chinese medicine treatment strategies are described. Information on reproductive biology and Western physiology are included to provide an understanding of the complexity of a patient's symptoms and conditions. Western treatment options that may impact Chinese medicine treatment are described, along with details about how these two perspectives can work together. Clinical approaches to supporting the early stages of a pregnancy and preventing miscarriage are included. Advice is offered on pre-conception help and the optimum diet and lifestyle choices for preparing for a pregnancy. The author is a well-known specialist in this field.

### **Chinese Medicine and Healing**

This new edition of *The Treatment of Pain with Chinese Herbs and Acupuncture* gives a thorough and analytical review of the diagnosis and treatment options for pain, using acupuncture with Chinese herbal medicine. Based on the clinical experience of the author and supported by that of acupuncturists in Chinese universities, it offers a comprehensive and detailed set of treatments for a wide variety of pain symptoms and conditions, and includes detailed modifications of the treatments, to aid clinical practice. Although pain syndromes are often complicated, involving both psychological and physical difficulties, resulting in sometimes hesitation in deciding a correct treatment, there are still some short-cut ways to achieve a successful result. Therefore, the essential intentions of the authors are very clear: To demonstrate the practitioners how to differentiate the clinical situations and how to establish the corresponding treatments. To illustrate how to apply Chinese herbs logically and how to consist an acupuncture prescription reasonably and effectively.

Features - Thorough exploration of the aetiologies and pathologies for pain in the context of Traditional Chinese Medicine - Clear discussion of the principles of treatment, acupuncture point selection and combination - Detailed explanation of herbal and acupuncture treatments for common and complex pain conditions - Deals comprehensively with the commonest clinical presenting symptoms - Provides treatment plans and modifications to these plans, offering more options for the practitioner - Includes detailed and useful case histories

New to this edition: New chapter on treatment of pain in children Separate sections for the gynecologic conditions Includes Western-named conditions Red Flags for practitioners to indicate situations which are potentially life-threatening or dangerous Suggested treatments now include acupuncture as well as herbal treatments Following on from each treatment a prognosis is now provided

### **Metabolomics**

Tongue diagnosis is a vital instrument used in Chinese medicine both to assess the current health of a patient and to provide a basis for prognosis. It also informs the practitioner about the underlying strength or weakness of the patient's constitution. This new (2nd) edition of *Atlas of Chinese Tongue Diagnosis* contains over two hundred color photographs of tongues seen in a Western clinic. The photos provide a graphic representation of a wide variety of common disorders. Each photograph is accompanied by a description of the significant features of the tongue, the corresponding Chinese diagnosis for each feature, accompanying symptoms, Western diagnosis, and pertinent background information. The sequence of the photos within a chapter shows the increasing degree of imbalance among the body's energies. The presentation of the tongues is organized according to the nature of the underlying organ disharmony: Lungs, Spleen, Stomach, Kidney, Heart, Liver. Other chapters focus on particular aspects of the tongue such as pale tongues, cracked tongues, special coatings, as well as those associated with heat disorders and blood stasis. A final chapter surveys several cases that reflect how the tongue changed over the course of treatment, with before and after photographs. This systematic presentation provides the student and practitioner with a much deeper understanding of the methodology of tongue diagnosis in Chinese medicine. This second edition of the *Atlas* combines and reconfigures the content of the two volumes in the original edition into one new, integrated volume.

The new edition retains most of the photos from the first volume and a number of case histories from the second. A few new photos that are particularly good examples of specific tongue colors or other signs have also been added. At the same time, some of the photos and case histories in the original volumes have been discarded to enhance the readability of the book and thus make it more useful as a single volume reference work. An extensive and detailed index provides access to virtually every aspect of the hundreds of tongues presented in this atlas, and their interrelationships.

### **Diagnosis in Chinese Medicine**

Acupuncture has become more popular in recent years because it can help many patients who have not found relief through conventional medicine. As people have become more aware of acupuncture, they have lots of questions about how and why it works. This book attempts to answer the most frequent questions our own patients have asked during their visits. A better understanding of acupuncture can help patients cooperate with their acupuncturist for faster improvement of their illness. And because acupuncture is only a branch of traditional Chinese medicine (TCM), we also introduce other aspects of Chinese medicine in this book, including herbal therapy, cupping, bleeding, folk therapy, and more. The information of this book is based on the author's own understanding about Chinese medicine and goes far beyond the scope of the standard Chinese medicine textbooks. Therefore, professional acupuncturists will also find it useful to expand their own knowledge about Chinese medicine.

### **Diagnosis in Traditional Chinese Medicine**

This pioneering book unites both western and traditional Chinese medicine to present a step-by-step methodology for evaluating and treating depression with acupuncture. Using research-oriented trials, it addresses fundamental issues in acupuncture research and offers guidelines for the design of acupuncture treatment studies. Provides guidelines for developing appropriate treatment principles, and selecting and combining the correct acupuncture points Offers clinical guidelines for treating people with depression, including dealing with acute symptoms, assessing the risk of suicide, and when to make a prompt referral Presents case histories, both successfully and unsuccessfully treated Reviews definitions of depression in western psychiatry and psychology, including epidemiology, etiology, differential diagnosis and conventional treatments Describes the causes and progression of depressive symptoms from a Chinese perspective Outlines each specific pattern of imbalance encountered in depression, how to differentiate signs and symptoms according to Traditional Chinese Medicine Gives a comprehensive overview of research issues in acupuncture, outlining advantages and disadvantages of different treatment study design The design and result of the authors' pilot study, funded by the NIH, are given to illustrate a model for acupuncture treatment research.

### **The Healing Power of Chinese Herbs and Medicinal Recipes**

Like its companion volume, *Acupuncture Patterns & Practice*, this book is a

clinically oriented presentation of differential diagnosis and treatment in traditional Chinese medicine. This volume consists of eight series of case studies (40 in all), each focusing on a variety of patterns associated with a common clinical disorder: asthma, facial disorders, poor appetite, abdominal and epigastric pain, abnormal bowel movements, abnormal urination, constraint disorders, hypochondrial and intercostal pain. Each case provides a systematic analysis of the patient's presentation, from the cause and site of the disorder to the underlying theory of the case. The pathogenesis, pattern of disease, treatment principle, and modalities of treatment (including both herbs and acupuncture) are described in illuminating detail. The authors, themselves both clinicians, then pose a number of questions that are likely to confront the practitioner. More than a hundred charts organize and present in graphic form what is explained in the text. Each chapter concludes with a diagnostic overview or "tree" that summarizes the process of differential diagnosis for the patterns associated with that disorder. *Patterns & Practice in Chinese Medicine* will be of particular value to the developing practitioner, as well as the student who is making the transition from the classroom to the clinic.

### **Patterns and Practice in Chinese Medicine**

This translation of the original Chinese text provides a guide to clinical examination and differential diagnosis in traditional Chinese medicine. It examines the diagnostic method used in traditional Chinese medicine and relates it to T CM syndromes. Colour plates illuminate key diagnostic signs.

### **Pulse Diagnosis in Early Chinese Medicine**

Emotional trauma can upset the harmony of the body and reduce the body's ability to heal and regulate itself. Once the traumas are identified and treated, the body will function at an optimum level and will respond to treatments for other conditions present. This book integrates the multi-diagnostic and treatment methods existing in Chinese medicine, and contains diagnostics such as facial, pulse, tongue, and channel palpation diagnosis. Treatments include acupuncture, Chinese herbal formulas, qigong, shamanic drumming, and lifestyle and nutritional recommendations. Many types of emotional traumas and their manifestations are presented, including fear, anxiety, panic attacks, PTSD, depression, mood swings, insomnia and sensory organ impairment. How to prevent future emotional trauma will be discussed, and case studies are included to show the application of theory in practice.

### **Acupuncture in the Treatment of Depression**

A foremost Western expert on Chinese Medicine demonstrates how acupuncture and Chinese herbs are used in everyday clinical practice. He integrates extensive research with abundant direct clinical experience.

### **Fundamentals of Chinese Fingernail Image Diagnosis (FID)**

Acting as a bridge between the basic theory of Chinese medicine (CM) and various clinical subjects, *Diagnostics in Chinese Medicine* can be regarded as a core

subject in understanding the concept of CM. Based on the national textbooks of CM in China, Diagnostics in Chinese Medicine is written combined with the National Standard and Quality Course given by Professor Chen Jiaxu at Beijing University of CM. According to Professor Chen's long-standing high academic profile and clinical practice, figures and tables are presented clearly to intensify understanding and comprehension. We are sorry that the DVD content are not included.

### **The Art and Practice of Diagnosis in Chinese Medicine**

THE PSYCHE IN CHINESE MEDICINE comprehensively discusses the treatment of mental-emotional disorders with both acupuncture and herbal medicine. Suitable for practitioners and students of Chinese medicine it discusses first the aetiology, pathology and diagnosis of mental disorders. It explores the nature of the Mind (Shen), Ethereal Soul (Hun), Corporeal Soul (Po), Intellect (Yi) and Will-Power (Zhi) and then presents the diagnosis and treatment of the most common psychological disorders with both acupuncture and Chinese herbs in detail. Specific chapters focus on the treatment of common conditions including depression, anxiety, insomnia, panic attacks, bipolar disorder and Attention Deficit Hyperactivity Disorder. Each condition is illustrated with case histories from the author's 35 years-long practice. Comprehensive discussion of the nature of the Shen, Hun, Po, Yi and Zhi in Chinese medicine The first detailed description of the nature and functions of the Hun (Ethereal Soul) and how that relates to conditions such as depression, bipolar disorders and Attention Deficit Hyperactivity Disorder An entire chapter dedicated to the functions of acupuncture points in the treatment of mental-emotional disorders Case studies that offer realistic insights and understanding to the range of diagnostic and treatment choices the practitioner can make Attractive 2-colour page layout gives easy access and navigation around the text

### **Traumatic Brain Injury**

A modern reference guide on the benefits of incorporating traditional Chinese medicine into modern-day therapies! The Healing Power of Chinese Herbs and Medicinal Recipes is an easy-to-follow introduction to the history of traditional Chinese phytomedicine. This useful guide clearly explains the basics of this unique medical system and describes in detail the therapeutic properties and use of medicinal herbs and herbal recipes. The book includes a bibliography, glossary, contact information for herbal dealers and Oriental medicine schools, and an indexed list of 300 commonly used Chinese medicinal herbs and 245 herbal recipes. In The Healing Power of Chinese Herbs and Medicinal Recipes, you will find the fundamentals, evolution, and development of the herbal formulas of the 4,000-year-old Oriental Materia Medica, also known as ben cao. The book contains 11 sections documenting the therapeutic applications, dosages, precautions, and modern research findings of 138 of the most popular medicinal herbs. In addition, this resource provides 101 of the most frequently prescribed master recipes by famous ancient physicians, including their origin, ingredients, actions, indications, and modern clinical uses. The Healing Power of Chinese Herbs and Medicinal Recipes offers an in-depth education on: tonic herbs herbs that adjust the yin and yang of the body herbs that invigorate circulation of vital energy, qi, and blood herbal tranquilizers herbal diaphoretics herbal expectorants, antitussives, and

antiasthmatics herbal pain killers herbs which regulate digestion and elimination herbal diuretics herbal antipyretics, antimicrobials, and detoxicants antitumor herbs The Healing Power of Chinese Herbs and Medicinal Recipes provides up-to-date information on the effectiveness of traditional Chinese medicine, as well as how to use Chinese medicinal herbs in conjunction with Western conventions. This comprehensive reference will benefit healthcare practitioners who want to include Oriental medicine in their practice, and anyone who is interested in Chinese herbs or patients for whom conventional medicine has offered no relief.

## **Navigating the Channels of Traditional Chinese Medicine**

This exciting new edition covers the theory of traditional Chinese medicine and acupuncture, and discusses in detail the function of the acupuncture points and principles of treatment.

## **Practical Diagnosis in Traditional Chinese Medicine**

This book is organized around the 'four pillars' of TCM diagnosis: inspection, inquiry, listening and smelling, and palpation. In this text, each aspect is explained in a clear and systematic manner, with generous use of tables and illustrations. This is followed by a series of review questions for deeper understanding. A comprehensive self-examination consisting of 200 multiple choice questions, with a separate key to the answers, tests the reader's understanding of the important points of each aspect of diagnosis. These questions, many of which are presented in case study format, will help students prepare for the board exams.

## **Data Analytics for Traditional Chinese Medicine Research**

A favorite for first year acupuncture and TCM students because it covers the essential knowledge of the channels and collaterals and the characteristics of the channel system, providing descriptives that include the key points, pathway, associated organs and points, physiology, pathology, clinical applications, and divergent, teninomuscular, and collateral channels.

## **Integrating Conventional and Chinese Medicine in Cancer Care**

## **Principles of Chinese Medicine**

A study of the earliest extensive account of Chinese pulse diagnosis, focusing on a biography of Chunyu Yi.

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