

Download File PDF Why We Love Dogs Eat Pigs And Wear Cows An Introduction To Carnism

# Why We Love Dogs Eat Pigs And Wear Cows An Introduction To Carnism

Mad CowboyWhy We Love Dogs, Eat Pigs, and Wear CowsStrategic Action for AnimalsVegan's Daily CompanionThe Everything Cooking for Dogs BookBattlefield EarthTar Heel TravelerCesar's WayWhy We Love Dogs, Eat Pigs, and Wear CowsPeanut Butter DogsThe Hidden BrainWhy Dogs Eat PoopNot as Nature IntendedStaring Down the WolfHow to Create a Vegan WorldThe Animals Among UsThanking the MonkeyWhy We Love Dogs, Eat Pigs, and Wear CowsNo Happy CowsEating AnimalsBeyond WordsDiet for a Small PlanetThe Face on Your Plate: The Truth About FoodBeyond BeliefsEat Like You CareMust Love Dogs: Who Let the Cats In?Why We Love Dogs, Eat Pigs, and Wear Cows: 10th Anniversary EditionHow Do Dinosaurs Love Their Dogs?My Dog: The ParadoxThe Other End of the LeashThe Kind DietMeat LogicHow Dogs Love UsPure JoyThe Animal That Therefore I AmWhy We Love and Exploit AnimalsThe Hot Dog CompanionDog Is LoveDogsSome We Love, Some We Hate, Some We Eat

## Mad Cowboy

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(<https://www.createspace.com/4423398>) with discount code: Z8RZS95M This book puts the issue of eating animals squarely on the table. We all claim to care about animals and to regard them as having at least some moral value. We all claim to agree that it's wrong to inflict "unnecessary" suffering and death on animals and--whatever disagreement we may have about when animal use is necessary—we all agree that the suffering and death of animals cannot be justified by human pleasure, amusement, or convenience. We condemn Michael Vick for dog fighting precisely because we feel strongly that any pleasure that Vick got from this activity could not possibly justify what he did. So how can we justify the fact that we kill many billions of land animals and fish every year for food? However "humanely" we treat and kill these animals, the amount of animal suffering we cause is staggering. Yet no one maintains that animal foods are necessary for optimal health. Indeed, mounting empirical evidence points to animal foods being detrimental for human health. But however you evaluate that evidence, there can be no serious doubt that we can have excellent health with a vegan diet. There is also broad consensus that animal agriculture is an ecological disaster. Animal agriculture is responsible for water pollution, air pollution, deforestation, soil erosion, inefficient use of plant protein and water, and all sorts of other environmental harms. The best justification we have for the unimaginable amount of suffering and death that we impose on animals is that they taste good. We enjoy the taste of animal foods. But how is this any different from Michael Vick claiming that his dog fighting operation was justifiable because he enjoyed

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watching dogs fight? Vick liked sitting around a pit watching animals fight. We enjoy sitting around the summer barbecue pit roasting the corpses of animals who have had lives and deaths that are as bad, if not worse than, Vick's dogs. What is the difference between Michael Vick and those of us who eat animal foods? This book shows that there is no difference, or at least not any difference that matters morally. Francione and Charlton argue that if you think animals matter morally—if you reject the idea that animals are just things—your own beliefs require that you stop eating animal products. There is nothing "extreme" about a vegan diet; what is extreme is the inconsistency between what we say we believe and how we act where animals are concerned. Many of us are uneasy thinking about the animals who end up on our plates. We may have thought about stopping eating animal products but there are many excuses that have kept us from doing so. The authors explore the 30+ excuses they have heard as long-time vegans and address each one, showing why these excuses don't work. Packed with clear, commonsense thinking on animal ethics, without jargon or complicated theory, this book will change the way you think about what you eat.

### **Why We Love Dogs, Eat Pigs, and Wear Cows**

Does living with a pet really make people happier and healthier? What can we learn from biomedical research with mice? Who enjoys a better quality of life—the chicken destined for your dinner plate or the rooster in a Saturday night cockfight?

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Why is it wrong to eat the family dog? Drawing on more than two decades of research into the emerging field of anthrozoology, the science of human-animal relations, Hal Herzog offers an illuminating exploration of the fierce moral conundrums we face every day regarding the creatures with whom we share our world. Alternately poignant, challenging, and laugh-out-loud funny—blending anthropology, behavioral economics, evolutionary psychology, and philosophy—this enlightening and provocative book will forever change the way we look at our relationships with other creatures and, ultimately, how we see ourselves.

### **Strategic Action for Animals**

An Introduction to Carnism. “An important and groundbreaking contribution to the struggle for the welfare of animals.” — Yuval Harari, New York Times best-selling author of *Sapiens: A Brief History of Humankind* “An absorbing examination of why humans feel affection and compassion for certain animals but are callous to the suffering of others.” — Publishers Weekly *Why We Love Dogs, Eat Pigs, and Wear Cows* offers an absorbing look at what social psychologist Melanie Joy calls carnism, the belief system that conditions us to eat certain animals when we would never dream of eating others. Carnism causes extensive animal suffering and global injustice, and it drives us to act against our own interests and the interests of others without fully realizing what we are doing. Becoming aware of what

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carnism is and how it functions is vital to personal empowerment and social transformation, as it enables us to make our food choices more freely—because without awareness, there is no free choice.

### **Vegan's Daily Companion**

In *Cesar's Way*, Cesar Millan—nationally recognized dog expert and star of National Geographic Channel's hit show *Dog Whisperer with Cesar Millan*—helps you see the world through the eyes of your dog so you can finally eliminate problem behaviors. From his appearances on *The Oprah Winfrey Show* to his roster of celebrity clients to his reality television series, Cesar Millan is America's most sought-after dog-behavior expert. But Cesar is not a trainer in the traditional sense—his expertise lies in his unique ability to comprehend dog psychology. Tracing his own amazing journey from a clay-walled farm in Mexico to the celebrity palaces of Los Angeles, Cesar recounts how he learned what makes dogs tick. In *Cesar's Way*, he shares this wisdom, laying the groundwork for you to have stronger, more satisfying relationships with your canine companions. Cesar's formula for a contented and balanced dog seems impossibly simple: exercise, discipline, and affection, in that order. Taking readers through the basics of dog psychology and behavior, Cesar shares the inside details of some of his most fascinating cases, using them to illustrate how common behavior issues develop and, more important, how they can be corrected. You'll learn:

- What your dog

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really needs may not be what you're giving him • Why a dog's natural pack instincts are the key to your happy relationship • How to relate to your dog on a canine level • There are no "problem breeds," just problem owners • How to choose a dog who's right for you and your family • The difference between discipline and punishment • And much more! Filled with fascinating anecdotes about Cesar's longtime clients, and including forewords by the president of the International Association of Canine Professionals and Jada Pinkett Smith, this is the only book you'll need to forge a stronger, more rewarding connection with your four-legged companion. Also available as a Random House AudioBook

### **The Everything Cooking for Dogs Book**

"An important and groundbreaking contribution to the struggle for the welfare of animals." -- Yuval Harari, New York Times best-selling author of Sapiens: A Brief History of Humankind The book offers an absorbing look at why and how humans can so wholeheartedly devote ourselves to certain animals and then allow others to suffer needlessly, especially those slaughtered for our consumption. Social psychologist Melanie Joy explores the many ways we numb ourselves and disconnect from our natural empathy for farmed animals. She coins the term "carnism" to describe the belief system that has conditioned us to eat certain animals and not others. In *Why We Love Dogs, Eat Pigs, and Wear Cows*, Joy investigates factory farming, exposing how cruelly the animals are treated, the

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hazards that meatpacking workers face, and the environmental impact of raising 10 billion animals for food each year. Controversial and challenging, this book will change the way you think about food forever. "An absorbing examination of why humans feel affection and compassion for certain animals but are callous to the suffering of others." - Publishers Weekly "I think Gandhi would have loved Why We Love Dogs, Eat Pigs, and Wear Cows,. For this is a book that can change the way you think and change the way you live. It will lead you from denial to awareness, from passivity to action, and from resignation to hope." - John Robbins, author of Diet for a New America and The Food Revolution

### **Battlefield Earth**

Encourages making changes in dietary patterns by explaining the ways in which plant protein compares favorably with meats and providing numerous recipes for inexpensive, meatless meals

### **Tar Heel Traveler**

A blend of oral history and memoir with a good dose of quirky humor, the Tar Heel Traveler is a celebratory look at the people and places of North Carolina. Mason is the TV reporter—the Tar Heel Traveler—who journeys across North Carolina

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profiling colorful characters and out-of-the-way places.

### **Cesar's Way**

### **Why We Love Dogs, Eat Pigs, and Wear Cows**

“It’s a challenge to create transformative moments with books, but [Masson] does it.”—Susan Salter Reynolds, Los Angeles Times In this revelatory work, Jeffrey Moussaieff Masson shows how food affects our moral selves, our health, and our planet. Masson investigates how denial keeps us from recognizing the animal at the end of our fork and urges readers to consciously make decisions about food.

### **Peanut Butter Dogs**

A pioneering canine behaviorist draws on cutting-edge research to show that a single, simple trait—the capacity to love—is what makes dogs such perfect companions for humans, and explains how we can better reciprocate their affection. “Lively and fascinating . . . The reader comes away cheered, better informed, and with a new and deeper appreciation for our amazing canine companions and their enormous capacity for love.” —Cat Warren, New York Times

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best-selling author of *What the Dog Knows* Does your dog love you? Every dog lover knows the feeling. The nuzzle of a dog's nose, the warmth of them lying at our feet, even their whining when they want to get up on the bed. It really seems like our dogs love us, too. But for years, scientists have resisted that conclusion, warning against anthropomorphizing our pets. Enter Clive Wynne, a pioneering canine behaviorist whose research is helping to usher in a new era: one in which love, not intelligence or submissiveness, is at the heart of the human-canine relationship. Drawing on cutting-edge studies from his lab and others around the world, Wynne shows that affection is the very essence of dogs, from their faces and tails to their brains, hormones, even DNA. This scientific revolution is revealing more about dogs' unique origins, behavior, needs, and hidden depths than we ever imagined possible. A humane, illuminating book, *Dog Is Love* is essential reading for anyone who has ever loved a dog—and experienced the wonder of being loved back.

### **The Hidden Brain**

Devoted dinosaurs groom, walk, and feed their dogs.

### **Why Dogs Eat Poop**

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The Other End of the Leash shares a revolutionary, new perspective on our relationship with dogs, focusing on our behavior in comparison with that of dogs. An applied animal behaviorist and dog trainer with more than twenty years experience, Dr. Patricia McConnell looks at humans as just another interesting species, and muses about why we behave the way we do around our dogs, how dogs might interpret our behavior, and how to interact with our dogs in ways that bring out the best in our four-legged friends. After all, although humans and dogs share a remarkable relationship that is unique in the animal world, we are still two entirely different species, each shaped by our individual evolutionary heritage. Quite simply, humans are primates and dogs are canids (like wolves, coyotes, and foxes). Since we each speak a different native tongue, a lot gets lost in the translation. The Other End of the Leash demonstrates how even the slightest changes in your voice and the way you stand can help your dog understand what you want. Once you start to think about your own behavior from the perspective of your dog, you'll understand why much of what appears to be doggy-disobedience is simply a case of miscommunication. Inside you will learn

- How to use your voice so that your dog is more likely to do what you ask.
- Why “getting dominance” over your dog is a bad idea.
- Why “rough and tumble primate play” can lead to trouble—and how to play with your dog in ways that are fun and keep him out of trouble.
- How dogs and humans share personality types—and why most dogs want to live with benevolent leaders rather than “alphawannabees!”

In her own insightful, compelling style, Patricia McConnell combines wonderful true stories

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about people and dogs with a new, accessible scientific perspective on how they should behave around each other. This is a book that strives to help you make the most of life with your dog, and to prevent problems that might arise in that most rewarding of relationships. From the Hardcover edition.

### **Not as Nature Intended**

### **Staring Down the Wolf**

Provides facts about animals that are bizarre and disgusting, including birds that drink blood, spiders that look just like bird poop, and snakes that fart to scare away predators.

### **How to Create a Vegan World**

The animal rights movement has reached a tipping point. No longer a fringe extremist cause, it has become a social concern that leading members of society endorse and young people embrace. From Michael Vick's dog fighting scandal to CNN's airing of the eye-opening film *Blackfish*, animal rights issues have hit the headlines—and are being championed by students and senators, pop stars and

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producers, and actors and activists. Don't you want to be part of the conversation? In *Thanking the Monkey*, Karen Dawn covers pets, fur, fashion, food, animal testing, activism, and more. But as the title playfully suggests, this isn't like any previous animal rights book. *Thanking the Monkey* is light on lectures meant to make you feel guilty if you're not yet a leather-eschewing vegan. It lets you have fun as you learn why so many of your favorite actors and musicians won't eat or wear animals. And you'll laugh over scores of cartoons by Dan Piraro's *Bizzaro* and other animal-friendly comics. This fun primer for a smart and socially committed generation delivers some serious surprises in the form of facts and figures about the treatment of animals. Yes, it will shock you with tales of primates still used in animal testing on nicotine or killed for oven cleaner. But it will also let you lighten up and laugh a little as we work out how to do a better job of thanking the monkey.

### **The Animals Among Us**

Relying on a hidden camera, a bluff and a little bit of luck, award-winning investigative journalist Rich Hardy finds imaginative ways to meet the people and industries responsible for the lives and deaths of the billions of animals used to feed, clothe and entertain us. What he discovers will shock, but it may just inspire you to re-evaluate your relationship with all animals and what role you let them play in your life. Sometimes dangerous, often emotional and occasionally surreal, this one-of-a-kind perspective examines what it's like to live and work amongst

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your adversaries and what you can achieve if you feel strongly enough about something. 'Cruelty to animals goes on daily behind the closed doors of factory farms or deep in the forests where wild animals are trapped for their fur. Rich's book exposes us to the raw truth behind these animal trades. Whilst it's a deeply personal story, it has the potential to change, not just your own life, but the lives of millions of animals. I urge you to read it!' Joanna Lumley, Actress, author and activist 'An incredible and moving exposé of the horror that animals go through to create a product that destroys the environment & keeps people sick and miserable.' Moby, Musician and activist 'It is beautifully and lucidly written it avoids gratuitous expression but delivers the truth in a compelling and penetrating narrative. Not As Nature Intended is a must read.' Peter Egan, Actor and animal advocate 'A 007 of the animal world.' Rhian Lubin, The Daily Mirror 'As you read this book, if you have a heart and a soul, you too won't fail to be bowled over by Rich's courage.' Jane Dalton, The Independent 'All the evidence we need to make our future a plant-based one.' Christina Rees MP, Chair of the All-Party Parliamentary Group on Vegetarianism and Veganism 'An eye-opening insight into the horrors endured by animals around the world - and into the minds of those who risk everything to help them.' Maria Chiorando, Plant Based News

### **Thanking the Monkey**

The Hot Dog Companion sizzles with humorous stories, entertaining anecdotes,

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mouth-watering photographs, and cooking advice on America's favorite fast food. However you garnish your dog, whether you eat them daily or only when caving into a craving -- here's the real story that celebrates the hot dog as never before. Learn the true facts behind the hot dog.

### **Why We Love Dogs, Eat Pigs, and Wear Cows**

NEW YORK TIMES BESTSELLER In this moving memoir, Danielle Steel tells the story of how she met a dog the size of a mouse with a personality that could light up an entire room. From Minnie's arrival at home in San Francisco to clothes-shopping jaunts in Paris, her adventures provide the perfect backdrop for a heartfelt look at the magic that dogs bring to our lives, and how they become part of the family, making indelible memories. We meet Steel's childhood pug, James; and Elmer, the basset hound who was steadfastly at her side in her struggling days as a young writer; Sweet Pea—unveiled in a Tiffany box for a dog-loving husband—and all those lucky dogs who shared a household of nine children, other canines, and one potbellied pig. As she reflects on the beloved pets who have brought joy, and sometimes chaos, to her home through the years, Steel also shares her thoughts on the trials and tribulations of bringing a new dog into a household, the challenges of housebreaking and compatibility, the losses we feel forever. Filled with colorful characters (human and otherwise), delightful photographs, practical wisdom drawn from long experience, and brimming with warmth and insight on

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every page, *Pure Joy* is a love letter to this special relationship—and one of the most charming books yet from the incomparable Danielle Steel. Praise for *Pure Joy* “The mega-selling [Danielle Steel] shares happy memories of her numerous dogs. . . . Steel brings readers into her life, recounting delightful moments with her many dogs, the dogs her children have owned, and her newest friend, Minnie, her tiny Chihuahua. . . . Plainly told with honesty and affection, these stories are an affirmation of the timeless connection between humans and their canine companions.”—Kirkus Reviews “Steel doesn’t just love to write blockbusters; she loves dogs. Here’s her valentine to all the dogs she’s raised (looking to be mostly of the small sort), with lots of black-and-white photos throughout. A heady commercial combo.”—Library Journal From the Hardcover edition.

### **No Happy Cows**

The perfect gift for any dog-lover, and a must-have for any dog owner; no bones about it, these *Peanut Butter Dogs* will make your day. Yorkies, Retrievers, Pit Bulls, Great Danes, French Bulldogs, and more! This winsome collection of photographs covers more than 140 lovable pups, most of them rescues, in expressions of peanut butter bliss. Names, ages, and brief bios of each dog accompany their portraits. Greg Murray is an award-winning photographer and rescue animal advocate. His work has been featured in *Huffington Post*, *Daily Mail UK*, *Mirror UK*, *Fox News Network*, *Cleveland NBC*, *CBS & FOX*, *Cleveland Magazine*,

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Cleveland.com, BuzzFeed, USA Today and various other media outlets throughout the world. He lives in Ohio, with his wife and their two rescue dogs.

### **Eating Animals**

Addresses the nutritional concerns faced by many who are new to plant-based, vegetarian diets and shows how to cover every nutritional base, from protein to calcium and beyond. Features irresistibly delicious food that satisfies on every level --including amazing desserts to keep the most stubborn sweet tooth happy.

### **Beyond Words**

Live a joyful, compassionate life, every day of the year with Colleen Patrick-Goudreau's guide, *Vegan's Daily Companion!* Mondays: For the Love of Food – A celebration of familiar and not-so-familiar foods to spark enthusiasm for eating healthfully. Tuesdays: Effective Communication – Techniques and tactics for speaking on behalf of veganism effectively and compassionately. Wednesdays: Optimum Health for Body, Mind, and Spirit – Care and maintenance for becoming and remaining a joyful vegan. Thursdays: Animals in the Arts: Literature, Film, Painting – Inspiration across the ages that reflects our consciousness of and relationship to non-human animals. Fridays: Stories of Hope, Rescue, and

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Transformation – Heartening stories of people who have become awakened and animals have found sanctuary. Saturdays + Sundays: Healthful Recipes – Favorite recipes to use as activism and nourishment.

### **Diet for a Small Planet**

In a world where we usually measure animals by human standards, prize-winning author and MacArthur Fellow Carl Safina takes us inside their lives and minds, witnessing their profound capacity for perception, thought and emotion, showing why the word "it" is often inappropriate as we discover who they really are. Weaving decades of observations of actual families of free-living creatures with new discoveries about brain functioning, Carl Safina's narrative breaches many commonly held boundaries between humans and other animals. In *Beyond Words*, readers travel the wilds of Africa to visit some of the last great elephant gatherings, then follow wolves of Yellowstone National Park sort out the aftermath of their personal tragedy, then plunge into the astonishingly peaceful society of killer whales living in waters of the Pacific Northwest. We spend quality time, too, with dogs and falcons and ravens; and consider how the human mind originated. In his wise and passionate new book, Safina delivers a graceful examination of how animals truly think and feel, which calls to question what really does—and what should—make us human.

## **The Face on Your Plate: The Truth About Food**

The journalist and author of *The Food Revolution* offers a collection of essays on food politics, sustainability, and revolution. With words like food additives, GMOs, and Big Food buzzing around, it's getting harder to choose what to eat. Even the most well-informed eaters could learn a thing or two about real food and the food system. Gathering and updating articles from his Huffington Post column, celebrated food politics journalist John Robbins presents his most recent observations along with never before published material. With commentaries on what we should and shouldn't eat, Robbins brings us to the frontlines of today's food revolution. From his undercover investigations of feedlots and slaughterhouses, to the slave trade behind chocolate and coffee, he gives readers a look into the importance of working for a more compassionate and environmentally responsible world. In *No Happy Cows*, you'll learn about: · Greed and salmonella · Soy and Alzheimer's · Vitaminwater deception · And much more!

## **Beyond Beliefs**

This eponymous comic became an instant hit when it went live on The Oatmeal.com and was liked on Facebook by 700,000 fans. Now fans will have a keepsake book of this comic to give and to keep. In *My Dog: The Paradox*, Inman

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discusses the canine penchant for rolling in horse droppings, chasing large animals four times their size, and acting recklessly enthusiastic through the entirety of their impulsive, lovable lives. Hilarious and heartfelt, *My Dog: The Paradox* eloquently illustrates the complicated relationship between man and dog. We will never know why dogs fear hair dryers, or being baited into staring contests with cats, but as Inman explains, perhaps we love dogs so much “because their lives aren’t lengthy, logical, or deliberate, but an explosive paradox composed of fur, teeth, and enthusiasm.”

### **Eat Like You Care**

In this paperback edition is a foreword by activist and author John Robbins and a reader’s group study guide. This ground-breaking work, voted one of the top ten books of 2010 by VegNews Magazine, offers an absorbing look at why and how humans can so wholeheartedly devote ourselves to certain animals and then allow others to suffer needlessly, especially those slaughtered for our consumption. Social psychologist Melanie Joy explores the many ways we numb ourselves and disconnect from our natural empathy for farmed animals. She coins the term “carnism” to describe the belief system that has conditioned us to eat certain animals and not others. In *Why We Love Dogs, Eat Pigs, and Wear Cows* Joy investigates factory farming, exposing how cruelly the animals are treated, the hazards that meatpacking workers face, and the environmental impact of raising

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10 billion animals for food each year. Controversial and challenging, this book will change the way you think about food forever.

### **Must Love Dogs: Who Let the Cats In?**

The Animal That Therefore I Am is the long-awaited translation of the complete text of Jacques Derrida's ten-hour address to the 1997 C erisy conference entitled "The Autobiographical Animal," the third of four such colloquia on his work. The book was assembled posthumously on the basis of two published sections, one written and recorded session, and one informal recorded session. The book is at once an affectionate look back over the multiple roles played by animals in Derrida's work and a profound philosophical investigation and critique of the relegation of animal life that takes place as a result of the distinction—dating from Descartes—between man as thinking animal and every other living species. That starts with the very fact of the line of separation drawn between the human and the millions of other species that are reduced to a single "the animal." Derrida finds that distinction, or versions of it, surfacing in thinkers as far apart as Descartes, Kant, Heidegger, Lacan, and Levinas, and he dedicates extended analyses to the question in the work of each of them. The book's autobiographical theme intersects with its philosophical analysis through the figures of looking and nakedness, staged in terms of Derrida's experience when his cat follows him into the bathroom in the morning. In a classic deconstructive reversal, Derrida asks

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what this animal sees and thinks when it sees this naked man. Yet the experiences of nakedness and shame also lead all the way back into the mythologies of “man’s dominion over the beasts” and trace a history of how man has systematically displaced onto the animal his own failings or *bêtises*. The *Animal That Therefore I Am* is at times a militant plea and indictment regarding, especially, the modern industrialized treatment of animals. However, Derrida cannot subscribe to a simplistic version of animal rights that fails to follow through, in all its implications, the questions and definitions of “life” to which he returned in much of his later work.

### **Why We Love Dogs, Eat Pigs, and Wear Cows: 10th Anniversary Edition**

Why do we eat animals? Most of us think this question is absurd, but if pressed to answer we tend to provide one of a number of rationalizations. For example: “Humans are omnivores.” “Every living thing eats other living things.” “Animals don't possess human cognition.” “Humans need to eat animals to live.” We've all heard these arguments before, and many others too. Maybe we've even used these arguments ourselves. But are they logically sound? Or is eating animals in fact a prejudice, involving a thought process similar to the thought process behind racism and sexism? How exactly could the subject of eating animals teach us

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anything about prejudice and human rights? And supposing humans actually did need to eat animals to stay healthy, what can logic tell us about how we should act in such a situation? In this book we examine 31 categories of rationalizations for eating animals and put them all to the test. Do our thoughts and actions stand up to rational scrutiny or not? And if our thought process is ever failing us, can this be illuminated? Along with presenting a review of some of the important philosophical literature on the subject, Meat Logic examines the logic of eating animals to answer the age-old question once and for all. You may never think of food the same way again.

### **How Do Dinosaurs Love Their Dogs?**

In this paperback edition is a foreword by activist and author John Robbins and a reader's group study guide. This ground-breaking work, voted one of the top ten books of 2010 by VegNews Magazine, offers an absorbing look at why and how humans can so wholeheartedly devote ourselves to certain animals and then allow others to suffer needlessly, especially those slaughtered for our consumption. Social psychologist Melanie Joy explores the many ways we numb ourselves and disconnect from our natural empathy for farmed animals. She coins the term "carnism" to describe the belief system that has conditioned us to eat certain animals and not others. In *Why We Love Dogs, Eat Pigs, and Wear Cows* Joy investigates factory farming, exposing how cruelly the animals are treated, the

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hazards that meatpacking workers face, and the environmental impact of raising 10 billion animals for food each year. Controversial and challenging, this book will change the way you think about food forever.

### **My Dog: The Paradox**

The hidden brain is the voice in our ear when we make the most important decisions in our lives—but we're never aware of it. The hidden brain decides whom we fall in love with and whom we hate. It tells us to vote for the white candidate and convict the dark-skinned defendant, to hire the thin woman but pay her less than the man doing the same job. It can direct us to safety when disaster strikes and move us to extraordinary acts of altruism. But it can also be manipulated to turn an ordinary person into a suicide terrorist or a group of bystanders into a mob. In a series of compulsively readable narratives, Shankar Vedantam journeys through the latest discoveries in neuroscience, psychology, and behavioral science to uncover the darkest corner of our minds and its decisive impact on the choices we make as individuals and as a society. Filled with fascinating characters, dramatic storytelling, and cutting-edge science, this is an engrossing exploration of the secrets our brains keep from us—and how they are revealed.

### **The Other End of the Leash**

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A leadership book by former Navy SEAL and New York Times bestselling author Mark Divine, *Staring Down the Wolf* focuses on harnessing the principles of purpose and discipline in life to achieve success. What does it take to command a team of elite individuals? It requires a commitment to seven key principles: Courage, Trust, Respect, Growth, Excellence, Resiliency, and Alignment. All of these are present in an elite team which commits to them deeply in order to forge the character worthy of uncommon success. Retired Navy SEAL Commander, entrepreneur and New York Times bestselling author Mark Divine (founder of SEALFIT, NavySeal.com, and Unbeatable Mind) reveals what makes the culture of an elite team, and how to get your own team to commit to serve at an elite level. Using principles he learned on the battlefield, training SEALs, and in his own entrepreneurial and growth company ventures, Mark knows what it is to lead elite teams, and how easily the team can fail by breaching these commitments. Elite teams challenge themselves to step up everyday to do the uncommon. Developing the principles yourself and aligning your team around these commitments will allow you to thrive in VUCA (volatility, uncertainty, complexity, ambiguity) environments, no matter your background or leadership experience. Drawing from his twenty years leading SEALs, and twenty five years of success and failure in entrepreneurship and ten years coaching corporate clients, Mark Divine shares a very unique perspective that will allow you to unlock the tremendous power of your team. "Mark Divine has a gift for creating highly effective dynamic teams. Mark interleaves key aspects of leadership, mental toughness, resiliency and cultivating

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higher plains of existence into a foundational concept of being an authentic 'Leader of leaders.' This book is indispensable for anyone looking to lead, build and foster an elite culture." -Mike Magaraci, retired Force Master Chief of Naval Special Warfare "From his time as a Commander in the SEAL Teams to building several successful multimillion dollar businesses, Mark Divine is an authority on building elite teams and leaders capable of tapping their fullest potential." -David Goggins, Retired Navy SEAL, author of New York Times Bestseller Can't Hurt Me "To grow to your fullest capacity in your life and as a leader, we need to challenge ourselves. There's no one I know who's challenged himself more than Mark Divine. He's the perfect visionary to help get you out of your comfort zone and shattering the status quo." -Joe De Sena, Founder and CEO of Spartan

### **The Kind Diet**

The Everything Cooking for Dogs Book is packed with 100 delicious recipes and useful information on caring for a pooch's nutritional needs. Readers will delight to find 150 easy-to-prepare healthy treat and meal alternatives their pooch will love. From birthday parties to everyday rewards, this book provides a recipe for every occasion. Readers will also learn to care for their furry family member's nutritional health. Co-authored by a dog nutrition specialist and canine baker, this book will give readers all they need for fabulous home-made birthday cakes, treats and kibble. Featuring such fur-licious recipes as: Savory bacon, cheddar & oatmeal

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biscuits Green apple pie & cheddar biscotti Mini turkey sausage burgers Pigs 'n blanket Banana carob chip cake And the best carrot cake ever! The Everything Cooking for Dogs Book has everything human companions need for a happy and healthy dog!

### **Meat Logic**

Vegans, vegetarians, and meat eaters can feel like they're living in different worlds. Many vegans and vegetarians struggle to feel understood and respected in a meat-eating culture, where some of their most pressing concerns and cherished beliefs are invisible, and where they are often met with defensiveness when they try to talk about the issue. They can become frustrated and struggle to feel connected with meat eaters. And meat eaters can feel disconnected from vegans and vegetarians whose beliefs they don't fully understand and whose frustration may spill over into their interactions. The good news is that relationship and communication breakdown among vegans, vegetarians, and meat eaters is not inevitable, and it is reversible. With the right tools, healthy connections can be cultivated, repaired, and even strengthened. In *Beyond Beliefs*, internationally recognized food psychology expert and longtime relationship coach Dr. Melanie Joy provides easy-to-understand, actionable advice so you can:

- Learn the principles and tools for creating healthy relationships
- Understand how to communicate about even the most challenging topics effectively
- Recognize how the

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psychology of being vegan/vegetarian or of being a meat eater affects your relationships with others, and with yourself

### **How Dogs Love Us**

Gorgeous canines of every shape, size and color are bounding through this irresistible book. Can you choose one dog to love best of all? With playful pencil and watercolor illustrations to delight children and adults alike, everyone will long to bark along with the Chihuahua and tickle the Dalmatian's tummy. This is a wonderfully satisfying book with a twist in the tail.

### **Pure Joy**

A neuroscientist recounts his efforts to overcome administrative and behavioral hurdles to train his dogs to sit still during an MRI scan, an effort that produced evidence about canine empathy and the human-dog bond.

### **The Animal That Therefore I Am**

This unique book brings together research and theorizing on human-animal relations, animal advocacy, and the factors underlying exploitative attitudes and

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behaviors towards animals. Why do we both love and exploit animals? Assembling some of the world's leading academics and with insights and experiences gleaned from those on the front lines of animal advocacy, this pioneering collection breaks new ground, synthesizing scientific perspectives and empirical findings. The authors show the complexities and paradoxes in human-animal relations and reveal the factors shaping compassionate versus exploitative attitudes and behaviors towards animals. Exploring topical issues such as meat consumption, intensive farming, speciesism, and effective animal advocacy, this book demonstrates how we both value and devalue animals, how we can address animal suffering, and how our thinking about animals is connected to our thinking about human intergroup relations and the dehumanization of human groups. This is essential reading for students, scholars, and professionals in the social and behavioral sciences interested in human-animal relations, and will also strongly appeal to members of animal rights organizations, animal rights advocates, policy makers, and charity workers.

### **Why We Love and Exploit Animals**

From Claire Cook, New York Times bestselling author of the novel turned romantic comedy movie starring Diane Lane and John Cusack, comes *Must Love Dogs: Who Let the Cats In?*, Book 5 of the fun and fabulous *Must Love Dogs* series. Sarah and John are buying Sarah's family house, and they're hoping their relationship will

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survive it. Sarah's dad is part of the deal, and so is the litter of kittens they've discovered under the front porch. Finding a contractor isn't as easy as they thought it would be, one of the parents at Bayberry Preschool is driving Sarah crazy, and a big nor'easter is barreling toward town. The Must Love Dogs series: Must Love Dogs (#1) Must Love Dogs: New Leash on Life (#2) Must Love Dogs: Fetch You Later (#3) Must Love Dogs: Bark & Roll Forever (#4) Must Love Dogs: Who Let the Cats In? (#5) PRAISE FOR MUST LOVE DOGS: "Must Love Dogs has already been a major motion picture, and now New York Times bestselling author Claire Cook's hilarious and heartwarming series is begging to hit the screen again as a miniseries or a sitcom."—Nancy Carty Lepri, New York Journal of Books "Reading about how life goes for this wacky marvelously lovable family becomes addictive."—Pamela Kramer, Examiner "Wildly witty"—USA Today "Cook dishes up plenty of charm."—San Francisco Chronicle "Funny and pitch perfect."—Chicago Tribune "A HOOT"—The Boston Globe "A hilariously original tale about dating and its place in a modern woman's life."—Book Page "This utterly charming novel by Cook is a fun read, perfect for whiling away an afternoon on the beach."—Library Journal

### **The Hot Dog Companion**

The bestselling author of Dog Sense and Cat Sense explains why living with animals has always been a fundamental aspect of being human Pets have never

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been more popular. Over half of American households share their home with either a cat or a dog, and many contain both. This is a huge change from only a century ago, when the majority of domestic cats and dogs were working animals, keeping rodents at bay, guarding property, herding sheep. Nowadays, most are valued solely for the companionship they provide. As mankind becomes progressively more urban and detached from nature, we seem to be clinging to the animals that served us well in the past. In *The Animals Among Us*, anthrozoologist John Bradshaw argues that pet-keeping is nothing less than an intrinsic part of human nature. An affinity for animals drove our evolution and now, without animals around us, we risk losing an essential part of ourselves.

### **Dog Is Love**

If you liked *Dune*, *Atlantis*, *Gene* and *Star Wars*—you will love the book *Battlefield Earth*! In the year A.D. 3000, Earth is a dystopian wasteland, plundered of its natural resources by alien conquerors known as Psychlos. Fewer than thirty-five thousand humans survive in a handful of communities scattered across the face of a post-apocalyptic Earth. From the ashes of humanity rises a young hero, Jonnie Goodboy Tyler. Setting off on an initial quest to discover a hidden evil, Jonnie unlocks the mystery of humanity's demise and unearths a crucial weakness in their oppressors. Spreading the seeds of revolt, Jonnie and a small band of survivors pit their quest for freedom in an all-out rebellion that erupts across the continents of

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Earth and the cosmic sprawl of the Psychlo empire. For the fate of the Galaxy lies on the Battlefield of Earth. “Over 1,000 pages of thrills, spills, vicious aliens and noble humans. I found Battlefield Earth un-put-downable.” —Neil Gaiman  
“Battlefield Earth is a terrific story! The carefully underplayed comedy I found it delicious. A masterpiece.” —Robert A. Heinlein “Pulse-pounding mile-a-minute sci-fi action adventure that does not stop. It is a masterpiece of popular adventure science fiction.” —Brandon Sanderson “Space opera that hits the right notes. It's provocative, exhilarating and genuinely enjoyable.” —SCIFI.COM “Like the Harry Potter series, it's got concepts like good vs. evil, the noble savage and the hero's journey—and people go crazy over it!” —Dr. David Powers, Educator Awards and Accolades: Top 100 science fiction books Top three of the best 100 English language novels of the 20th century by the Random House Modern Library Readers Poll US Golden Scroll and Saturn Awards Tetradrama d'Oro Award Gutenberg Award Read the novel that changed the shape of science fiction \* Over 4,000,000 copies sold \* Translated in 25 languages \* 21st Century edition with expanded content: author's never-before-published handwritten notes & an exclusive author interview An engaging read for STEM learning The imaginative diversity of the novel's characters and alien races, its military artifacts and striking technologies and mathematics make it the perfect motivation for STEM learning. “Want to get your kid excited about STEM? Battlefield Earth will give you the talking points, in fact, they'll already be talking about it.” —S.G. Educator Accelerated Reader level 5.8, students earn 62 points Lexile 780 Discussion guide available for book clubs

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and educators.

### **Dogs**

From the Publisher: Jonathan Safran Foer spent much of his teenage and college years oscillating between omnivore and vegetarian. But on the brink of fatherhood-facing the prospect of having to make dietary choices on a child's behalf-his casual questioning took on an urgency. His quest for answers ultimately required him to visit factory farms in the middle of the night, dissect the emotional ingredients of meals from his childhood, and probe some of his most primal instincts about right and wrong. Brilliantly synthesizing philosophy, literature, science, memoir and his own detective work, *Eating Animals* explores the many fictions we use to justify our eating habits-from folklore to pop culture to family traditions and national myth-and how such tales can lull us into a brutal forgetting. Marked by Foer's profound moral ferocity and unvarying generosity, as well as the vibrant style and creativity that made his previous books, *Everything is Illuminated* and *Extremely Loud and Incredibly Close*, widely loved, *Eating Animals* is a celebration and a reckoning, a story about the stories we've told-and the stories we now need to tell.

### **Some We Love, Some We Hate, Some We Eat**

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Told by the man who kicked off the infamous lawsuit between Oprah and the cattlemen, *Mad Cowboy* is an impassioned account of the highly dangerous practices of the cattle and dairy industries. Howard Lyman's testimony on *The Oprah Winfrey Show* revealed the deadly impact of the livestock industry on our well-being. It not only led to Oprah's declaration that she'd never eat a burger again, it sent shock waves through a concerned and vulnerable public. A fourth-generation Montana rancher, Lyman investigated the use of chemicals in agriculture after developing a spinal tumor that nearly paralyzed him. Now a vegetarian, he blasts through the propaganda of beef and dairy interests—and the government agencies that protect them—to expose an animal-based diet as the primary cause of cancer, heart disease, and obesity in this country. He warns that the livestock industry is repeating the mistakes that led to Mad Cow disease in England while simultaneously causing serious damage to the environment. Persuasive, straightforward, and full of the down-home good humor and optimism of a son of the soil, *Mad Cowboy* is both an inspirational story of personal transformation and a convincing call to action for a plant-based diet—for the good of the planet and the health of us all.

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