

# Get Remarkably Organised

Spies in the HimalayasRemarkabilityDo FlyAll that RemainsDefying HitlerPrinciplesEndgameSmart WorkGet Remarkably OrganisedHow to Get Things Done Without Trying Too Hard 2eTheories and Practices of DevelopmentThe Selfish GeneA Book of Remarkable CriminalsRoman Syria and the Near EastBrave New WorkSuleiman the MagnificentEmotion alintelligenceandmarketingVenice's Secret ServiceMilitarised Responses to Transnational Organised CrimeThe Wisdom of CrowdsWork CleanCrime in ProgressThe Pedagogy of PathologizationWe Have a DealAgainst PurityThe Contagious CommandmentsFrom Neurons to NeighborhoodsThe Family Butterfly BookBaby, You're RemarkableAnxiety and PanicAthabascaOrganizing for Success, Second EditionBlood BrothersDynamics Beyond Uniform HyperbolicityIntroducing Interpreting StudiesGet Remarkably OrganisedLow Tox LifeOrganized Labour and Politics in MexicoThe WakeDesigning Interfaces

## Spies in the Himalayas

Analyzing the changes, continuities, and contradictions characterizing labor politics in Mexico, this book provides an assessment of organized labor's role in contemporary Latin America.

## Remarkability

Organise your way to renewed focus and calm Smart Work is the busy professional's guide to getting organised in the digital workplace. Are you drowning in constant emails, phone calls, paperwork, interruptions and meeting actions? This book throws you a lifeline by showing you how to take advantage of your digital tools to reprioritise, refocus and get back to doing the important work. You may already have the latest technology, but if you're still swamped, you're not using it to your advantage. This useful guide shows you how to leverage the technology you have to centralise your work into one integrated tool. You'll develop a simple and sustainable productivity system to organise your actions, manage your inputs and achieve your outcomes. The highly visual nature of the book helps you quickly grasp the ideas you need most. Like most professionals, you want to do great work and achieve great things. But when half your day is spent on emails, phone calls and 'extra' duties, you rarely get a chance to shine. This book changes that. Get back in control so you can start performing like a star. Get organised, focused and proactive Conquer the daily incoming deluge Spend more time on important work Leverage your desktop and mobile technology When work is coming at you from every direction, it's difficult to focus and prioritise. Things get lost in the shuffle. But when you channel everything into a single stream, you settle into a flow and get more accomplished in less time. Smart Work is your guide to finding your flow— and the bottom of your inbox.

### **Do Fly**

## **All that Remains**

The first organizational book inspired by the culinary world, taking mise-en-place outside the kitchen. Every day, chefs across the globe churn out enormous amounts of high-quality work with efficiency using a system called mise-en-place--a French culinary term that means “putting in place” and signifies an entire lifestyle of readiness and engagement. In *Work Clean*, Dan Charnas reveals how to apply mise-en-place outside the kitchen, in any kind of work. Culled from dozens of interviews with culinary professionals and executives, including world-renowned chefs like Thomas Keller and Alfred Portale, this essential guide offers a simple system to focus your actions and accomplish your work. Charnas spells out the 10 major principles of mise-en-place for chefs and non chefs alike: (1) planning is prime; (2) arranging spaces and perfecting movements; (3) cleaning as you go; (4) making first moves; (5) finishing actions; (6) slowing down to speed up; (7) call and callback; (8) open ears and eyes; (9) inspect and correct; (10) total utilization. This journey into the world of chefs and cooks shows you how each principle works in the kitchen, office, home, and virtually any other setting.

## **Defying Hitler**

Presents the life and accomplishments of the American chess champion, tracing his struggles with fame and mental illness and offering insight into the sources of his rebellion against his faith and other

contradictory aspects about his character.

### **Principles**

Provides information on designing easy-to-use interfaces.

### **Endgame**

#1 NEW YORK TIMES BESTSELLER • “I’ve read kind of all the books on this subject . . . and this is the one you want to read.”—Rachel Maddow Before Ukraine, before impeachment: This is the never-before-told inside story of the high-stakes, four-year-long investigation into Donald Trump’s Russia ties—culminating in the Steele dossier, and sparking the Mueller report—from the founders of political opposition research company Fusion GPS. Fusion GPS was founded in 2010 by Glenn Simpson and Peter Fritsch, two former reporters at The Wall Street Journal who decided to abandon the struggling news business and use their reporting skills to conduct open-source investigations for businesses and law firms—and opposition research for political candidates. In the fall of 2015, they were hired to look into the finances of Donald Trump. What began as a march through a mind-boggling trove of lawsuits, bankruptcies, and sketchy overseas projects soon took a darker turn: The deeper Fusion dug, the more it began to notice names that Simpson and Fritsch had come across during their days covering Russian corruption—and the clearer it became that the focus of Fusion’s research going forward would be Trump’s

entanglements with Russia. To help them make sense of what they were seeing, Simpson and Fritsch engaged the services of a former British intelligence agent and Russia expert named Christopher Steele. He would produce a series of memos—which collectively became known as the Steele dossier—that raised deeply alarming questions about the nature of Trump’s ties to a hostile foreign power. Those memos made their way to U.S. intelligence agencies, and then to President Barack Obama and President-elect Trump. On January 10, 2017, the Steele dossier broke into public view, and the Trump-Russia story reached escape velocity. At the time, Fusion GPS was just a ten-person consulting firm tucked away above a Starbucks near Dupont Circle, but it would soon be thrust into the center of the biggest news story on the planet—a story that would lead to accusations of witch hunts, a relentless campaign of persecution by congressional Republicans, bizarre conspiracy theories, lawsuits by Russian oligarchs, and the Mueller report. In *Crime in Progress*, Simpson and Fritsch tell their story for the first time—a tale of the high-stakes pursuit of one of the biggest, most important stories of our time—no matter the costs.

### **Smart Work**

Contagion may alarm doctors but marketers thrive on it. Some concepts are so compelling you have to share them. But what makes an idea so infectious you can't keep it to yourself? And how can brands produce these kinds of ideas intentionally rather than by chance? *Contagious*, the globally renowned

intelligence resource for the marketing industry, is dedicated to identifying and interrogating the world's most exceptional creative trends. And in *The Contagious Commandments*, Paul Kemp-Robertson and Chris Barth condense this valuable research into ten strategic takeaways for your own marketing revolution. Taking inspiration from disruptive campaigns from the likes of Patagonia, Nike, Safaricom, BrewDog, LEGO, Kenco, and dozens more, *The Contagious Commandments* explores how companies fuse creativity, technology and behavioural psychology to achieve truly original marketing ideas that have a positive impact on society and profits - and how your brand can too.

## **Get Remarkably Organised**

Table of contents

## **How to Get Things Done Without Trying Too Hard 2e**

What is Dynamics about? In broad terms, the goal of Dynamics is to describe the long term evolution of systems for which an "infinitesimal" evolution rule is known. Examples and applications arise from all branches of science and technology, like physics, chemistry, economics, ecology, communications, biology, computer science, or meteorology, to mention just a few. These systems have in common the fact that each possible state may be described by a finite (or infinite) number of observable quantities, like position, velocity, temperature, concentration,

population density, and the like. Thus, in the space of states (phase space) is a subset  $M$  of an Euclidean space  $M$ . Usually, there are some constraints between these quantities: for instance, for ideal gases pressure times volume must be proportional to temperature. Then the space  $M$  is often a manifold, an  $n$ -dimensional surface for some  $n$ .

## Theories and Practices of Development

SHORTLISTED FOR 'BEST COMMUTER READ', CMI MANAGEMENT BOOK OF THE YEAR 2017 How do you ask for a promotion, deliver tough news to clients, or secure investment for your new business? The answer is negotiation. It is the most important skill you can develop to get what you want in business and life. No matter how much experience you've got, *We Have a Deal* can help you to improve your negotiation skill - developing an awareness of your habits and abilities, recognising what's really going on in a deal, and building a flexible approach that is confident and appropriate to each situation. Negotiation expert Natalie Reynolds moves beyond the old-fashioned rules of deal making to explore why people react the way they do in certain situations and how can we use that knowledge to get a good deal. Her five-step DEALS method has helped individuals and organisations to excel at all kinds of negotiation, from clinching a pay rise to resolving disputes, from developing partnerships to shaking hands on multi-million dollar deals. *We Have a Deal* will help you to overcome obstacles, work with different personalities and in varied cultures, and develop an intelligent and

flexible approach will empower you to get the best deal, every time.

### **The Selfish Gene**

How we raise young children is one of today's most highly personalized and sharply politicized issues, in part because each of us can claim some level of "expertise." The debate has intensified as discoveries about our development-in the womb and in the first months and years-have reached the popular media. How can we use our burgeoning knowledge to assure the well-being of all young children, for their own sake as well as for the sake of our nation? Drawing from new findings, this book presents important conclusions about nature-versus-nurture, the impact of being born into a working family, the effect of politics on programs for children, the costs and benefits of intervention, and other issues. The committee issues a series of challenges to decision makers regarding the quality of child care, issues of racial and ethnic diversity, the integration of children's cognitive and emotional development, and more. Authoritative yet accessible, *From Neurons to Neighborhoods* presents the evidence about "brain wiring" and how kids learn to speak, think, and regulate their behavior. It examines the effect of the climate-family, child care, community-within which the child grows.

### **A Book of Remarkable Criminals**

This book discusses how businesses and marketers

can deploy emotional intelligence as a marketing tool to co-produce service for enhancing customer experience and to co-create value for key stakeholders in the digitalised and service-dominant logic era. Whilst many competing emotional intelligence models are discussed in the literature, the current book will focus on the ability model. This model comprises 2 areas (experiential and strategic emotional intelligence) and four ability scopes (perceive emotions, use emotions, understand emotions and manage emotions). The marketing domains that are deemed relevant and included in this book are services marketing, relationship marketing and digital marketing. The relevant marketing models from these domains will be identified to be integrated with emotional intelligent strategies. Emotional Intelligence makes both employees and customers happy, committed and loyal. Emotional Intelligence makes businesses competitive and sustainable.

### **Roman Syria and the Near East**

Book of the Year, 2018 Saltire Literary Awards A CrimeReads Best True Crime Book of the Month For fans of Caitlin Doughty, Mary Roach, and CSI shows, a renowned forensic scientist on death and mortality. Dame Sue Black is an internationally renowned forensic anthropologist and human anatomist. She has lived her life eye to eye with the Grim Reaper, and she writes vividly about it in this book, which is part primer on the basics of identifying human remains, part frank memoir of a woman whose first

paying job as a schoolgirl was to apprentice in a butcher shop, and part no-nonsense but deeply humane introduction to the reality of death in our lives. It is a treat for CSI junkies, murder mystery and thriller readers, and anyone seeking a clear-eyed guide to a subject that touches us all. Cutting through hype, romanticism, and cliché, she recounts her first dissection; her own first acquaintance with a loved one's death; the mortal remains in her lab and at burial sites as well as scenes of violence, murder, and criminal dismemberment; and about investigating mass fatalities due to war, accident, or natural disaster, such as the 2004 Indian Ocean tsunami. She uses key cases to reveal how forensic science has developed and what her work has taught her about human nature. Acclaimed by bestselling crime writers and fellow scientists alike, *All That Remains* is neither sad nor macabre. While Professor Black tells of tragedy, she also infuses her stories with a wicked sense of humor and much common sense.

### **Brave New Work**

Suleiman the Magnificent, most glorious of the Ottoman sultans, kept Europe atremble for nearly half a century. In a few years he led his army as far as the gates of Vienna, made himself master of the Mediterranean and established his court in Baghdad. Faced with this redoubtable champion, who regarded it as his duty to extend the boundaries of Islam farther and farther, the Christian world struggled to unite against him. 'The Shadow of God on Earth', but also an expert politician and all-powerful despot,

Suleiman ruled the state firmly with the help of his viziers. He extended the borders of the empire beyond what any of the Ottoman sultans had achieved, yet it is primarily as a lawgiver that he is remembered in Turkish history. His empire held dominion over three continents populated by more than thirty million inhabitants, among whom nearly all of the races and religions of mankind were represented. Prospering under a well-directed, authoritarian economy, Suleiman's reign marked the apogee of Ottoman power. City and country alike experienced unprecedented economic and demographic growth. Istanbul was the largest city in the world, enjoying a remarkable renaissance of arts and letters; a mighty capital, it was the seat of the Seraglio and dark intrigue. 'Clot's informed and intelligent study is to be commended Brings back to life a man, an empire and an era.' Digest of Middle East Studies 'Excellent The best book from which to gain an introduction to Suleiman's era.' Middle East Journal

### **Suleiman the Magnificent**

In this clever book, bestselling author Richard Templar delivers a collection of principles, tactics and techniques that will make sure things always get done, without you ever having to break a sweat or stay up into the small hours to do it. These pithy, self-contained ideas are so straightforward that you can even read the book itself without trying too hard

### **Emotionalintelligenceandmarketing**

“This is the management book of the year. Clear, powerful and urgent, it's a must read for anyone who cares about where they work and how they work.”  
—Seth Godin, author of *This is Marketing* “This book is a breath of fresh air. Read it now, and make sure your boss does too.” —Adam Grant, *New York Times* bestselling author of *Give and Take*, *Originals*, and *Option B* with Sheryl Sandberg

When fast-scaling startups and global organizations get stuck, they call Aaron Dignan. In this book, he reveals his proven approach for eliminating red tape, dissolving bureaucracy, and doing the best work of your life. He's found that nearly everyone, from Wall Street to Silicon Valley, points to the same frustrations: lack of trust, bottlenecks in decision making, siloed functions and teams, meeting and email overload, tiresome budgeting, short-term thinking, and more. Is there any hope for a solution? Haven't countless business gurus promised the answer, yet changed almost nothing about the way we work? That's because we fail to recognize that organizations aren't machines to be predicted and controlled. They're complex human systems full of potential waiting to be released. Dignan says you can't fix a team, department, or organization by tinkering around the edges. Over the years, he has helped his clients completely reinvent their operating systems—the fundamental principles and practices that shape their culture—with extraordinary success. Imagine a bank that abandoned traditional budgeting, only to outperform its competition for decades. An appliance manufacturer that divided itself into 2,000 autonomous teams, resulting not in chaos but rapid

growth. A healthcare provider with an HQ of just 50 people supporting over 14,000 people in the field—that is named the “best place to work” year after year.. And even a team that saved \$3 million per year by cancelling one monthly meeting. Their stories may sound improbable, but in *Brave New Work* you’ll learn exactly how they and other organizations are inventing a smarter, healthier, and more effective way to work. Not through top down mandates, but through a groundswell of autonomy, trust, and transparency. Whether you lead a team of ten or ten thousand, improving your operating system is the single most powerful thing you can do. The only question is, are you ready?

### **Venice's Secret Service**

"An enthralling work of popular history that vividly resurrects the web of everyday Germans who resisted Nazi rule"--

### **Militarised Responses to Transnational Organised Crime**

This edited volume examines the use of militarised responses to different forms of criminal activity, discussing the outcomes and unintended consequences. Politicians and policymakers frequently use militarised responses to look tough on crime. The deployment of armies, navies, military assets and militarised approaches can send a powerful message, but have produced mixed results. While they generate the perception that governments

are actively engaged on issues of concern to the public, and in some cases have resulted in notable successes, on the downside they have frequently also increased the loss of life, exacerbated the humanitarian consequences of a particular crime and entrenched divides between security and state institutions and the criminal proponents, narrowing the possibilities for future negotiated solutions. By focusing on four different areas of criminality – wildlife crime, piracy, migration and drug trafficking – the book allows context and evidence-based conclusions to be drawn on the strategic value and commonality of responses and their outcomes.

### **The Wisdom of Crowds**

"A work that is as disturbing as it is empathetic, as beautiful as it is riveting." —Eimear McBride, *New Statesman*

In the aftermath of the Norman Invasion of 1066, William the Conqueror was uncompromising and brutal. English society was broken apart, its systems turned on their head. What is little known is that a fractured network of guerrilla fighters took up arms against the French occupiers. In *The Wake*, a postapocalyptic novel set a thousand years in the past, Paul Kingsnorth brings this dire scenario back to us through the eyes of the unforgettable Buccmaster, a proud landowner bearing witness to the end of his world. Accompanied by a band of like-minded men, Buccmaster is determined to seek revenge on the invaders. But as the men travel across the scorched English landscape, Buccmaster becomes increasingly unhinged by the immensity of his loss, and their path

forward becomes increasingly unclear. Written in what the author describes as "a shadow tongue"—a version of Old English updated so as to be understandable to the modern reader—*The Wake* renders the inner life of an Anglo-Saxon man with an accuracy and immediacy rare in historical fiction. To enter Buccmaster's world is to feel powerfully the sheer strangeness of the past. A tale of lost gods and haunted visions, *The Wake* is both a sensational, gripping story and a major literary achievement.

### **Work Clean**

A guide to creating habitats suitable for butterflies offers advice on growing host and nectar plants, building nets and cages, and caring for and feeding butterflies, and provides identification clues for various species.

### **Crime in Progress**

Be so good they can't ignore you. How to succeed at business and life by one of Australia's leading entrepreneurs and founder of The Remarkables Group. Success isn't made up of huge leaps forward, but instead small repetitive actions completed each day. These small steps eventually lead to great achievements in the pursuit of your goals. This book is an inspiring look at the lessons Lorraine has learned during her entrepreneurship journey - through study, trial and error; the strategies she has developed and the habits she religiously follows. Be remarkable in work and life, following the advice of one of

Australia's most exciting thought leaders.

### **The Pedagogy of Pathologization**

How to be organised in business and in life, by one of Australia's leading entrepreneurs and founder of The Remarkables Group. Is your life chaotic? Are you hungry for advice on how to live calmly, happily and productively? The cornerstone of success at work and at home is being organised and, with Lorraine's help, you can achieve this by forming excellent habits - in a way that's easy and fun, not stressful. This book is an inspiring look at the organisational lessons Lorraine has learned during her entrepreneurship journey - through study, trial and error; the strategies she has developed and the habits she religiously follows. As well as coaching you through specific challenges, you'll discover 14 informative and approachable chapters with guidance on: - The value of routine and habits - Easy decluttering - Tips for planning your week and managing your day - Conquering distractions - The joy of hassle-free outsourcing - Overcoming procrastination - Harmony at home GET REMARKABLY ORGANISED with the advice of one of Australia's most exciting thought leaders. Be so good they can't ignore you. 'I know, like me, you'll find this remarkably life changing.' Bestselling author Sally Obermeder

### **We Have a Deal**

A millennial practice which emerged as a profession only in the twentieth century, interpreting has

recently come into its own as a subject of academic study. This book introduces students, researchers and practitioners to the fast-developing discipline of Interpreting Studies. Written by a leading researcher in the field, *Introducing Interpreting Studies* covers interpreting in all its varied forms, from international conference to community-based settings, in both spoken and signed modalities. The book first guides the reader through the evolution of the field, reviewing influential concepts, models and methodological approaches. It then presents the main areas of research on interpreting, and identifies present and future trends in Interpreting Studies. Featuring chapter summaries, guides to the main points covered, and suggestions for further reading, Franz Pöchhacker's practical and user-friendly textbook is the definitive map of this important and growing discipline. *Introducing Interpreting Studies* gives a comprehensive overview of the field and offers guidance to those undertaking research of their own. The book is complemented by *The Interpreting Studies Reader* (Routledge, 2002), a collection of seminal contributions to research in Interpreting Studies, and by the comprehensive *Routledge Encyclopedia of Interpreting Studies* (Routledge, 2015).

### **Against Purity**

This introductory text explains, and places in an historical context, the development theories behind contemporary debates, such as globalization. The author describes and explains how approaches to

development have changed over time and how approaches vary spatially.

### **The Contagious Commandments**

The nail-biting tale of sabotage set in the desolate frozen wastes of two ice-bound oil fields, from the acclaimed master of action and suspense.

### **From Neurons to Neighborhoods**

The "productivity guru" updates his renowned organizing and time-management program to help workers and managers stay on top of their game in an increasingly changing work environment. About the Book Organizing for Success, Second Edition provides simple, remarkably effective time management technique to help reders get two extra productive hours out of every day. The book uses "The Master List" concept to show readers how to budget their time and energy by the day, week, and month. Readers will learn how to quickly prioritize their goals, complete tasks on time and under budget, and even helps readers plan for the interruptions, urgent emails, and unexpected meetings that will inevitably attack their day. This new edition places heavier emphasis on technology, including advice on how to write, manage and file email more effectively; how to use Lotus Notes and Microsoft Office to streamline the day; and how to use devices like Blackberries and social media as assets and time-savers, rather than as distractions and time sinks. Key Selling Features Zeigler has been recognized as a leader in the time-

management field since 1996; his books have sold over 15,000 copies to date. He speaks at least three times per week to as many as 1,000 people. Companion website will include customizable, downloadable "Master Lists" that readers can print out or export into their pdas, iphones, and work computers. Zeigler's website gets about 1,000 hits a day; he spends approximately \$50,000 per year on Google AdWords and clickthrough advertising. In the last year alone, he has appeared on the Neil Cavuto Show, in the Chicago Tribune, and on MoneyMatters Market / Audience Business professionals and managers, readers of Getting Things Done. About the Author: Kenneth Zeigler (Charlotte, NC) has been recognized as an expert on the subject since developing a time management system for Hertz in 1997. He has been on the cover of Investor's Business Daily and has published numerous articles for such newspapers as The Washington Post, the NY Post, and the Charlotte Observer. Over the years he has advised such clients as Hertz, Toys "R" Us, The Federal Reserve, The Comptroller of the Currency, Hormel, and Fidelity Investments.

### **The Family Butterfly Book**

How to be organised in business and in life, by one of Australia's leading entrepreneurs and founder of The Remarkables Group. Is your life chaotic? Are you hungry for advice on how to live calmly, happily and productively? The cornerstone of success at work and at home is being organised and, with Lorraine's help, you can achieve this by forming excellent habits - in a

way that's easy and fun, not stressful. This book is an inspiring look at the organisational lessons Lorraine has learned during her entrepreneurship journey - through study, trial and error; the strategies she has developed and the habits she religiously follows. As well as coaching you through specific challenges, you'll discover 14 informative and approachable chapters with guidance on: - The value of routine and habits - Easy decluttering - Tips for planning your week and managing your day - Conquering distractions - The joy of hassle-free outsourcing - Overcoming procrastination - Harmony at home GET REMARKABLY ORGANISED with the advice of one of Australia's most exciting thought leaders. Be so good they can't ignore you. 'I know, like me, you'll find this remarkably life changing.' Bestselling author Sally Obermeder

### **Baby, You're Remarkable**

#1 New York Times Bestseller “SignificantThe book is both instructive and surprisingly moving.” —The New York Times Ray Dalio, one of the world’s most successful investors and entrepreneurs, shares the unconventional principles that he’s developed, refined, and used over the past forty years to create unique results in both life and business—and which any person or organization can adopt to help achieve their goals. In 1975, Ray Dalio founded an investment firm, Bridgewater Associates, out of his two-bedroom apartment in New York City. Forty years later, Bridgewater has made more money for its clients than any other hedge fund in history and grown into

the fifth most important private company in the United States, according to Fortune magazine. Dalio himself has been named to Time magazine's list of the 100 most influential people in the world. Along the way, Dalio discovered a set of unique principles that have led to Bridgewater's exceptionally effective culture, which he describes as "an idea meritocracy that strives to achieve meaningful work and meaningful relationships through radical transparency." It is these principles, and not anything special about Dalio—who grew up an ordinary kid in a middle-class Long Island neighborhood—that he believes are the reason behind his success. In *Principles*, Dalio shares what he's learned over the course of his remarkable career. He argues that life, management, economics, and investing can all be systemized into rules and understood like machines. The book's hundreds of practical lessons, which are built around his cornerstones of "radical truth" and "radical transparency," include Dalio laying out the most effective ways for individuals and organizations to make decisions, approach challenges, and build strong teams. He also describes the innovative tools the firm uses to bring an idea meritocracy to life, such as creating "baseball cards" for all employees that distill their strengths and weaknesses, and employing computerized decision-making systems to make believability-weighted decisions. While the book brims with novel ideas for organizations and institutions, *Principles* also offers a clear, straightforward approach to decision-making that Dalio believes anyone can apply, no matter what they're seeking to achieve. Here, from a man who has been called both "the Steve Jobs of investing" and "the philosopher

king of the financial universe” (CIO magazine), is a rare opportunity to gain proven advice unlike anything you’ll find in the conventional business press.

### **Anxiety and Panic**

From pirates singing Ricky Martin to mob hits carried out with samurai swords, Bertil Lintner offers a fascinating look at organized crime in the Asia Pacific. Both Western and Asian pundits assert that shady deals are an Asian way of life. Some argue that corruption and illicit business ventures - gambling, prostitution, drug trafficking, gun running, oil smuggling - are entrenched parts of the Asian value system. Yet many Asian leaders maintain that their cities are safer than Sydney, Amsterdam, New York, and Los Angeles. Making use of expertise gained from twenty years of living in Asia, Lintner exposes the role crime plays in the countries of the Far East. In *Blood Brothers*, he takes you inside the criminal fraternities of Asia, examining these networks and their past histories in order to answer one question: How are civil societies all over the world to be protected from the worst excesses of increasingly globalised mobsters?

### **Athabasca**

The world is in a terrible mess. It is toxic, irradiated, and full of injustice. Aiming to stand aside from the mess can produce a seemingly satisfying self-righteousness in the scant moments we achieve it,

but since it is ultimately impossible, individual purity will always disappoint. Might it be better to understand complexity and, indeed, our own complicity in much of what we think of as bad, as fundamental to our lives? Against Purity argues that the only answer—if we are to have any hope of tackling the past, present, and future of colonialism, disease, pollution, and climate change—is a resounding yes. Proposing a powerful new conception of social movements as custodians for the past and incubators for liberated futures, Against Purity undertakes an analysis that draws on theories of race, disability, gender, and animal ethics as a foundation for an innovative approach to the politics and ethics of responding to systemic problems. Being against purity means that there is no primordial state we can recover, no Eden we have desecrated, no pretoxic body we might uncover through enough chia seeds and kombucha. There is no preracial state we could access, no erasing histories of slavery, forced labor, colonialism, genocide, and their concomitant responsibilities and requirements. There is no food we can eat, clothes we can buy, or energy we can use without deepening our ties to complex webbing of suffering. So, what happens if we start from there? Alexis Shotwell shows the importance of critical memory practices to addressing the full implications of living on colonized land; how activism led to the official reclassification of AIDS; why we might worry about studying amphibians when we try to fight industrial contamination; and that we are all affected by nuclear reactor meltdowns. The slate has never been clean, she reminds us, and we can't wipe off the surface to start fresh—there's no fresh to start. But,

Shotwell argues, hope found in a kind of distributed ethics, in collective activist work, and in speculative fiction writing for gender and disability liberation that opens new futures.

### **Organizing for Success, Second Edition**

Ever stopped to read the list of ingredients in the products you use every day? In *Low Tox Life*, activist and educator Alexx Stuart gently clears a path through the maze of mass-market ingredient cocktails, focusing on four key areas: Body, Home, Food and Mind. Sharing the latest science and advice from experts in each area, Alexx tackles everything from endocrine-disruptors in beauty products to the challenge of going low plastic in a high-plastic world, and how to clean without a hit of harmful toxins. You don't need to be a fulltime homesteader with a cupboard full of organic linens to go low tox. Start small, switching or ditching one nasty at a time, and enjoy the process as a positive one for you and the planet.

### **Blood Brothers**

Venice's Secret Service is the untold and arresting story of the world's earliest centrally-organised state intelligence service. Long before the inception of SIS and the CIA, in the period of the Renaissance, the Republic of Venice had masterminded a remarkable centrally-organised state intelligence organisation that played a pivotal role in the defence of the Venetian empire. Housed in the imposing Doge's

Palace and under the direction of the Council of Ten, the notorious governmental committee that acted as Venice's spy chiefs, this 'proto-modern' organisation served prominent intelligence functions including operations (intelligence and covert action), analysis, cryptography and steganography, cryptanalysis, and even the development of lethal substances. Official informants and amateur spies were shipped across Europe, Anatolia, and Northern Africa, conducting Venice's stealthy intelligence operations. Revealing a plethora of secrets, their keepers, and their seekers, Venice's Secret Service explores the social and managerial processes that enabled their existence and that furnished the foundation for an extraordinary intelligence organisation created by one of the early modern world's most cosmopolitan states.

### **Dynamics Beyond Uniform Hyperbolicity**

Do Books provide readers with the tools and inspiration to live a fulfilled and engaged life. Whether it's mastering a new skill, cultivating a positive mindset, or finding inspiration for a new project, these books dispense expert wisdom on subjects related to personal growth, business, and slow living. Written by the movers, shakers, and change makers who have participated in the DO Lectures in the United Kingdom and the United States, Do Books are packed with easy-to-follow exercises, bite-size tips, and striking visuals. Practical, useful, and encouraging, each book delivers trustworthy, empowering guidance so readers can succeed in whatever they choose to "do." Do Fly invites readers to discover their true path in life and

follow it with purpose. Featuring advice on discovering hidden passions, picking a mentor, cultivating an optimistic and resilient mindset, and identifying personal strengths, these pages are a rousing call to build a life that is personally and professionally rewarding.

### **Introducing Interpreting Studies**

An ethologist shows man to be a gene machine whose world is one of savage competition and deceit

### **Get Remarkably Organised**

As one of Australia's leading entrepreneurs, Lorraine Murphy has always been a motivated businesswoman - goal oriented, dynamic and, above all, organised. Now with *Baby, You're Remarkable!* she's here to prove you can be just as career driven when you're a new parent. This is not a one-size-fits-all step-by-step guide - after all, every business, every child, every parent and every family is different. Instead, this book is a refreshingly unfiltered, totally honest and judgement-free account of Lorraine's personal (and not always perfect!) journey in running a business and having a baby. Including experiences and insights from a variety of other parents, and coupled with plenty of useful checklists, reading lists and suggested downloads, Lorraine's story will show you it is possible to have it all, and will inspire you to maintain your **REMARKABLE** career while growing a **REMARKABLE** family.

## **Low Tox Life**

Spies in the Himalayas chronicles for the first time the details of these expeditions sanctioned by U.S. and Indian intelligence, telling the story of clandestine climbs and hair-raising exploits. Led by legendary Indian mountaineer Mohan S. Kohli, conqueror of Everest, the mission was beset by hazardous climbs, weather delays, aborted attempts, and even missing radioactive materials that may or may not still pose contamination threat to Indian rivers.

## **Organized Labour and Politics in Mexico**

WINNER OF THE 2018 NATIONAL WOMEN'S STUDIES ASSOCIATION ALISON PIEPMEIER BOOK PRIZE Linking powerful first-person narratives with structural analysis, *The Pedagogy of Pathologization* explores the construction of criminal identities in schools via the intersections of race, disability, and gender. amid the prevalence of targeted mass incarceration. Focusing uniquely on the pathologization of female students of color, whose voices are frequently engulfed by labels of deviance and disability, a distinct and underrepresented experience of the school-to-prison pipeline is detailed through original qualitative methods rooted in authentic narratives. The book's DisCrit framework, grounded in interdisciplinary research, draws on scholarship from critical race theory, disability studies, education, women's and girl's studies, legal studies, and more.

## **The Wake**

THE NUMBER 1 INTERNATIONAL BESTSELLER 'Holds the key to easing the mental torture of those who have endured a lifelong struggle with the symptoms of acute and chronic anxiety. A unique book by a unique doctor' IRISH TIMES A practical guide to understanding, managing and overcoming anxiety and panic attacks by bestselling author and GP Harry Barry. Do you or does someone you love suffer from general anxiety, social anxiety, panic attacks, a phobia, obsessive-compulsive disorder or post-traumatic stress disorder? Or are you a health-care worker treating people with these disorders? Then this book is for you. Dr Harry Barry combines a deep knowledge of the inner workings of the mind and brain with a wealth of experience treating patients as a GP to offer a way out of the fear, worry and shame of anxiety. In this wise, supportive book, Dr Barry explains clearly and simply what it is about our minds and brains that generates the symptoms of anxiety. Through a series of case studies based on his real-life experiences treating patients, he explains and demonstrates how to use lifestyle changes, mindfulness, exercise and CBT techniques to cope with these symptoms and ultimately feel better. Previously published as *Flagging Anxiety: How to Reshape Your Anxious Mind and Brain*, this edition has been fully revised and updated.

## **Designing Interfaces**

In this fascinating book, New Yorker business columnist James Surowiecki explores a deceptively simple idea: Large groups of people are smarter than

an elite few, no matter how brilliant—better at solving problems, fostering innovation, coming to wise decisions, even predicting the future. With boundless erudition and in delightfully clear prose, Surowiecki ranges across fields as diverse as popular culture, psychology, ant biology, behavioral economics, artificial intelligence, military history, and politics to show how this simple idea offers important lessons for how we live our lives, select our leaders, run our companies, and think about our world.

[ROMANCE](#) [ACTION & ADVENTURE](#) [MYSTERY & THRILLER](#) [BIOGRAPHIES & HISTORY](#) [CHILDREN'S](#) [YOUNG ADULT](#) [FANTASY](#) [HISTORICAL FICTION](#) [HORROR](#) [LITERARY FICTION](#) [NON-FICTION](#) [SCIENCE FICTION](#)