

The Cliff Walk A Memoir Of A Job Lost And A Life Found

In Praise of PathsUglyThe Cliff HouseWild. Film Tie-InGildedThe Salt PathThat's ThatGrandma Gatewood's WalkMy Life as a Foreign Country: A MemoirRebuilding the IndianOf Time and MemoryWalking with JackWalk in Their ShoesObsessedWalk Through WallsWalking with the WindRunning with ScissorsKnow My NameEllie's Long Walk1012 NatchezThings I Learned From FallingThe Cliff WalkFallen AngelCleanThe House on the CliffThis Lovely LifeThe Cliff DancerWalking to ListenThe Outrun: A MemoirThere I AmOpen BookGirl Walks Out of a BarThe Glass CastleMeInside the Dementia EpidemicThe Girl on the CliffWalking to HollywoodThe Reason You WalkFranklynA Walk in the Woods

In Praise of Paths

The true story of Ellie, a formerly abandoned puppy, and her new owner who hike the 2,000 Appalachian Trail and ford rivers, scale rugged cliffs, and survive howling storms. It is a charming story of friendship and teamwork that teaches lessons about courage, determination, trust, and love.

Ugly

SHORTLISTED FOR THE COSTA BOOK AWARD The true story of a couple who lost everything and embarked on a transformative journey walking the South West Coast Path in England Just days after Raynor Winn learns that Moth, her husband of thirty-two years, is terminally ill, their house and farm are taken away, along with their livelihood. With nothing left and little time, they make the brave and impulsive decision to walk the 630 miles of the sea-swept South West Coast Path, from Somerset to Dorset, through Devon and Cornwall. Carrying only the essentials for survival on their backs, they live wild in the ancient, weathered landscape of cliffs, sea, and sky. Yet through every step, every encounter, and every test along the way, their walk becomes a remarkable and life-affirming journey. Powerfully written and unflinchingly honest, The Salt Path is ultimately a portrayal of home—how it can be lost, rebuilt, and rediscovered in the most unexpected ways.

The Cliff House

Five years ago, Don Snyder was teaching English at Colgate University. He was forty years old and had a wife, three children, a new baby on the way, and what seemed like a secure middle-class future. But then Snyder lost his chance at tenure -- and, all of a sudden, he was out of a job. The Cliff Walk is a moving, clear-eyed account of Snyder's agonizing loss and what it feels like to fall, rung by rung, down the socio-economic ladder. Snyder chronicles the denial and disbelief he went through as his hopes of finding another teaching job faded after being rejected for ninety positions. He explains how each painful change -- selling his house, buying groceries with food stamps -- reminded him how much he and his family had taken for granted in their previous life. And he describes how he finally found new hope in a job on a home construction crew in Maine. Working outside for

ten hours a day through a vicious winter taught Snyder about his own cowardice and the lies he had come to believe about what a professional life of hard work entitled him to. Written with precision and elegance, *The Cliff Walk* captures the depth of one family's love and speaks to anyone who has ever wondered what it would be like to be out of a job and out in the cold.

Wild. Film Tie-In

A brave teen recounts her debilitating struggle with obsessive-compulsive disorder—and brings readers through every painful step as she finds her way to the other side—in this powerful and inspiring memoir. Until sophomore year of high school, fifteen-year-old Allison Britz lived a comfortable life in an idyllic town. She was a dedicated student with tons of extracurricular activities, friends, and loving parents at home. But after awakening from a vivid nightmare in which she was diagnosed with brain cancer, she was convinced the dream had been a warning. Allison believed that she must do something to stop the cancer in her dream from becoming a reality. It started with avoiding sidewalk cracks and quickly grew to counting steps as loudly as possible. Over the following weeks, her brain listed more dangers and fixes. She had to avoid hair dryers, calculators, cell phones, computers, anything green, bananas, oatmeal, and most of her own clothing. Unable to act “normal,” the once-popular Allison became an outcast. Her parents questioned her behavior, leading to explosive fights. When notebook paper, pencils, and most schoolbooks were declared dangerous to her health, her GPA imploded, along with her plans for the future. Finally, she allowed herself to ask for help and was diagnosed with obsessive-compulsive disorder. This brave memoir tracks Allison’s descent and ultimately hopeful climb out of the depths.

Gilded

A memoir of one young man's coming of age on a journey across America--told through the stories of the people of all ages, races, and inclinations he meets along the way. Life is fast, and I've found it's easy to confuse the miraculous for the mundane, so I'm slowing down, way down, in order to give my full presence to the extraordinary that infuses each moment and resides in every one of us. At 23, Andrew Forsthofel headed out the back door of his home in Chadds Ford, Pennsylvania, with a backpack, an audio recorder, his copies of Whitman and Rilke, and a sign that read "Walking to Listen." He had just graduated from Middlebury College and was ready to begin his adult life, but he didn't know how. So he decided to take a cross-country quest for guidance, one where everyone he met would be his guide. In the year that followed, he faced an Appalachian winter and a Mojave summer. He met beasts inside: fear, loneliness, doubt. But he also encountered incredible kindness from strangers. Thousands shared their stories with him, sometimes confiding their prejudices, too. Often he didn't know how to respond. How to find unity in diversity? How to stay connected, even as fear works to tear us apart? He listened for answers to these questions, and to the existential questions every human must face, and began to find that the answer might be in listening itself. Ultimately, it's the stories of others living all along the roads of America that carry this journey and sing out in a hopeful, heartfelt book about how a life is made, and how our nation defines itself on the most human level.

The Salt Path

Lisa Smith was a bright, young lawyer at a prestigious firm in NYC in the early nineties when alcoholism started to take over her life. What was once a way of escaping her insecurity and negativity became a means of coping with the anxiety and stress of an impossible workload. *Girl Walks Out of a Bar* is Smith's darkly comic and wrenchingly honest story of her formative years, the decade of alcohol and drug abuse, divorce, and her road to recovery. Smith describes how her spiraling circumstances conspired with her predisposition to depression and self-medication, nurturing an environment ripe for addiction to flourish. *Girl Walks Out of a Bar* is a candid portrait of alcoholism through the lens of gritty New York realism. Beneath the façade of success lies the reality of addiction.

That's That

The unflinching and hopeful story of one woman's journey into family caregiving, and a vivid overview of the challenges of Alzheimer's care. With the passion of a committed daughter and the fervor of a tireless reporter, Martha Stettinius weaves this compelling story of caregiving for her demented mother with a broad exploration of the causes of Alzheimer's disease, means of treating it, and hopes for preventing it. She shares the lessons she's learned over seven years of caregiving at home, in assisted living, a rehabilitation center, a "memory care" facility for people living with dementia, and a nursing home--lessons not just about how to navigate the system, but how caregiving helped the author to grow closer to her mother, and to learn to nurture her mother's spirit through the most advanced stages of dementia.

Grandma Gatewood's Walk

A beautifully written history of high society in Newport, Rhode Island, from the acclaimed author of *Party of the Century*. Newport is the legendary and beautiful home of American aristocracy and the sheltered super-rich. Many of the country's most famous blueblood families--the closest thing we have to royalty--have lived and summered in Newport since the nineteenth century. The Astors, the Vanderbilts, Edith Wharton, JFK and Jacqueline Kennedy Onassis, Doris Duke, and Claus and Sunny von Bulow are just a few of the many names who have called the city home. *Gilded* takes you along as you explore the fascinating heritage of the Newport elite, from its first colonists to the newest of its new millennium millionaires, showing the evolution of a town intent on living in its own world. Through a narrative filled with engrossing characters and lively tales of untold extravagance, Davis brings the resort to life and uncovers the difference between rich and Newport rich along the way. An engrossing multigenerational saga that tells the real story of the rich and famous in Newport. Vibrant, praiseworthy writing: "[Davis] brings splendidly colorful behind-the-scenes action and players up front" (the *New York Times* on *Party of the Century*) 34 evocative black-and-white photographs. Written with insight and dramatic flair, *Gilded* gives you a rare peek into the cloistered coastal playground of America's moneyed elite.

My Life as a Foreign Country: A Memoir

Walking to Hollywood is a dazzling triptych - obsessive, satirical, elegiac - in which Will Self burrows down through the intersections of time, place and psyche to explore some of our deepest fears and anxieties with characteristic fearlessness and jagged humour. 'Very Little' is ostensibly the account of a curative journey to Canada and the USA, but in fact the record of a nematode's progress, as the worm of obsession - with scale and packing and the 'stuff' of our lives - bores through a mind in extremis. 'Walking to Hollywood' is an extreme satire on celebrity, in which the narrator believes that everyone he meets is played by a famous actor, and that only he can solve the mystery of who murdered the movies. 'Spurn Head' leads Self to a tormented sojourn with a madman whose house is sliding over the edge of a cliff, to a game of checkers with Death, and finally to an encounter with one of Swift's immortal Struldbruggs and a march through a tear in time itself. In Walking to Hollywood Will Self pushes memoir to the limits of invention.

Rebuilding the Indian

God only knows what possessed Bill Bryson, a reluctant adventurer if ever there was one, to undertake a gruelling hike along the world's longest continuous footpath—The Appalachian Trail. The 2,000-plus-mile trail winds through 14 states, stretching along the east coast of the United States, from Georgia to Maine. It snakes through some of the wildest and most spectacular landscapes in North America, as well as through some of its most poverty-stricken and primitive backwoods areas. With his offbeat sensibility, his eye for the absurd, and his laugh-out-loud sense of humour, Bryson recounts his confrontations with nature at its most uncompromising over his five-month journey. An instant classic, riotously funny, A Walk in the Woods will add a whole new audience to the legions of Bill Bryson fans.

Of Time and Memory

An inspirational and gripping first-person account of determination, adversity and survival against the odds. 'Uplifting and brave' - Stylist The must-read true story of 2020. In 2018, Claire Nelson made international headlines. She was in her thirties and was beginning to burn out - her hectic London life of work and social activity and striving to do more and do better in the big city was frenetic and stressful. Although she was surrounded by people all of the time, she felt increasingly lonely. When the anxiety she felt finally brought her to breaking point, Claire decided to take some time off and travelled to Joshua Tree Park in California to hike and clear her head. What happened next was something she could never have anticipated. While hiking, Claire fell 25 feet, gravely injuring herself and she lay alone in the desert - mistakenly miles off any trail, without a cell phone signal, fighting for her life. She lay in the elements for four days until she was miraculously found - her rescuers had not expected to find her alive. In THINGS I LEARNED FROM FALLING Claire tells her incredible story and what it taught her about loneliness, anxiety and transformation and how to survive it all.

Walking with Jack

Don Snyder knew nothing about his mother aside from the terrible fact that she

died at the age of nineteen, just sixteen days after giving birth to him and his twin brother. All his life Don had been too shy, too deeply pained to ask his father or grandparents to tell him the story of the lovely girl named Peggy Snyder--what delighted or troubled her, who her friends were, how she fell in love, what cut short her brief life. But then, nearing his fiftieth birthday and compelled by his father's failing health, Snyder embarked on a quest to find his mother. He traveled many times from his home in Maine down to his mother's small Pennsylvania town to trace her childhood and adolescence. He tracked down Peggy's high school friends, spent time with her teachers, probed the memories of the girls--now elderly women-- who had been her bridesmaids. Detail by detail, Don pieced together the harrowing story of Peggy's final year--her passionate love affair with her husband, the unexpected pregnancy, the sudden illness that consumed her, and the impossible choice she was forced to make. A heartbreaking, overwhelmingly beautiful book, *Of Time and Memory* is a story of remembering--and reclaiming--the fragile mystery of a beloved life. BONUS: This edition includes an excerpt from Don J. Snyder's *Walking with Jack*. NOTE: This edition does not include photos.

Walk in Their Shoes

“Moving, heartfelt, and truly inspiring. A great book to read right now.” —Cheryl Strayed, author of *Wild* and *Tiny Beautiful Things* “Ruthie is a gifted storyteller with the unique ability to make you feel her emotions as if they're your own. Her book is somehow both bold and tender and utterly, truthfully, authentically her. She doesn't hide from heartbreak or fail to experience the fullness of all the beauty life can hold.” —Rachel Hollis, #1 New York Times bestselling author of *Girl, Wash Your Face* and *Girl, Stop Apologizing* *Brain on Fire* meets *Carry On, Warrior*, *There I Am* is an arresting inspirational memoir about one woman's journey from chronic pain and hopelessness to finding joy, redemption, and healing. At seventeen years old, Ruthie Lindsey is hit by an ambulance near her home in rural Louisiana. She's given a five percent chance of survival and one percent chance of walking again. One month later after a spinal fusion surgery, Ruthie defies the odds, leaving the hospital on her own two feet. Just a few years later, newly married and living in Nashville, Ruthie begins to experience debilitating pain. Her case confounds doctors and after numerous rounds of testing, imaging, and treatment, they prescribe narcotic painkillers—lots of them. Ruthie has become bedridden, dependent on painkillers, and hopeless, when an X-ray reveals that the wire used to fuse her spine is piercing her brain stem. Without another staggeringly expensive experimental surgery, she could well become paralyzed, but in many ways, she already is. Ruthie goes into the hospital in chronic pain, dependent on prescription painkillers, and leaves that way. She can still walk, but has no idea where she's going. As her life unravels, Ruthie returns home to Louisiana and sets out on a journey to learn joy again. She trades fentanyl for sunsets and morphine for wildflowers, weaning herself off of the drugs and beginning the process of healing—of coming home to her body. Raw and redemptive, *There I Am* is not just about the magic of optimism, but the work of it. Ruthie's extraordinary memoir urges us to unlearn the stories of brokenness that we tell ourselves and embrace the wholeness, joy, and healing that lives inside all of us.

Obsessed

A funny, moving, and true story of an ordinary boy with an extraordinary face that's perfect for fans of Wonder—now available in the U.S. When Robert Hoge was born, he had a tumor the size of a tennis ball in the middle of his face and short, twisted legs. Surgeons removed the tumor and made him a new nose from one of his toes. Amazingly, he survived—with a face that would never be the same. Strangers stared at him. Kids called him names, and adults could be cruel, too. Everybody seemed to agree that he was “ugly.” But Robert refused to let his face define him. He played pranks, got into trouble, had adventures with his big family, and finally found a sport that was perfect for him to play. And Robert came face to face with the biggest decision of his life, he followed his heart. This poignant memoir about overcoming bullying and thriving with disabilities shows that what makes us “ugly” also makes us who we are. It features a reflective foil cover and black-and-white illustrations throughout. From the Hardcover edition.

Walk Through Walls

“I had experienced absolute freedom—I had felt that my body was without boundaries, limitless; that pain didn't matter, that nothing mattered at all—and it intoxicated me.” In 2010, more than 750,000 people stood in line at Marina Abramović's MoMA retrospective for the chance to sit across from her and communicate with her nonverbally in an unprecedented durational performance that lasted more than 700 hours. This celebration of nearly fifty years of groundbreaking performance art demonstrated once again that Marina Abramović is truly a force of nature. The child of Communist war-hero parents under Tito's regime in postwar Yugoslavia, she was raised with a relentless work ethic. Even as she was beginning to build an international artistic career, Marina lived at home under her mother's abusive control, strictly obeying a 10 p.m. curfew. But nothing could quell her insatiable curiosity, her desire to connect with people, or her distinctly Balkan sense of humor—all of which informs her art and her life. The beating heart of *Walk Through Walls* is an operatic love story—a twelve-year collaboration with fellow performance artist Ulay, much of which was spent penniless in a van traveling across Europe—a relationship that began to unravel and came to a dramatic end atop the Great Wall of China. Marina's story, by turns moving, epic, and dryly funny, informs an incomparable artistic career that involves pushing her body past the limits of fear, pain, exhaustion, and danger in an uncompromising quest for emotional and spiritual transformation. A remarkable work of performance in its own right, *Walk Through Walls* is a vivid and powerful rendering of the unparalleled life of an extraordinary artist.

Walking with the Wind

Franklyn was born into a gritty north of England town. His expected path through life would have him live out his years in the manner of that town's baseline existence. But it wasn't to be. Perhaps he was pre-selected to break rank so that bigger dreams could be fulfilled. Whatever the prime force may have been, he was to know a different life. Perhaps, too, the corridors of our own reality are flimsier than we believe! On the other side of the wall may lie another path. As Franklyn himself discovers, a perceived reality can be as real as reality itself.

Running with Scissors

A moving story of father-son reconciliation told by a charismatic aboriginal star. When his father was given a diagnosis of terminal cancer, Winnipeg broadcaster and musician Wab Kinew decided to spend a year reconnecting with the accomplished but distant aboriginal man who'd raised him. *The Reason You Walk* spans that 2012 year, chronicling painful moments in the past and celebrating renewed hopes and dreams for the future. As Kinew revisits his own childhood in Winnipeg and on a reserve in Northern Ontario, he learns more about his father's traumatic childhood at residential school. An intriguing doubleness marks *The Reason You Walk*, itself a reference to an Anishinaabe ceremonial song. Born to an Anishinaabe father and a non-native mother, he has a foot in both cultures. He is a Sundancer, an academic, a former rapper, a hereditary chief and an urban activist. His father, Tobasonakwut, was both a beloved traditional chief and a respected elected leader who engaged directly with Ottawa. Internally divided, his father embraced both traditional native religion and Catholicism, the religion that was inculcated into him at the residential school where he was physically and sexually abused. In a grand gesture of reconciliation, Kinew's father invited the Roman Catholic bishop of Winnipeg to a Sundance ceremony in which he adopted him as his brother. Kinew writes affectingly of his own struggles in his twenties to find the right path, eventually giving up a self-destructive lifestyle to passionately pursue music and martial arts. From his unique vantage point, he offers an inside view of what it means to be an educated aboriginal living in a country that is just beginning to wake up to its aboriginal history and living presence. Invoking hope, healing and forgiveness, *The Reason You Walk* is a poignant story of a towering but damaged father and his son as they embark on a journey to repair their family bond. By turns lighthearted and solemn, Kinew gives us an inspiring vision for family and cross-cultural reconciliation, and for a wider conversation about the future of aboriginal peoples.

Know My Name

INSTANT #1 NEW YORK TIMES BESTSELLER In his first and only official autobiography, music icon Elton John reveals the truth about his extraordinary life, from his rollercoaster lifestyle as shown in the film *Rocketman*, to becoming a living legend. Christened Reginald Dwight, he was a shy boy with Buddy Holly glasses who grew up in the London suburb of Pinner and dreamed of becoming a pop star. By the age of twenty-three he was performing his first gig in America, facing an astonished audience in his bright yellow dungarees, a star-spangled T-shirt, and boots with wings. Elton John had arrived and the music world would never be the same again. His life has been full of drama, from the early rejection of his work with song-writing partner Bernie Taupin to spinning out of control as a chart-topping superstar; from half-heartedly trying to drown himself in his LA swimming pool to disco-dancing with Princess Diana and Queen Elizabeth; from friendships with John Lennon, Freddie Mercury, and George Michael to setting up his AIDS Foundation to conquering Broadway with *Aida*, *The Lion King*, and *Billy Elliot the Musical*. All the while Elton was hiding a drug addiction that would grip him for over a decade. In *Me*, Elton also writes powerfully about getting clean and changing his life, about finding love with David Furnish and becoming a father. In a voice that is warm, humble, and open, this is Elton on his music and his

relationships, his passions and his mistakes. This is a story that will stay with you by a living legend.

Ellie's Long Walk

Now including an excerpt from *Lust & Wonder*, a new memoir coming in March 2016. *Running with Scissors* is the true story of a boy whose mother (a poet with delusions of Anne Sexton) gave him away to be raised by her psychiatrist, a dead-ringer for Santa and a lunatic in the bargain. Suddenly, at age twelve, Augusten Burroughs found himself living in a dilapidated Victorian in perfect squalor. The doctor's bizarre family, a few patients, and a pedophile living in the backyard shed completed the tableau. Here, there were no rules, there was no school. The Christmas tree stayed up until summer, and Valium was eaten like Pez. And when things got dull, there was always the vintage electroshock therapy machine under the stairs. *Running with Scissors* is at turns foul and harrowing, compelling and maniacally funny. But above all, it chronicles an ordinary boy's survival under the most extraordinary circumstances.

1012 Natchez

In the enthralling tale, *BETTY WASHINGTON*, a mother of three, recounts her life to us about the trials of being a part of the black elite in the 1960's. At a time when most black women were trapped by society in roles forced upon them, Betty Washington was able to push past those barriers and enjoy a life of luxury. But that luxury came with a shocking price after she is forced to shoot one of her womanizing husband's multiple lovers at his office. Certain she will never find love again, fate steps in the form of a then little known actor Ivan Dixon who she sees in a film, *A Raisin in the Sun*. A love affair birthed by fate, and tested by the fires of Washington's walk with Christ. It's a battle that forces Washington to choose between her soulmate and her conscience. ***** Bettina Washington presents a life story about passionate self-discovery that reveals the challenges faced by a Black woman fashioning her own path. With feisty and revealing prose Ms. Washington tells an extraordinary story full of surprising turns that include devastating betrayal, extraordinary love, tragic loss and an ultimate triumphant of spirit. This well crafted autobiography is essential reading for anyone who has ever attempted to pursue an authentic life no matter the cost. -Lisa B. Thompson is the author of the book "*Beyond the Black Lady: Sexuality and the New African American Middle Class*" and the play "*Single Black Female*."

Things I Learned From Falling

The building of a vintage Indian Chief motorcycle is more than the restoration of a bike?it?s the resurrection of a dream. Rebuilding the Indian chronicles one man?s journey through the fearful expanse of midlife in a quest for peace, parts, and a happy second fatherhood. Fred Haefele was a writer who couldn?t get his book published, an arborist whose precarious livelihood might just kill him, and an expectant father for the first time in over twenty years. He was in a rut, until he purchased a box of parts not so euphemistically referred to as a ?basket case? and tackled the restoration of an Indian Chief motorcycle. With limited mechanical

skills, one foot in the money pit, and a colorful cast of local experts, Haefele takes us down the rocky road of restoration to the headlong, heart-thrilling rush of open highway on his gleaming midnight-blue Millennium Flyer.

The Cliff Walk

Emma Gatewood was the first woman to hike the entire Appalachian Trail alone, as well as the first person—man or woman—to walk it twice and three times and she did it all after the age of 65. This is the first and only biography of Grandma Gatewood, as the reporters called her, who became a hiking celebrity in the 1950s and '60s. She appeared on TV with Groucho Marx and Art Linkletter, and on the pages of Sports Illustrated. The public attention she brought to the little-known footpath was unprecedented. Her vocal criticism of the lousy, difficult stretches led to bolstered maintenance, and very likely saved the trail from extinction. Author Ben Montgomery was given unprecedented access to Gatewood's own diaries, trail journals, and correspondence. He also unearthed historic newspaper and magazine articles and interviewed surviving family members and hikers Gatewood met along the trail. The inspiring story of Emma Gatewood illustrates the full power of human spirit and determination.

Fallen Angel

A Journey From Lost to Found. At 26, Cheryl Strayed thought she had lost everything. In the wake of her mother's rapid death from cancer, her family disbanded and her marriage crumbled. With nothing to lose, she made the most impulsive decision of her life: to walk eleven-hundred miles of the west coast of America - from the Mojave Desert, through California and Oregon, and into Washington State - and to do it alone. She had no experience of long-distance hiking and the journey was nothing more than a line on the map. This account captures the agonies - both mental and physical - of her incredible journey.

Clean

2020 winner of the Christopher Bland Prize "Beautifully crafted and written, filled with darkness and light, compelling She fights addiction with honesty and humour. And, like her, [we] come away changed forever." Yasmin Alibhai-Brown, RSL Christopher Bland Prize When Michele Kirsch's father is killed in a train crash, her mother gets the vapours and Michele gets extremely nervous. By her mid-teens, she has found salvation in valium. Her favourite words on the prescription sheet are "Take As Needed", which she interprets as Take All The Time. Later, as a wife and mother, she adds alcohol into the mix, and before long her life is spinning out of control. Leaving home "for the sake of the family", she takes the scenic route to rehab, redemption and reinvention. But this is no misery memoir. Clean is a darkly comic tale about the difficult choices we have to make as we navigate our lives. While working as a domestic cleaner in her 50s, Michele finds herself living vicariously through other people's messes, tidying her way through early sobriety. As the Duster of Large Things, she taps into her natural nosiness to reveal the absurdities of a seemingly banal job.

The House on the Cliff

An ode to paths and the journeys we take through nature, as told by a gifted writer who stopped driving and rediscovered the joys of traveling by foot. Torbjørn Ekelund started to walk—everywhere—after an epilepsy diagnosis affected his ability to drive. The more he ventured out, the more he came to love the act of walking, and an interest in paths emerged. In this poignant, meandering book, Ekelund interweaves the literature and history of paths with his own stories from the trail. As he walks with shoes on and barefoot, through forest creeks and across urban streets, he contemplates the early tracks made by ancient snails and traces the wanderings of Romantic poets, amongst other musings. If we still “understand ourselves in relation to the landscape,” Ekelund asks, then what do we lose in an era of car travel and navigation apps? And what will we gain from taking to paths once again?

This Lovely Life

One woman’s true story of raising a child born three months premature—“propulsive, startling, and vivid, like motherhood itself” (Meg Wolitzer, New York Times–bestselling author of *The Female Persuasion*). Vicki Forman gave birth to Evan and Ellie, weighing only one pound each, at twenty-three weeks’ gestation. During the delivery she begged the doctors to “let her babies go”—knowing all too well that at their early stage of development they would likely die and, if they survived, would have a high risk of permanent disabilities. However, California law demanded resuscitation. Her daughter died just four days later; her son survived and was indeed multiply disabled: blind, nonverbal, and dependent on a feeding tube. *This Lovely Life* tells, with brilliant intensity, of what became of the Forman family after the birth of the twins—the harrowing medical interventions and ethical considerations involving the sanctity of life and death. In the end, the long-delayed first steps of a five-year-old child will seem like the fist-pumping stuff of a triumph narrative. Forman’s intelligent voice gives a sensitive, nuanced rendering of her guilt, her anger, and her eventual acceptance in this portrait of a mother’s fierce love for her children. “Intimate, compelling, and hopeful—an absolutely important book.” —Rachel Simon, author of *Riding the Bus with My Sister*

The Cliff Dancer

The boys stared at the house on the cliff. A moment later they heard a loud cry for help.

Walking to Listen

A NEW YORK TIMES BESTSELLER *Know My Name* is a gut-punch, and in the end, somehow, also blessedly hopeful. --Washington Post Universally acclaimed, rapturously reviewed, and an instant New York Times bestseller, Chanel Miller's breathtaking memoir gives readers the privilege of knowing her not just as Emily Doe, but as Chanel Miller the writer, the artist, the survivor, the fighter. (*The Wrap*). Her story of trauma and transcendence illuminates a culture biased to

protect perpetrators, indicting a criminal justice system designed to fail the most vulnerable, and, ultimately, shining with the courage required to move through suffering and live a full and beautiful life. Know My Name will forever transform the way we think about sexual assault, challenging our beliefs about what is acceptable and speaking truth to the tumultuous reality of healing. Entwining pain, resilience, and humor, this memoir will stand as a modern classic.

The Outrun: A Memoir

Journalist Walls grew up with parents whose ideals and stubborn nonconformity were their curse and their salvation. Rex and Rose Mary and their four children lived like nomads, moving among Southwest desert towns, camping in the mountains. Rex was a charismatic, brilliant man who, when sober, captured his children's imagination, teaching them how to embrace life fearlessly. Rose Mary painted and wrote and couldn't stand the responsibility of providing for her family. When the money ran out, the Walls retreated to the dismal West Virginia mining town Rex had tried to escape. As the dysfunction escalated, the children had to fend for themselves, supporting one another as they found the resources and will to leave home. Yet Walls describes her parents with deep affection in this tale of unconditional love in a family that, despite its profound flaws, gave her the fiery determination to carve out a successful life. -- From publisher description.

There I Am

"It's wild writing: sexy, unguarded, raw, and ardent ... highly recommended."—The Millions After a decade of heavy partying and hard drinking in London, Amy Liptrot returns home to Orkney, a remote island off the north of Scotland. The Outrun maps Amy's inspiring recovery as she walks along windy coasts, swims in icy Atlantic waters, tracks Orkney's wildlife, and reconnects with her parents, revisiting and rediscovering the place that shaped her. A Guardian Best Nonfiction Book of 2016 Sunday Times Top Ten Bestseller New Statesman Book of the Year

Open Book

Traces the inspirational story behind the creator of the service-oriented program dedicated to transforming inner-city communities by providing educational opportunities for at-risk children, chronicling the author's own transformation from a thrill-seeking corporate financier to a dedicated advocate.

Girl Walks Out of a Bar

When I looked up again, Mr. Halworth's red cap was gone. I wondered if his daughter had watched him disappear, and I turned to look at her. It took a little time for me to see that she was staring at her shoes. They were shiny shoes, and she was holding them up off the floor. One had slipped off her heel and was balancing from her toes. We sat there long enough for me to begin to feel responsible for her. At last I moved close enough to reach down and slide the shoe back on her foot. One night can change a life. For eight-year-old Terry McQuinn, it was a snowy Christmas Eve on the coast of Maine, when Terry glimpsed a world

he'd never seen before -- a "summer people's" world unknown to the son of a caretaker. Serenity Cottage was a place of beauty and privilege owned by the luminous Halworths -- but in the blink of an eye, a tragic accident left the family in ruins. Now thirty years later, Terry has spent his life putting distance between himself and his history. Determined not to follow in his father's footsteps, he became a high-flying Hollywood film agent -- but has somehow lost himself along the way. Terry is finally called back to Maine by the death of his father -- but in the workshop Terry comes across a note in his father's hand that stops him cold: Open Serenity for Christmas. No one has been in the house since that fateful night three decades earlier. Although Terry's first instinct is to leave it all behind, he soon discovers that Katherine Halworth, the girl from thirty years before, is the new owner. With her arrival imminent, Terry's past comes rushing back. In the hands of critically acclaimed author Don J. Snyder, *Fallen Angel* is a warm and unique Christmas tale, reminding us that it's never too late to forgive -- and never too late to love.

The Glass Castle

Documents the author's efforts to fulfill a promise to caddy for his son if the latter qualified for a professional tour, describing his training at the age of 57 to study the art of caddying in Scotland, where he lived like a monk and recorded the fascinating stories of golfers from every station in life. By the author of *The Cliff Walk*.

Me

"Brilliant and beautiful. It surely ranks with the best war memoirs I've ever encountered." —Tim O'Brien, author of *The Things They Carried* An award-winning poet and former infantry team leader in Iraq, Brian Turner combines his devastating recollections as "Sergeant Turner" with his visions of the experiences of generations of warriors in his family—and even those of the enemy—in a work of profound understanding and shocking beauty.

Inside the Dementia Epidemic

The #1 New York Times Bestseller Jessica reveals for the first time her inner monologue and most intimate struggles. Guided by the journals she's kept since age fifteen, and brimming with her unique humor and down-to-earth humanity, *Open Book* is as inspiring as it is entertaining. This was supposed to be a very different book. Five years ago, Jessica Simpson was approached to write a motivational guide to living your best life. She walked away from the offer, and nobody understood why. The truth is that she didn't want to lie. Jessica couldn't be authentic with her readers if she wasn't fully honest with herself first. Now America's Sweetheart, preacher's daughter, pop phenomenon, reality tv pioneer, and the billion-dollar fashion mogul invites readers on a remarkable journey, examining a life that blessed her with the compassion to help others, but also burdened her with an almost crippling need to please. *Open Book* is Jessica Simpson using her voice, heart, soul, and humor to share things she's never shared before. First celebrated for her voice, she became one of the most talked-about

women in the world, whether for music and fashion, her relationship struggles, or as a walking blonde joke. But now, instead of being talked about, Jessica is doing the talking. Her book shares the wisdom and inspirations she's learned and shows the real woman behind all the pop-culture clichés — "chicken or fish," "Daisy Duke," "football jinx," "mom jeans," "sexual napalm..." and more. Open Book is an opportunity to laugh and cry with a close friend, one that will inspire you to live your best, most authentic life, now that she is finally living hers.

The Girl on the Cliff

Three women—two sisters and their aunt—and the cliff house on the northern California coast that served as a beacon to them all... After the death of their mother, sisters Daisy and Beatriz Davenport found a home with their aunt Stella in the beautiful and welcoming town of Cape Sanctuary. They never knew all the dreams that Stella sacrificed to ensure they had everything they'd ever need. Now, with Daisy and Bea grown, it's time for Stella to reveal the secret she's been keeping from them—a secret that will change their family forever. Bea thought she'd sown all her wild oats when she got pregnant far too young. The marriage that followed was rocky and not destined to last, but it gave Bea her wonderful, mature, now eleven-year-old daughter, Marisol. But just as she's beginning to pursue a new love with an old friend, Bea's ex-husband resurfaces and turns their lives completely upside down. Then there's Daisy—sensible, rational, financially prudent Daisy. She's never taken a risk in her life—until she meets a man who makes her question everything she thought she knew about life, love and the power of taking chances. In this heartwarming story, Stella, Bea and Daisy will discover that the path to true happiness is filled with twists and turns, but love always leads them back home.

Walking to Hollywood

A beautiful drama spanning decades, from the international Number One bestselling author of *The Pearl Sister* and *The Olive Tree* Why has a secret from 1914 caused a century of heartache? Troubled by recent loss, Grania Ryan has returned to Ireland and the arms of her loving family. And it is here, on a cliff edge, that she first meets a young girl, Aurora, who will profoundly change her life. Mysteriously drawn to Aurora, Grania discovers that the histories of their families are strangely and deeply entwined . . . From a bittersweet romance in wartime London to a troubled relationship in contemporary New York, from devotion to a foundling child to forgotten memories of a lost brother, the Ryans and the Lisles, past and present, have been entangled for a century. Ultimately, it will be Aurora whose intuition and remarkable spirit help break the spell and unlock the chains of the past. Haunting, uplifting and deeply moving, Aurora's story tells of the triumph of hope over loss. Praise for Lucinda Riley 'Thoroughly addictive storytelling with a moving, emotional heart' Dinah Jefferies 'A brilliant page-turner' Daily Mail 'An absolutely fantastic storyteller' Katherine Webb 'Brilliant escapism' Red

The Reason You Walk

The award-winning national bestseller, *Walking with the Wind*, is one of the most

important records of the American civil rights movement as told by a true American hero, John Lewis, who Cornel West called a “national treasure.” An eloquent and gripping first-hand account of the turbulent struggle for civil rights and the willingness and courage to change the course of history. Forty years ago, a teenaged boy named John Lewis stepped off a cotton farm in Alabama and into the epicenter of the struggle for civil rights in America. The ideals of nonviolence which guided that critical time of American history established him as one of the movement's most charismatic and courageous leaders. Lewis's leadership in the Nashville Movement—a student-led effort to desegregate the city of Nashville using sit-in techniques based on the teachings of Gandhi—established him as one of the movement's defining figures and set the tone for the major civil rights campaigns of the 1960s. During this decade, he was repeatedly a victim of violence and intimidation, but his singular belief in non-violent action, inspired by his mentor, Dr. Martin Luther King, was a defining characteristic of his leadership and vision. In 1986, he ran and won a congressional seat in Georgia, and remains in office to this day. *Walking with the Wind* is the story of an American hero. A boy from rural Alabama whose journey led him to Washington, and whose vision and perseverance changed a nation.

Franklyn

A brutally honest and deeply affecting memoir about growing up in the countryside in rebel country in Northern Ireland. Colin Broderick was born in 1968 and spent his childhood in Tyrone county, in Northern Ireland. It was the beginning of the period of heightened tension and violence known as the Troubles, and Colin's Catholic family lived in the heart of rebel country. The community was filled with Provisional IRA members whose lives depended on the silence and complicity of their neighbors. At times, that made for a confusing childhood. We watch as he and his brothers play ball with the neighbor children over a fence for years, but are never allowed to play together because it is forbidden. We see him struggle to understand why young men from his community often just disappear. And we feel his confusion when he is held at gunpoint at various military checkpoints in the North. But even when Colin does ask his parents about these events, he never receives a clear explanation. Desperate to protect her children, Colin's mother tries to prevent exposure to or knowledge of the harm that surrounds them. Spoken with stern finality, "That's that" became the refrain of Colin's childhood. The first book to paint a detailed depiction of Northern Ireland's Troubles is presented against a personal backdrop and is told in the wry, memorable voice of a man who's finally come to terms with his past.

A Walk in the Woods

1012 Natchez is the memoir of Njoki McElroy, growing up in Texas during the Jim Crow years, coming of age in New Orleans, and migrating to Chicago during the Great Migration period. Her grandparents' house at 1012 Natchez, the source of childhood nurturing and adult refuge, connects past and present, North and South, Sherman and Chicago, as well as the three major female characters.

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