

Motor Riding Tips Practice Guide

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The Essential Guide to Motorcycle Travel, 2nd Edition
Motorcycles-Your First Ride
Zen and the Art of Motorcycle Maintenance
More Proficient Motorcycling
Motorcycle Roadcraft: The Police Rider's Handbook
Performance Riding Techniques
Consumer Sourcebook
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Adventure Riding Techniques
The Official Highway Code
Riding in the Zone

Twist of the Wrist

Cerebral Palsy

Here's everything you need to successfully improve your riding, novice or veteran, cruiser to sportbike rider. This book contains the very foundation skills for any rider looking for more confidence when cornering a motorcycle. Notes and comments by Eddie Lawson. Foreword by Wayne Rainey.

Smooth Riding the Pridmore Way

Acclaimed as one of the most exciting books in the history of American letters, this modern epic became an instant bestseller upon publication in 1974, transforming a generation and continuing to inspire millions. This 25th Anniversary Quill Edition features a new introduction by the author; important typographical changes; and a Reader's Guide that includes discussion topics, an interview with the author, and letters and documents detailing how this extraordinary book came to be. A narration of a summer motorcycle trip undertaken by a father and his son, the book becomes a personal and philosophical odyssey into fundamental questions of how to live. The narrator's relationship with his son leads to a powerful self-reckoning; the craft of motorcycle maintenance leads to an austerely beautiful process for reconciling science, religion, and humanism. Resonant with the confusions of existence, *Zen and the Art of Motorcycle Maintenance* is a touching and transcendent book of life.

Living the RV Life

Ride On

Off-road riding is one of motorcycling's most popular pursuits and also one of its best training grounds for improving street-riding skills. Off-road riding takes many forms, from motocross and enduro racing, to dual-sport day trips, to trail riding, to adventure tours. No matter the specific pursuit, all dirt riding (and much street riding) shares the same basic skill set. *How to Ride Off-Road Motorcycles* schools the reader in all the skills necessary to ride safely and quickly off-road. Chapters cover the basics, such as body position, turning, braking, and throttle control, then proceed to advanced techniques, such as sliding, jumps, wheelies, hill-climbing, and more. If you've ever wanted to try dirt riding or if you're an experienced rider looking to sharpen your skill set, *How to Ride Off-Road Motorcycles* is a perfect riding coach.

American Motorcyclist

A beginner's manual especially geared to the needs of entry-level riders, this book provides all the basic instruction necessary to become a motorcycle rider with an emphasis on the challenges faced by neophyte riders. Starting at neophyte level and evolving into a serious, intelligent expert, *How to Ride a Motorcycle* tells the reader how to be a motorcycle rider with a strong emphasis on safety and big-picture strategy ("think about it this way" as opposed to "do this.")

Gross Motor Skills in Children with Down Syndrome

Bright Futures in Practice: Practice guide

A completely revised version of one of the best-selling motorcycle riding skills books of all time. Today's super high-performance bikes are the most potent vehicles ever sold to the public and they demand advanced riding skills. Get it right, and a modern motorcycle will provide you with the thrill of a lifetime; get it wrong and you'll be carted off in a meat wagon. The line between ecstasy and agony is so thin that there is absolutely no margin for error. Total Control provides you with the information you need to stay on the healthy side of that line, providing a training course developed and perfected through decades of professional training in Lee Parks' Total Control Advanced Riding Clinic. This is the perfect book for riders who want to take their street riding skills to a higher level. Total Control explains the ins and outs of high-performance street riding. Lee Parks, one of the most accomplished riders, racers, authors and instructors in the world, helps riders master the awe-inspiring performance potential of modern motorcycles. This book gives riders everything they need to develop the techniques and survival skills necessary to become a proficient, accomplished, and safer street rider. High quality photos, detailed instructions, and professional diagrams highlight the intricacies and proper techniques of street riding and the knowledge gained will apply to all brands of bikes

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from Harley-Davidson and Suzuki to Ducati and Kawaski to Honda and BMW and more! Readers will come away with a better understanding of everything from braking and cornering to proper throttle control, resulting in a more exhilarating yet safer ride.

Cycle World

P IConsumer Sourcebook /I provides a comprehensive digest of accessible resources and advisory information for the American consumer. This new edition identifies and describes some 23,000 programs and services available to the general public at little or no cost. These services are provided by federal, state, county, and local governments and their agencies as well as by organizations and associations. PConsumer affairs and customer services departments for corporations are also listed as well as related publications, multimedia products, general tips and recommendations for consumers. The master index is arranged alphabetically by name and by subject term.

Lawyers Desk Reference

Written as a stand-alone or follow-up to David L. Hough's wildly successful duo, "Proficient Motorcycling" and "Street Strategies," this book contains invaluable lessons for avoiding nasty accidents. Presenting new tips and topics geared toward protecting riders from road dangers with a special focus on mental and physical preparedness. Diagrams, examples, plain talk, and Hough's practical

attitude make this one of the most accessible guides available.

Proficient Motorcycling

From the publishers of Motorcycle Consumer News, *Shifting Gears at 50* is a one-of-a-kind motorcycling manual for returning and late-entry riders, essentially anyone 40 years old and up who's looking to hit the road on two wheels. Author Philip Buonpastore, a motorcycle journalist and retired US Air Force photographer, helps readers gear up to get back on a motorcycle (or get on one for the first time). In Part 1, "Becoming a Motorcyclist," Buonpastore discusses the basics of buying the right bike, gear, and equipment and getting the bike up to speed. The book continues with a good overview of learning to ride, the importance of taking a road course, venturing out on the first ride, and extending rides to long-distance jaunts. Throughout Part 1 are sidebars by riding-safety instructor and expert Walt Fulton, offering sound advice on safety precautions and execution for every leg of the new and returning rider's journey. The author emphasizes what older riders should be aware of and which factors can affect their rides. Adding lots of great firsthand advice are humorous and helpful stories collected by the author and related by returning riders at various ages, from their late 30s to 60s. In Part 2, Buonpastore shares five of his favorite travelogues covering his long-distance tours around the US, from the American South to the west coasts. This section is illustrated by over 100 of the author's breathtaking photographs of the various

locations he toured on his bike. The foreword to the book is provided by best-selling motorcycle author David Hough (author of I-5 Press's Proficient Motorcycling and Mastering the Ride). Hough writes, "If you're getting into today's motorcycling at an age your doctor would describe as 'middle aged' or 'senior,' do you yourself a clever favor and read Phil's book."

Airplane Flying Handbook (FAA-H-8083-3A)

Total Control

Every motorcycle adventure presents new challenges – terrain, weather, geography, mechanical issues, survival and navigation. Adventure Riding Techniques is designed to act as the essential and definitive guide to all the specialist skills one would need for off road adventure riding. It is designed to fill the reader with the confidence needed to undertake a long distance adventure ride, whatever the conditions. The book delivers a practical approach to adventure bike basics, riding techniques, crossing different types of terrain (everything from rivers and mud to rocks and deep sand), riding positions and strategies for survival. A long distance motorcycle journey is a significant undertaking and giving the reader insight into vital techniques and skills is this book's unique difference. Specialists in the field will be used to demonstrate techniques and provide insightful information for aspiring adventure riders.

The Motorcycle Safety Foundation's Guide to Motorcycling Excellence

Through humor, whimsical story-telling and spiritual insight Joseph Fehlen shares his journey of becoming a motorcyclist at the age of 34. A man with a family, career, and perfectly normal life gets permission from his mom and wife, trades in his car for a motorcycle and begins an adventure that teaches him lessons about life, faith and what really matters most. Ride On is filled with a whole cast of endearing characters complemented by the intricacies of the motorcycle culture. In a garage logic sort of way, Joseph interweaves the lessons he learned with those Jesus modeled, creating a tapestry of learning opportunities for the reader. With uncanny clarity these real life situations will assist even those who have never ridden a motorcycle, or even plan to experience one of life's greatest joys. Come and join him as you ride on! Keywords: Zen and the art of motorcycle maintenance, Motorcycle club, Motorcycle adventure, motorcycle man, motorcycle diaries, motorcycle travel, motorcycle books, motorcycle Jesus,

Sport Riding Techniques

This is the book for the motorcyclist who wants to do it right! The Motorcycle Safety Foundation's Guide to Motorcycling Excellence is the most complete and authoritative guide to motorcycle safe-riding techniques and strategies. More than one million students have completed courses developed by the Motorcycle Safety Foundation, and this book is the

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culmination of what this leading rider-training organization has learned about teaching students of all ages and experience levels. It is the perfect refresher for anyone who has taken an MSF class and it will be an eye-opener for those who have not yet taken a formal training course. In a clear, engaging style with detailed diagrams and extensive full-color photographs and illustrations, the book covers rider attitude, proper gear, basic and advanced street skills, and performance, as well as skill maintenance and troubleshooting. Topics include how to stop quickly when necessary; avoiding traffic hazards; applying evasive maneuvers; countersteering for better control; traveling safely and skillfully in a group; identifying and fixing mechanical problems; riding smoothly at high and low speeds; maintaining momentum in off-highway riding; and much, much more. The Motorcycle Safety Foundation's Guide to Motorcycling Excellence is a remarkable source of riding wisdom and the definitive reference for the sport.

Pass the Bike Test (and Be a Great Rider Too!)

Riding motorcycles is fun, but author Ken Condon maintains that there is a state of consciousness to be achieved beyond the simple pleasure of riding down the road. Riding in the Zone helps riders find that state of being. It's the experience of being physically and mentally present in the moment, where every sense is sharply attuned to the ride. Your mind becomes silent to the chatter of daily life, and

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everyday problems seem to dissolve. You feel a deeper appreciation for life. Your body responds to this state of being with precise, fluid movements, you feel in balance, your muscles are relaxed, and it seems as though every input you make is an expression of mastery. This is "the Zone." Condon identifies all of the factors that affect entering the Zone and addresses each one individually, from the development of awareness and mental skills to mastering physical control of the motorcycle. At the end of each chapter are drills designed to transform the book's ideas into solid, practical riding skills. Riding in the Zone takes riders to the next level in their skill set.

Biennial Report on the Status of OHV Recreation in California

Larry Grodsky devoted his life to motorcycle safety. Through the riding courses he taught and his "Stayin' Safe" columns in Rider magazine (from 1988 until his untimely death in 2006), he helped thousands of motorcyclists improve their skills and their ability to ride really well. This collection of Grodsky's columns reveals his ability to illuminate complex and sometimes highly technical subjects with an entertaining and personal style, spiced with his trademark wry wit and keen observations of human behavior. A master teacher, Grodsky was constantly learning from his students, always striving to find the best way to lead riders towards the mastery of their two-wheeled vehicles. Many of his columns focus on helping riders develop specific skills (complete with

practice exercises), while others deal with the riding environment and riders' mental processes. Although it is packed with information useful to both novice and experienced motorcyclists, this book is not structured as a how-to guide to motorcycle proficiency. Rather, it is a collection of thoughtful essays to be read and savored individually. Readers will be rewarded by the beautifully written stories of a great motorcycle riding instructor who has left his mark on a generation of grateful riders.

Stayin' Safe

Whether you're downsizing or thrill-seeking—or anything in between—find out if the RV lifestyle is right for you, and learn how to transition from a life of traditional home-ownership to one on the road. Do you love traveling? Meeting new people and seeing new places? Are you craving a life that feels meaningful and new? The RV lifestyle could be the answer. Both aspirational and practical, *Living the RV Life* is your ultimate guide to living life on the road—for people of all ages looking to downsize, travel, or work on the go. Learn if life in a motor home is right for you, with insightful details on the experiences of full-time RV-ers, tips for how to choose an RV (how big? new or used?), whether to sell your home (and if not, what to do with it), model costs, sample routes and destinations, basic vehicle maintenance, legal and government considerations—and much more! Written in a light and an easy-to-understand style, *Living the RV Life* is your bible to living a mobile life.

How to Ride a Motorcycle: A Rider's Guide to Strategy, Safety and Skill Development

Motorcycles?Your First Ride is a wonderful, easy-to-read introduction to the world of motorcycles. This book is a must-read before attending a basic rider course. The entry-level discussion introduces you to the mental and physical skills needed for a safe first ride. Your First Ride applies to both dirt and street motorcycles and includes video segments filmed especially for each chapter. The book was written by the well-known instructor Ramey ?Coach? Stroud to help new riders and is available for free.

Mixing Secrets

Today's super high-performance bikes are the most potent vehicles ever sold to the public and they demand advanced riding skills. This is the perfect book for riders who want to take their street riding skills to a higher level. Total Control explains the ins and outs of high-performance street riding. Lee Parks, one of the most accomplished riders, racers, authors and instructors in the world, helps riders master the awe-inspiring performance potential of modern motorcycles. This book gives riders everything they need to develop the techniques and survival skills necessary to become a proficient, accomplished, and safer street rider. High quality photos, detailed instructions, and professional diagrams highlight the intricacies and proper techniques of street riding. Readers will come away with a better understanding

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of everything from braking and cornering to proper throttle control, resulting in a more exciting yet safer ride.

The Essential Guide to Motorcycle Travel, 2nd Edition

Supersedes previous edition (1996, 18th impression 2011, ISBN 9780113411436). PDF will also available (ISBN 9780117082199)

Motorcycles-Your First Ride

American Motorcyclist magazine, the official journal of the American Motorcyclist Association, tells the stories of the people who make motorcycling the sport that it is. It's available monthly to AMA members. Become a part of the largest, most diverse and most enthusiastic group of riders in the country by visiting our website or calling 800-AMA-JOIN.

Zen and the Art of Motorcycle Maintenance

The second edition of this official Moto GP guide, aimed at racing and track day enthusiasts at all levels, has been expanded to include extra information and many new photos and quotes from today's Moto GP stars.

More Proficient Motorcycling

Motorcycle Roadcraft: The Police Rider's Handbook

Performance Riding Techniques

Children with Down syndrome master gross motor skills -- everything from rolling over to running but need additional help and encouragement to maximise development. In this book the author, a physical therapist, shares her experience gained from sixteen years specialising in the motor development of children with Down Syndrome. This book provides parents and professionals with essential information about motor development including the impact of temperament and the effect of physical and medical conditions associated with Down syndrome.

Consumer Sourcebook

Former AMA racing champion Reg Pridmore, known worldwide for his popular CLASS Motorcycle Schools, brings his decades of experience on the track, street and classroom, to the readers of this new riding skills book. After reviewing the basics, Pridmore shows advance students how to focus on control in cornering, braking, and acceleration. A long-time proponent of the value of body-steering, Pridmore's insightful text explains how this controversial technique helped him win championships and how it can help everyday riders and budding racers become smoother, better riders. Sections on street strategies and riding gear make this a comprehensive how-to

riding skills book for anyone looking to improve their skills.

The Motorcycle Safety Foundation's Guide to Motorcycling Excellence

Motorcyclists in record numbers are heading out on ambitious trips across America and around the world. The Essential Guide to Motorcycle Travel offers essential advice to fully prepare them for traveling long distances over extended periods. Whether you are getting ready for a weekend trip beyond your home turf, or for a transcontinental odyssey lasting several years, Coyner's book details the fundamentals for riding in comfort, safety, and convenience. In three major sections, this book covers trip planning, rider preparation, and outfitting the motorcycle. This newest edition has been completely updated to reflect current information and the newest trends in mobile technology, as it relates to motorcycle touring. Coyner lays out the steps for planning a worry-free, fun trip, one that starts with the rider physically and mentally prepared. On the road, having good riding gear can make a dramatic difference in comfort and safety as the weather changes from dry to wet, and from hot to cold. Coyner describes the important aspects of personal preparation and describes the major kinds of riding gear and how they work to control body temperature and moisture. As motorcycle technology has evolved, so have aftermarket accessories, which are made to address virtually every special need. Coyner shows you step-by-step how electrical modifications can be made,

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and provides specific sections on high-performance lighting and conspicuity, GPS and other cockpit instruments, entertainment and communication devices, cameras and camcorders, ergonomic enhancements, suspension improvements, luggage and storage additions, and trailers. Over 250 full-color photographs illustrate riding gear, accessories, and modifications that will make any motorcycle adventure the trip of a lifetime.

AV

Discover how to achieve release-quality mixes even in the smallest studios by applying power-user techniques from the world's most successful producers. *Mixing Secrets For The Small Studio* is a down-to-earth primer for small-studio enthusiasts who want chart-ready sonics in a hurry. Drawing on the back-room strategies of more than 100 famous names, this entertaining guide leads you step-by-step through the entire mixing process. On the way, you'll unravel the mysteries of every type of mix processing, from simple EQ and compression through to advanced spectral dynamics and 'fairy dust' effects. User-friendly explanations introduce technical concepts on a strictly need-to-know basis, while chapter summaries and assignments are perfect for school and college use. * Learn the subtle editing, arrangement, and monitoring tactics which give industry insiders their competitive edge, and master the psychological tricks which protect you from all the biggest rookie mistakes. * Find out where you don't need to spend money, as well as how to make a

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limited budget really count. * Pick up tricks and tips from leading-edge engineers working on today's multi-platinum hits, including Michael Brauer, Serban Ghenea, the Lord-Alge brothers, Tony Maserati, Manny Marroquin, Dave 'Hard Drive' Pensado, Jack Joseph Puig, Mark 'Spike' Stent, Phil Tan, Andy Wallace, and many, many more Mike Senior is a professional engineer who has worked with Wet Wet Wet, The Charlatans, Reef, Therapy, and Nigel Kennedy. He specialises in adapting the techniques of top producers for those working on a budget. Since 2007 he has transformed dozens of amateur productions for Sound On Sound magazine's popular 'Mix Rescue' column, proving time and again that you can achieve commercial-grade results with affordable gear -- once you know how!

Bicycling Magazine's Complete Guide to Riding and Racing Techniques

The driving test reaches its 80th anniversary in 2015, and this commemorative edition of the Highway Code is a celebration of that milestone in British road safety. Updated for 2015, The Official Highway Code is essential reading for all road users in England, Scotland and Wales, providing all the latest rules of the road and traffic signs. All road users have a responsibility to keep their knowledge up-to-date, so make sure you do just that with the latest edition of this handy reference guide. Every day, on average, five people are killed and 60 people are seriously injured on our roads. If we're to bring those figures down, it's vital that all road users - drivers,

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motorcyclists, cyclists, horse riders and pedestrians - are familiar with all the rules in The Official Highway Code. This 2015 edition includes the new drug-driving laws, HGV speed limit changes on single and dual carriageways in England and Wales, updated drink-driving limits in Scotland and general rule changes. The Highway Code is available in just about any format you can think of and is constantly updated to reflect changes in technology, understanding and the law. Please continue to read it - not just as a learner driver, but as a responsible lifelong road user - so we can keep Britain's roads among the safest in the world.

How to Ride Off-Road Motorcycles

Mastering the Ride

This text guides readers from their first wobbly attempt at clutch control, right through the tension of the test, to the completion of their first full year as a qualified rider. It helps readers to select the right training school, master all the manoeuvres in the new test and practice all 900 theory test questions.

Consumer Sourcebook

Gives information to the beginner and advanced cyclist on what they will need for racing, recreational, and endurance cycling

How to Ride Off-Road Motorcycles

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Best-selling author David Hough is the anti-bad ass of motorcyclists, a serious down-to-earth master of two- (and three-) wheeled street rods who is interested in the safety and road smarts of his fellow motorcyclists. *Mastering the Ride* is his follow-up book to one that put him on the map, *Proficient Motorcycling*, and it goes one better. For motorcyclists ready to take their rides to the next level, *Mastering the Ride* is an exhilarating course in skills, safety, and common sense. Hough's writing style is straightforward and conversational, never professorial, preachy, or boring. With instructional color photographs and drawings, the book covers improving the rider's skills of speed and passing on superslabs, mountain roads, and city streets; anticipating and handling street and road hazards, from treacherous tar snakes to lane-weaving drivers; and learning the limits of sight distances, executing quick stops at sudden hazards as well as curves. The book devotes two full chapters to the skills involved in mastering cornering, with specific advice about rolling on and off the throttle, shifting, braking, countersteering, body steering and positioning, and cornering lines. In the chapter "Mastering the Art of Conspicuity," Hough recommends riders understand and employ conspicuity, that is understanding how motorcyclists and car drivers see their surroundings and getting others to see you on the road by use of hi-viz clothing, LED lights, and other gear. The key to safety rests in increased situational awareness—the topic of the next chapter—the ability to predict how road events will unfold by thinking through the possibilities way before a potential hazard presents itself. Thanks to Hough's

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direct and specific instructions to riders for what they need to know, to improve, to avoid, and to do every time they get on their bikes, this chapter and the skills it describes are nothing short of life-saving. In short, *Mastering the Ride* is a crash course in how not to crash—that is, after all is read and done, what every motorcyclists must avoid for his own life and the lives of others on the road. As Eric Trow, a motorcycle safety journalist and instructor states on the back cover, “*Mastering the Ride* should be required reading for every road-going motorcyclist and become the companion of any rider serious about advancing his or her road craft.” Voni Graves, the record-setting million-mile BMW rider, is a long-time Hough fan who relied on Hough’s “wisdom” back in the 1970s when the author was a columnist. “The latest from David brings together his years of experience and his unique analysis to make the case for mastery in a conversational way that makes [*Mastering the Ride*] impossible to put down. The breadth and depth of the information...is astounding.” A section on the aging rider, including ways to compensate for older riders’ slower reaction times and readapting their skills, is included in the appendix, as is a travelogue of Hough’s road trips to some of his favorite locations. A glossary, resources section, and index complete the book.

Street Rider's Guide

Off-road riding is one of motorcycling's most popular pursuits and also one of its best training grounds for improving street-riding skills. Off-road riding takes

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many forms, from motocross and enduro racing, to dual-sport day trips, to trail riding, to adventure tours. No matter the specific pursuit, all dirt riding (and much street riding) shares the same basic skill set. How to Ride Off-Road Motorcycles schools the reader in all the skills necessary to ride safely and quickly off-road. Chapters cover the basics, such as body position, turning, braking, and throttle control, then proceed to advanced techniques, such as sliding, jumps, wheelies, hill-climbing, and more. If you've ever wanted to try dirt riding or if you're an experienced rider looking to sharpen your skill set, How to Ride Off-Road Motorcycles is a perfect riding coach.

Total Control

Shows you techniques on how to develop real world skills for speed, safety and confidence on the street and track.

Ride Like a Pro, the Book

Adventure Riding Techniques

Nowadays, cerebral palsy (CP) rehabilitation, along with medical and surgical interventions in children with CP, leads to better motor and postural control and can ensure ambulation and functional independence. In achieving these improvements, many modern practices may be used, such as comprehensive multidisciplinary assessment, clinical

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decision making, multilevel surgery, botulinum toxin applications, robotic ambulation applications, treadmill, and other walking aids to increase the quality and endurance of walking. Trainings are based on neurodevelopmental therapy, muscle training and strength applications, adaptive equipment and orthotics, communication, technological solves, and many others beyond the scope of this book. In the years of clinical and academic experiences, children with cerebral palsy have shown us that the world needs a book to give clinical knowledge to health professionals regarding these important issue. This book is an attempt to fulfill and to give "current steps" about CP. The book is intended for use by physicians, therapists, and allied health professionals who treat/rehabilitate children with CP. We focus on the recent concepts in the treatment of body and structure problems and describe the associated disability, providing suggestions for further reading. All authors presented the most frequently used and accepted treatment methods with scientifically proven efficacy and included references at the end of each chapter.

The Official Highway Code

A completely revised and updated edition of David Hough's successful book Street Strategies, the all-new Street Rider's Guide spells out safety tactics for motorcycle riders looking to get the most out of their favorite hobby...for as long as possible. Covering topics from A to Z, Street Rider's Guide is the new go-to handbook for motorcyclists who want quick

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solutions to nearly 100 commonly encountered obstacles and road challenges, what safety experts like Hough call increasing a rider's "situational awareness." As Hough writes in the introduction, "...the most important way to avoiding crashes is to figure out what's happening." While many books exist on the market for riders looking to improve their ride or get better control of their bikes, no book out there is dedicated to helping riders develop their situational awareness, which is the most critical skill a rider can have. **INSIDE STREET RIDER'S GUIDE** Alphabetically arranged topics from "Alley Acumen" to "Zone Woes" Short descriptions of over 80 critical situations selected by the author Expert tips about how to recognize oncoming hazards and how to avoid them Each entry accompanied by a color photograph to illustrate real-life situation

Riding in the Zone

A guide to enhance your safety on motorcycle riding.

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