

Pep Guardiola Book

PEP Confidential
The Barcelona Inheritance
Fc Barcelona - a Tactical Analysis
Pep Guardiola
Manchester City: the Official Illustrated History
Pep Guardiola Attacking
Tactics - Tactical Analysis and Sessions from Manchester City's 4-3-3
Bring the Noise
Quiet Leadership
Cristiano Ronaldo
The Girl From Barefoot House
My Turn
Barça
Inverting The Pyramid
The Mixer: The Story of Premier League Tactics, from Route One to False Nines
Play Like Pep Guardiola's Barcelona
Pep Guardiola - 85 Passing, Rondos, Possession Games & Technical Circuits
Direct from Pep's Training Sessions
The Artist: Being Iniesta
From Guernica to Guardiola
Marcelo Bielsa - Coaching Build Up Play Against High Pressing Teams
The Secrets of Happily Married Men
Pep Guardiola - 88 Attacking Combinations and Positional Patterns of Play
Direct from Pep's Training Sessions
Pep Guardiola - A Evolução
Soccer Coaching Leadership Strategies
Pep Guardiola
Coaching Soccer
The Quality of Madness
Messi
Mastering the Premier League
Pep Guardiola
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Rebels for the Cause
The Barcelona Way
Pep's City
Universality - The Blueprint for Soccer's New Era
Coaching Transition Play - Full Sessions from the Tactics of Simeone, Guardiola, Klopp, Mourinho & Ranieri
I'm Not Really Here
Attacking Soccer
Coaching Soccer Like Guardiola and Mourinho
The Path of Champions
Pep's City
Pep Guardiola

PEP Confidential

An absolutely essential book for every modern football fan, about the development of Premier League tactics, published to coincide with 25 years of the competition.

The Barcelona Inheritance

Arsenal's on-field success has been well documented. But what has never been written before is the equally remarkable history of Arsenal's rebels, both on and off the pitch. Spanning almost 120 years, and set against a backdrop of turbulent social and political change, *Rebels for the Cause* assesses the legacy and impact of Arsenal's most controversial players, officials and matches. From hard men like '30s player Wilf Copping to the reformed wild ones of recent years such as Tony Adams, Jon Spurling highlights the infamous figures whose refusal to conform has made them terrace legends. Mavericks such as '80s star Charlie Nicholas and the 'King of Highbury' Charlie George are here, as are '70s lads Alan Hudson and Malcolm Macdonald. The book also focuses on the club's revolutionary founding fathers, David Danskin and Jack Humble, the terrifying '20s 'soccer Tsar' Sir Henry Norris and David Dein's controversial introduction of free-market economics to Highbury in the regressive '80s. Also investigated are the stories behind Arsenal's most infamous tabloid exposés. Featuring extensive interviews with 15 former players, *Rebels for the Cause* is an indispensable guide to the alternative history of Arsenal Football Club, shedding new light on the origins of the rivalry with Tottenham, on many of Highbury's cult heroes and on the struggle of several players to adapt to life outside the game.

Fc Barcelona - a Tactical Analysis

This fully updated edition of the international bestseller includes Pep Guardiola's Bayern years and his decision to join Manchester City. Pep Guardiola is the most successful and sought after football coach in the world. After being appointed first-team manager in 2008, he transformed Barcelona into arguably the greatest club side of all time, winning an unprecedented thirteen trophies in four years. Following a shock sabbatical from the game, he replaced Jupp Heynckes at the helm of Bayern Munich at the start of the 2013-14 season, twice winning the Double in his three years in charge. He then announced that he would be joining Manchester City for the 2016-17 season, thereby beginning what could prove to be his greatest challenge yet: turning them into a team that consistently wins in the most difficult of leagues and a regular challenger in the Champions League . . . and doing it the Guardiola way. Guillem Balagué has followed Pep's career from the outset and has had direct access to the man and his inner circle. This then is the definitive portrait of Pep Guardiola and his relentless pursuit of footballing perfection.

Pep Guardiola

This book provides analysis of Simeone, Guardiola, Klopp, Mourinho and Ranieri's tactics. Michail Tsokaktsidis is a UEFA 'A' licence coach and has used this analysis to produce 23 full sessions (98 practices) including transition games, game situations and small sided games.

Manchester City: the Official Illustrated History

Mastering the Premier League offers an in-depth look at the tactical concepts underlying a sports superpower--revealing who does what, how and why. Discover the secrets of the game model developed by Pep Guardiola that sets Manchester City apart from the rest. When Guardiola joined Manchester City in 2016 there were doubts that he could replicate his successful model in the English game. But after a single season of acclimatization we saw those doubts shattered as City won the Premier League in 2017/18 with a record 100 points. Beyond the trophies and the records, however, lies a yet more intriguing story--of how Guardiola adapted and perfected the tactical principles that had made him so successful at Barcelona and Bayern Munich, who played the key roles on the field, enabling Manchester City's successes of 2017-19, and why the other Premier League sides were unable to stop the City juggernaut sweeping aside all in its path.

Pep Guardiola Attacking Tactics - Tactical Analysis and Sessions from Manchester City's 4-3-3

The story of one of the greatest footballers of all time, Barcelona and Argentina's Lionel Messi. 'I have seen the player who will inherit my place in Argentine football and his name is Messi' Diego Maradona. Despite all the fame and adulation, remarkably little is known about Lionel Messi, the modest and intensely private footballing genius. Just how did the boy from Rosario, Argentina, become the world's greatest player? Guillem Balague has had unprecedented access to Messi's inner circle: his coaches, team-mates and family. In addition, Pep Guardiola has provided exclusive analysis of the player. The result is an authoritative and

compelling account of the wonderful mystery that is Messi. 'I can tell my grandkids one day that I coached Lionel Messi' Pep Guardiola

Bring the Noise

'Does culture create competitive advantage? Case closed in this compelling analysis of sporting success. Read it.' – James Kerr, bestselling author of Legacy. In *The Barcelona Way*, sports psychologist Prof. Damian Hughes draws on exclusive insight into FCB as well as first-hand research from organizational psychology, to set out a method to create your own high-performance culture. At the heart of FCB's winning culture are a set of principles, epitomized by Pep Guardiola, Johan Cruyff, Lionel Messi and many other FCB legends, which govern how to nurture talent, prepare for change and provide the best environment to build a culture of sustained success. These principles: Big Picture, Arc of Change, Repetition, Cultural Architects, Authentic Leadership are at the heart of FCB's unprecedented domination of football, and are the key to developing high-performance cultures in any team-based organisation across every industry. *The Barcelona Way* is a hugely practical must-read that sets out a clear plan, based on the same principles, for you to create a culture of success and get the best of yourself and your team.

Quiet Leadership

With *Attacking Soccer- Mastering the Modern Game* every coach can set up training plans according to their needs with the help of numerous training modules compiled in a book with many illustrations.

Cristiano Ronaldo

Carlo Ancelotti is one of the greatest managers of all time, with five Champions League titles to his name. Yet his approach could not be further from the aggressive theatricals favoured by many of his rivals. His understated style has earned him the fierce loyalty of players like David Beckham, Zlatan Ibrahimovic and Cristiano Ronaldo. In *Quiet Leadership*, Ancelotti reveals the full, riveting story of his managerial career - his methods, mentors, mistakes and triumphs - and takes us inside the dressing room to trace the characters, challenges and decisions that have shaped him. The result is both a scintillating memoir and a rare insight into the business of leadership.

The Girl From Barefoot House

A powerful and compelling Liverpool saga of one woman's life from bestselling author Maureen Lee. For Josie Flynn, the war was just the start of a journey that began in heartbreak when she was sent to live with her aunt and uncle. Life took her to Barefoot House as the paid companion of an elderly woman, and seemed to promise lifelong happiness in New York with the handsome, charismatic Jack Coltrane. But once again, life is not turning out the way Josie has imagined and she finds herself back in Liverpool, alone. As she renews old loves and former friendships, and reflects on her time at Barefoot House, she embarks upon a career which is as unlikely as it is successful.

My Turn

Covers fundamental skills, offensive and defensive strategy, conditioning, and motivational techniques in a handbook for coaches

Barça

Inverting The Pyramid

A soccer player is more than the sum of his parts: endurance, speed, shooting technique, passing technique, and many more. All of these factors need to be turned into one system to create good players. Traditional training theory doesn't achieve that because each skill is trained individually. This is why the concept of Tactical Periodization has become the preferred training theory for many of the current most successful soccer coaches: Pep Guardiola, José Mourinho, Diego Simeone, André Villas-Boas, and many others train according to these principles. By creating match-like situations in practice, players learn to link their technical, tactical, and athletic abilities to match intelligence. They will learn to transfer their skills to soccer matches and they can improve endurance, technique, and tactics all at the same time while enjoying the practice sessions more. For this book, the author has evaluated and analyzed hundreds of training sessions and has tailored exercises to specific demands. All exercises are performed with a ball so that players learn to apply each skill to the game. Every coach will find numerous exercises in this book to help them create better and more efficient practice sessions so they can improve their players' and the team's performance. With Tactical Periodization, your team will become better and be successful on the next match day!

The Mixer: The Story of Premier League Tactics, from Route One to False Nines

FC Barcelona are the greatest football team in the world, the greatest for a generation and possibly the greatest of all time. This is the inside story of how the team came to redefine how the game is played, told by the journalist closer to it than any other. This edition contains a new epilogue reflecting on the departure of Pep Guardiola and Spain's victory at Euro 2012.

Play Like Pep Guardiola's Barcelona

The definitive biography of Cristiano Ronaldo, named Football Book of the Year at the Cross Sports Book Awards 2016 Fully updated to include the 2017-18 season and Ronaldo's transfer to Juventus Cristiano Ronaldo is one of the greatest footballers of all time, a dream he pursued from the age of just twelve when he left his humble origins on Madeira behind. It wasn't long before he had the biggest clubs in Europe knocking on his door, but it was Manchester United who won the race for his signature. Under the tutelage of Sir Alex Ferguson, Ronaldo developed into the complete footballer and athlete, winning three league titles and a Champions League along the way. He then became the biggest galáctico of them

all when he transferred to Real Madrid for a record-breaking fee. Unprecedented success in the Champions League and a record-equalling five Ballons d'Or followed, before his sensational move to Juventus in the summer of 2018. Guillem Balagué, respected football journalist and expert on the Spanish game, provides the definitive account of a twenty-first-century footballing icon.

Pep Guardiola - 85 Passing, Rondos, Possession Games & Technical Circuits Direct from Pep's Training Sessions

Marcelo Bielsa is one of football's greatest eccentrics and greatest enigmas. This will be the first English biography of one of football's most contradictory characters. He has coached some of the greatest names in world football - Gabriel Batistuta, Carlos Tevez, Javier Mascherano, Juan Sebastian Veron and Ander Herrera. He has been cited as a mentor by Pep Guardiola, Mauricio Pochettino and Diego Simeone. Yet Marcelo Bielsa remains one of the great enigmas of world football - a fabulously innovative and obsessive coach, who has transformed Leeds United, Marseille and Athletic Bilbao. He also lasted two days at Lazio and led Argentina to their greatest footballing disaster. Featuring interviews from across South America, Europe and Yorkshire, *The Quality of Madness* is a comprehensive and compelling biography, tracing Bielsa's story from growing up as a member of one of Argentina's most remarkable families to his revival of Leeds. Bielsa has long been known as "El Loco" - the Madman - and yet as Tim Rich's revelatory study reveals, there is mercurial method and audacious logic to the madness.

The Artist: Being Iniesta

From Cruyff's "Total Football" to the epic rivalry between Guardiola and Mourinho, a gripping chronicle of the rise and fall of Barcelona's dominance in world soccer. Barcelona's style of play--pressing and possessing--is the single biggest influence on modern soccer. In *The Barcelona Inheritance*, Jonathan Wilson reveals how and why this came to pass, offering a deep analysis of the evolution of soccer tactics and style. In the late 1990s, Johan Cruyff's Dream Team was disintegrating and the revolutionary manager had departed, but his style gave birth to a new generation of thinkers, including Pep Guardiola and José Mourinho. Today, their teams are first and second in the Premier League, marking the latest installment in a rivalry that can be traced back twenty-five years. *The Barcelona Inheritance* is a book about the tactics, the personalities, the friendships, and, in one case, an apocalyptic falling-out that continue to shape the game today.

From Guernica to Guardiola

This book gives you a rare opportunity to use Pep Guardiola's Practices and learn from one of the best coaches in the history of football. The 88 Attacking Combinations and Attacking Positional Patterns of Play included are taken direct from Pep Guardiola's training sessions at Manchester City, Bayern Munich and FC Barcelona.

Marcelo Bielsa - Coaching Build Up Play Against High Pressing Teams

The game of soccer is constantly in flux; new ideas, philosophies and tactics mould the present and shape the future. Since the turn of the century we have witnessed dramatic changes in the beautiful game: new types of player, new coaching methods, and tactical innovations have all enhanced and changed the sport of football. The technical, tactical, physical and psychological skills needs of the modern player - from the goalkeeper to centre forward - have all been enhanced. In a nutshell, the modern game is quicker as well as being technically and tactically more advanced than for previous generations. Excitingly, the future promises to be even faster, more technical, and more demanding of its players! After witnessing Spanish football and Barcelona provide one of the great periods of global dominance - we are now entering a new era; one which is being led by German football, and notably Bayern Munich. Germany, now world champions at international level, along with the visionary coaching philosophy of Pep Guardiola at club level, are taking football into a new epoch, one which the Italian coach Arrigo Sacchi prophesied several years ago. One of Universality. In this book, Matthew Whitehouse - acclaimed author of "The Way Forward: Solutions to England's Football Failings" - looks in-depth at the past decade of the game, taking the reader on a journey into football's evolution. Examining the key changes that have occurred since the turn of the century right up to the present, the book looks at the evolution of tactics, coaching, and position-specific play. They have led us to this moment: to the rise of universality. Universality The Blueprint For Soccer's New Era is a voyage into football, as well as a lesson for coaches, players and fans who seek to know and anticipate where the game of the future is heading.

The Secrets of Happily Married Men

As Pep Guardiola shatters records and confounds the norms of English football and players such as David De Gea and David Silva light up the national game, Spanish stars are transforming the way English football is conceived. But the origins of this particular Spanish invasion date back to 1937, when the Spanish Civil War led to a stream of refugees fleeing their country for the safe haven of England. Their families reveal how the refugees learned the game here, before returning to Spain where one would score Real Madrid's first goal in the Bernabeu stadium and another would be the first man to conceive of Barcelona's vaunted La Masia academy that would later launch stars such as Lionel Messi, Cesc Fabregas and Xavi Hernandez. In recent years the reputation of Spain's footballers has grown, and every club craves a sprinkling of tiki-taka magic. Through dozens of exclusive interviews, Adam Crafton has spoken to many of the key Spanish figures who have come to England and he creates a compelling portrait of their impact on the English game. We discover how and why it is that some players, such as Xabi Alonso, Pepe Reina and Juan Mata, have had great success here, while others have toiled so painfully. But this is not just a footballing story, pure and simple. Crafton provides the historical and social context that helps to explain how the relationship between the two nations is constantly changing, yet always close. For anyone who enjoyed Jonathan Wilson's *Inverting the Pyramid* or Sid Lowe's *Fear and Loathing in La Liga*, this book is a revealing and brilliant insight into this most benign of Spanish invasions.

Pep Guardiola - 88 Attacking Combinations and Positional

Patterns of Play Direct from Pep's Training Sessions

Pep Guardiola - A Evolução

Soccer Coaching Leadership Strategies Pep Guardiola

Paul Lake was Manchester born, a City fan from birth. His footballing talent was spotted at a young age and, in 1983, he signed coveted schoolboy forms for City. Only a short time later he was handed the team captaincy. An international career soon beckoned and, after turning out for the England under-21 and B teams, he received a call-up to the England training camp for Italia '90. Earmarked as an England captain in the making, Paul became a target for top clubs like Manchester United, Arsenal, Spurs and Liverpool, but he always stayed loyal to his beloved club, deeming Maine Road the spiritual home at which his destiny lay. But then, in September 1990, disaster struck. Paul ruptured his cruciate ligament; sustaining the worst possible injury that a footballer can suffer. And so began his nightmare. Neglected, ignored and misunderstood by his club after a succession of failed operations, Paul's career began to fall apart. Watching from the sidelines as similarly injured players regained their fitness, he spiralled into a prolonged bout of severe depression. With an enforced retirement from the game he adored, the death of his father and the collapse of his marriage, Paul was left a broken man. Set against a turning point in English football, I'm Not Really Here is the powerful story of love and loss and the cruel, irreparable damage of injury; of determination, spirit and resilience and of unfulfilled potential and broken dreams.

Coaching Soccer

Guardiola's first job as a full time coach was at FC Barcelona. At the time, the Barcelona Reserve Team or "Barcelona B" were doing very poorly, facing relegation. The club knew they needed to make a change, as the management mulled over possible replacements, but when the Directors of Barcelona found out Guardiola was interested in coaching, the choice was easy. Everyone at Barcelona held Pep in the highest regard, believing he would be a great coach. That belief would turn out to be correct, as Pep took over Barcelona B and didn't disappoint. He re-organized the training sessions, modernized the rondos, brought a relentless level of intensity to training and insisted on build-up play and possession, even on the tightest and smallest of fields. The results of Pep's efforts were seen immediately that first year, as Guardiola's Barcelona B won the league title. However, at the same time that Pep's Barcelona B won the league, the Barcelona first team under Frank Rijkaard was struggling. They had all the big names and talent, but they were not playing well, failing to win any major titles. The club was at a crossroads, big decisions needed to be made to get Barcelona back to winning trophies. Barcelona were certainly impressed with Pep, but this was Barcelona after all, and Pep only had one year experience as a manager, and that was with the B team. The club President gave the issue a lot of thought, and in the end he decided to ask Pep if he was interested in the job; Pep responded by saying "you wouldn't have the balls.but with me you will win everything." The rest was history,

as Barcelona would go on to win title after title under Guardiola. Pep would eventually leave Barcelona in 2012, having accomplished everything there was to accomplish with the club. This case study covers his entire managerial career along with Pep's ideas about management and soccer game model philosophies. It is a very short book but packed with powerful quotes and information. For any coach teaching positional soccer, it is more important to understand the ideas, than the actual training sessions.

The Quality of Madness

Andrés Iniesta is the Barcelona and Spain legend, rated by the likes of Cristiano Ronaldo, Lionel Messi, Luis Suarez and Paul Scholes as one of the greatest footballers of all time. This is the thinking fan's footballer with a thinking fan's football book. Andrés Iniesta was twelve years old when scouts invited him into Barcelona's famous La Masia academy. Shortly after he joined the club, Barca legend Pep Guardiola remarked of him, 'This lad is going to retire us all.' Iniesta rapidly became a permanent fixture in the Barca midfield, propelling the club to a raft of trophies, including eight La Liga championships and four Champions League titles. With his country he has won the European Championship twice, and scored the winning goal in the 2010 World Cup final. Behind the wonderfully graceful passing and movement, and the accolades and trophies he has garnered, there exists an intelligent and thoughtful man who, until now, has let his beautifully skilful feet do the talking. In *The Artist: Being Iniesta*, the Spanish maestro paints a vivid self-portrait, in his own words but also in those of his coaches, team-mates, opponents, friends and family. The result is intriguing.

Messi

“An outstanding work ... the [soccer] book of the decade.” —Sunday Business Post
Inverting the Pyramid is a pioneering soccer book that chronicles the evolution of soccer tactics and the lives of the itinerant coaching geniuses who have spread their distinctive styles across the globe. Through Jonathan Wilson's brilliant historical detective work we learn how the South Americans shrugged off the British colonial order to add their own finesse to the game; how the Europeans harnessed individual technique and built it into a team structure; how the game once featured five forwards up front, while now a lone striker is not uncommon. *Inverting the Pyramid* provides a definitive understanding of the tactical genius of modern-day Barcelona, for the first time showing how their style of play developed from Dutch “Total Football,” which itself was an evolution of the Scottish passing game invented by Queens Park in the 1870s and taken on by Tottenham Hotspur in the 1930s. *Inverting the Pyramid* has been called the “Big Daddy” (Zonal Marking) of soccer tactics books; it is essential for any coach, fan, player, or fantasy manager of the beautiful game

Mastering the Premier League

Celebrates the illustrious history and modern dominance of one of English football's most storied teams.

Pep Guardiola

"Published in association with BackPage Press."

Mastering the Premier League

Praise for *The Secrets of Happily Married Men* "Manly men rest assured: You can hope to become a better husband without having to get in touch with your feminine side. . . . Lively and entertaining, this broad guidebook provides Haltzman's insights illuminated by anecdotes from his online discussion forum for married men." —Psychology Today "Haltzman . . . launches his eight strategies with remarkable vigor. More important, they are extraordinarily well fleshed out and convincingly supported with useful 'to do' lists and a multitude of examples. They will no doubt prove helpful to many men struggling to build a happy marriage." —Publisher's Weekly "Scott Haltzman, a psychiatrist and Brown University professor, has been studying marriages good and bad for a long time. . . . View marriage as your most important task, Haltzman urges men, and pursue success as you would anything else that matters." —Washington Post "Men are good at fixing problems, not talking about them, so Haltzman advises playing to your strength. The genius of this book is that it . . . asks politically incorrect questions about men and women at home—the neglected front in the gender wars." —New York Times "The insights in this book reveal a new and effective way for men and women to understand and appreciate each other. It shows what it really takes to create a loving and lasting relationship." —John Gray, author, *Men Are from Mars, Women Are from Venus* Marriage and relationships are in crisis. The breakup and divorce rate remain incredibly high, despite all the couples therapy, afternoon talk shows, and other books in the marketplace, many of which describe men as abusive commitment phobic creeps who'd better change fast or else. But this new book is totally different, a whole different way of looking at how to build a successful long-lasting relationship from a man's point of view, men who are happy in their partnerships, who have figured out what works for them in accomplishing the goal of a loving, intimate, lifetime commitment. Dr. Scott Haltzman, Clinical Assistant Professor of Psychiatry and Human Behavior at Brown University, and founder of www.secretsofmarriedmen.com, has devised a proven method for improving relationships, based on a man's special and unique skills, strengths, powers—as a responsible and motivated worker, manager, leader, problem-solver, partner, husband, and father. Men are different, Dr. Haltzman says. They don't approach relationships with the same skills and techniques that women do—and viva la difference. Dr. Haltzman therefore lays out eight ways, tasks, proven techniques which men have revealed in confidential correspondence to his highly successful website, including *The First Way: Make Your Marriage Your Job*, *The Second Way: Know Your Wife*, *The Third Way: Be Home Now*, *The Fourth Way: Expect Conflict and Deal With It*, *The Fifth Way: Learn to Listen*, *The Sixth Way: Aim to Please*, *The Seventh Way: Understand the Truth About Sex*, *The Eighth Way: Introduce Yourself*, and finally, *Celebrate Your Love*. Within each of these steps, he provides both specific analysis, guidelines and techniques based on male biology, neuro-science, brain differences, unique developmental stages from youth to seniority. To illustrate these ideas in action, he's included wonderful true stories, anecdotes, and confessions from the website. The result is a practical, very entertaining, totally original way to build successful relationships for men and their

partners, girlfriends, and wives. For a lasting commitment, a continuing guide to solving inevitable problems and bumps in the road, for more fun, better sex, genuine intimacy, and a life-long partnership—this dynamic new author shows t

Rebels for the Cause

Jürgen Klopp's coaching career began in the German second tier at the unfashionable club of FSV Mainz 05, whom he steered to the Bundesliga for the first time in forty-one years. In 2008, he joined Borussia Dortmund, where he achieved back-to-back league titles and took the club to the UEFA Champions League final. He left Germany for one of the England's most challenging jobs: to manage Liverpool, a once-mighty club that had not managed sustained success since the 1980s. It was not a task for the fainthearted. Anfield, Liverpool's home, is a temple to flamboyant attacking soccer powered by passion. In Klopp, Liverpool finally found a manager who embodied the essence of the club. Klopp is dynamic, expressive, restless, driven—he feels every move and play, every tactical shift, every contact on the field. His eyes betray a wild ecstasy and agony as his team thrives or falls. His game plan demands relentless commitment—the famous gegenpress—and he is one of the great personal motivators in all sport. Raphael Honigstein, author of *Das Reboot* and Bundesliga correspondent for the Guardian, has interviewed Klopp and followed his career since his early years, and better than anyone knows how to "bring the noise" to his subject.

The Barcelona Way

After the hugely popular Volume 1, Volume 2 gives you another rare opportunity into Pep Guardiola's Training Sessions with 85 Practices taken directly from Pep's training sessions including: Technical Circuits, Passing, Rondos, Positional and Possession Games, Small to Large Sided Games at Manchester City, Bayern Munich and FC Barcelona.

Pep's City

Over three seasons in England, Pep Guardiola has built something the Premier League has never seen before: a team that dominates games like no other, scoring goals and collecting points and trophies at record-breaking pace. Throughout that journey, the Spanish journalists Lu Martín and Pol Ballús have been embedded with the club, reporting this inside account of how a phenomenal team was constructed: from the recruitment of Guardiola himself, to the backroom staff that provide the platform for his team and the superstar players that have set a new standard in British football. No other sportswriter has had this kind of access to Guardiola and his team during their three seasons in Manchester. The result is exclusive, in-depth interviews and profiles of every key figure at City, and the inside stories on the decisions that have shaped the team, including the defensive transformation that saw Guardiola change his goalkeeper and full-backs ahead of his record-breaking 100-point season of 2017-18; the dinner date with Sergio Agüero that changed the course of the City striker's career; and close-ups on every big game in the thrilling finale to the 2018-19 title race.

Universality - The Blueprint for Soccer's New Era

Pep's wife, Cristina Serra, told me, 'I think Pep shares too much in your book. Too much tactical information. He's very open about these things in his press conferences too. Other coaches don't do that. Any coach who reads your book will get a complete run down of Pep's tactics . . .' For three extraordinary seasons, Martí Perarnau was given total access around Bayern Munich – to its players, its backroom staff, its board members and, above all, to its manager, Pep Guardiola. In the follow-up to his critically acclaimed account of Guardiola's first full season at Bayern, Pep Confidential, Perarnau now lifts the lid on the Catalan's whole tenure in Bavaria. Pep Guardiola: The Evolution takes the reader on a journey through three action packed seasons as Bayern smashed domestic records yet struggled to emulate that dominance in Europe, analysing Guardiola's management style through key moments on and off the field. As the author shadows the manager and his superstar players during training and matchdays, he delivers a portrait of some of football's most spellbinding individuals that is as enthralling as it is utterly unique. Perarnau reveals how Guardiola improved as a manager at Bayern despite failing to land the ultimate prize in European football, examines his decision to leave Germany to take up the challenge at Manchester City and how his managerial style will continue to evolve in the Premier League. This is more than the story of three seasons with one of the biggest clubs in the game, it is a portrait and analysis of a manager and the footballing philosophies that have beguiled the world.

Coaching Transition Play - Full Sessions from the Tactics of Simeone, Guardiola, Klopp, Mourinho & Ranieri

Pep Guardiola is, without a doubt, the most successful football coach and teacher of the last 10 years. He revolutionised FC Barcelona and formed a team that was one of the best in the history of the sport. Now he follows Jupp Heynckes as coach of Bayern Munich and faces the pivotal question: Will he be able to keep the team's quality or even improve it? Pep has become a legend, and in order to understand this, it is necessary to see behind the curtain and understand the man who constitutes the Guardiola System. What are the key values and principles that form the basis of his method? How did he form a unit with such diverse football stars? What can we learn from Pep? Miguel Angel Violán manages to make the 'unknown Guardiola' better known and illustrates in many informing and amusing anecdotes: The Philosophy that Changed the Game!

I'm Not Really Here

Attacking Soccer

This book provides a tactical analysis of Pep Guardiola's 4-3-3 Attacking Tactics (56 Tactical Situations) which has been used to produce 12 Full Training Sessions (70 Practices and Variations). You can use these ready-made sessions to practice Pep Guardiola's attacking tactics and implement them into your training sessions.

Coaching Soccer Like Guardiola and Mourinho

FC Barcelona: A Tactical Analysis - Defending A Team from Another Planet! A Tactical Blue-Print of Pep Guardiola's Barcelona Team This book is an exclusive and groundbreaking study of Pep Guardiola's Barcelona team. This information and analysis of one of the most successful club sides in history has been in high demand and it is finally here! The defensive part of Barcelona's game does not get enough attention, but is integral to their philosophy and all their superior style of play. The main elements of their tactics include pressure high up the pitch, winning the ball back quickly, maintaining a numerical advantage around the ball zone and pushing their opponents wide to limit their space. We can now see a full analysis of Barcelona's defensive tactics which have been so important to their success. The book shows Barca's 4-3-3 system of play, each player's responsibilities, positioning and movement within every possible phase of play. Terzis Athanasios is a Tactical Professor of Football and has compiled an extensive assessment of Barcelona's attacking play after over 1000 hours of studying all the games from the 2010-11 season. Guardiola's team has won 3 La Liga championships, 2 UEFA Champions Leagues, 4 Spanish Cups, 2 Super Cups, and 2 FIFA World Club World Cups. The book starts with the characteristics of the players and the philosophy of Barcelona and builds into a comprehensive overview of the defensive tactics employed with clear diagrams and detailed descriptions. Included: - Strategies used to counter specific formations (the 4-4-2, 4-2-3-1, 4-3-2-1, 5-3-2 and the 4-3-2-1). - Assessments of specific phases of play (central zone, near the side-lines and set plays). - Pressure, cover and support from front, middle and defensive zones - Preventing and limiting opposition space - Defending from set-pieces - Plus a lot more - SEE FULL BOOK CONTENTS BELOW This gives football coaches an unbelievable chance to learn how Barcelona play and adapt their tactics to combat any team they play. Their defensive work is so important to their success and allows them to be such a strong attacking force.

The Path of Champions

The book "The Path Of The Champions" is written to empower the minds of the people and to make every person that come in contact with the book to become a winner. Also, this book reveal the habit of champions because you grow like the company you keep.

Pep's City

Written by Agustin Peraita, FCBEscuela Project Director at Sao Paulo FC Barcelona, this book is for soccer coaches looking to understand and implement Pep Guardiola's tactical approach and coaching methodology for his 2009-2010 Barca side. Contains over 50 illustrations, detailing on-field drills, tactical diagrams and weekly planning schedules."

Pep Guardiola

The book includes Marcelo Bielsa's tactics (and playing philosophy) for building up play from the back against high pressing teams with a full analysis of his 4-2-3-1,

3-3-3-1 and 3-4-3 formations with extensive analysis of Marcelo Bielsa in 9 different tactical situations, supported with 9 full training sessions (35 practices).

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